

The Informer

June 23, 2023

[Visit us on Facebook!](#)



Mayflower Residents Serve as Volunteers

The Mayflower Community is an Active Adult living and healthcare community located on the south edge of downtown Grinnell, Iowa. 250 people make their homes in traditional apartments, Watertower Square apartments,

Harwich Terrace patio homes, Beebe Assisted Living apartments, and the Health Center rehab and long-term care suites.

A uniquely vibrant Mayflower Residents Association (MRA) provides events, activities, services, and guidance to this community.

At its regular “Town Meeting” held on Monday, June 19th, annual reports from the President, the Treasurer, and the 14 standing committees were presented along with discussions of old and new business.

How is this all possible? Eight different residents serve as an MRA officer and 55 different residents fill 73 positions on the committees. Here are those committed folks who make this possible:

MRA Officers for 2023:

Past President Jack Mutti

President Gerry Guenther

President-Elect Montie Redenius

Secretary Jeananne Schild

Asst. Secretary Martha Voyles

Treasurer Gene Herman

Asst. Treasurer
Historian

JoAnn Britton
Char Ewan

Mayflower Residents Association Committees for 2023:

Audio-Visual: Gene Wubbels, chair. Sig Barber, Ann Igoe, Bob Cadmus, Steve Lovig

Events: Bob Butterfield, chair. Becky Neal, Sara Adams, Sig Barber, Gerry Guenther

Finance: Elizabeth Dobbs; Bonnie Buntz; Dan Kaiser; JoAnn Britton, Assistant Treasurer; and Gene Herman, Treasurer

Green Team: Kent McClelland, chair. Bob Cadmus, Ginny Cameron, Elizabeth Dobbs, Jo Entwisle, Chris Hunter, Selva Lehman, Emily Moore, Jean Perri, Erin Gersdorf (staff)

Information Resources: Jack Mutti, chair. Lynn Budding, Nancy Cadmus, Gerry Guenther, Becky Neal, Karen Philips, Bill Pollak, Joni Schmidt and Bob Mann (staff)

Library Group: Mary Smith, chair. Alicemary Borthwick, Jo Bolton, Karen McNally, Montie Redenius, Mary Murray

“Log” Team: Patty Johnson, chair. Jeanette Budding, Nancy Cadmus, Judy Hunter, Betty Moffett, Mary Schuchmann, Dorothy Martinek, Bill Pollak, Gene Wubbels

Memorial: Tommy Haas, Dottie Blazek

Mini-Shop: Kathy Herman, chair. Dottie Blazek, MJ Zimmerman, Jo Bolton, Joyce Wubbels

Nominating: Kathy Herman, chair. Mary Schuchmann

Social: Dorothy Noer, chair. Harriet Adelberg, Bonnie Lipton

Spiritual Life: Pat Lipton, chair. Dot Anderson, Dottie Blazek, Jo Entwisle, Bonnie Lipton, Dorothy Noer, Ed Phillips, Carolyn Runyan

Treasure Chest: Doug and Ginny Cameron, co-chairs. Janice Peak

Welcome Home: Deb VanArkel chair. Alicemary Borthwick, Marvel LaCasse

More information is available [here on our website](#), or by calling 641-236-6151 x100.

-Bob Mann, Mayflower Sales & Marketing Director



No Solicitation or Politicization

For years, The Mayflower Community has had a policy prohibiting door-to-door solicitation in our buildings. However, over the years, the signage has eked away and, in some cases,

become non-existent.

Given a recent door-to-door canvassing by an outside party in one of our apartment buildings, we did an inspection of the entire campus to determine where we needed to repost signage. And, given the opportunity to update these postings coupled with the active political environment in which the country is now involved, we chose to post “No Solicitation or Politicization” notices.

You will see these signs at most outside doors.

This does not mean that any of your invited guests are prohibited from visiting you....even if they hold elected office!

Bob Mann, Mayflower Sales & Marketing Director

CLIMATE CHANGE AND JUNK MAIL
Mayflower Residents Association Green Team
June 2023



Climate change. Global warming! Extreme weather in unexpectedly short periods of time!! Hotter temperatures and a rise in sea level!!!

Many people are concerned about climate change, and they want to do something about it. But, what can one person do? Here is a start: More than 100 million trees are destroyed each year to produce junk mail.

According to research, the average person gets eleven pieces of junk mail for every personal letter they receive. The majority of the junk pieces are discarded, unopened and unread. This is a big waste of paper and, thus, a stress on the environment.

The United States Post Office says that if the sender’s name and address is on the outside of the envelope, and the upper right corner says, “FIRST-CLASS MAIL, U.S.POSTAGE PAID, instead of opening it, the addressee may write on the envelope, “*Refused, return to sender,*” the envelope may then be sent back.

If the upper right-hand corner of the envelope indicates that it is a non-profit organization, note exactly how your name is spelled before opening it. If the mailing includes a postage-paid envelope, imprinted

“no postage necessary if mailed in the United States,” you may use it to send back a note:

“Dear [Organization]:

I am sending this note because I am concerned about climate change, global warming, and the destruction of trees to send me unwanted mail, thus creating unnecessary waste. I want to be part of the solution, not part of the problem!

If you would like me to consider contributing to your organization in the future, I am requesting that you remove my name from your mailing list and refrain from passing it along to other companies.”

Then, affix your name and mailing address to the note and mail it.

Another option is to call or email the sender directly, asking to be removed from their mail solicitation lists. Be sure to notify them that if you receive any more paper solicitations, your support will end.

The most surefire way to end up on mailing lists is to make lots of small, charitable donations. Don't give multiple small sums but rather, fewer larger gifts.

There are many good charity organizations that need help. The website, [Charity Watch](#), ranks a variety of not-for-profits. This might assist you in deciding which ones you wish to support. As you scale back, you will notice a difference in a few months since the groups have multiple mailings. Be patient. Removal of your name can take some time.

Jo Entwisle, Green Team Member



Park and 1st Flowers and Grass

From the street, it might seem to be just a bunch of tall grass. But, according to one of Mayflower's residents, the flower patch growing at the southeast corner of Park and 1st, is a “...wildflower mini meadow.” The

Mayflower Community is fortunate to have its Gardens and Grounds operation headed by Supervisor Ben Pearce who is an Iowa State University certified Master Gardener. He is ably assisted by Les Hall in

the flower and garden work on the Mayflower campus.

May Wine & Cheese Gathering

The next Wine and Cheese event will be **Friday, June 30th. 4:30-5:30pm. Buckley Dining Room.** Come and enjoy Mayflower resident conversation...and refreshments!



In addition, Nancy Cadmus and Karen Phillips, members of the MRA Information Resources Committee, will be at a Dining Room table to assist with computing/phone issues.

Booklist for June

The Blue Window (large print) by Suzanne Berne

Where Coyotes Howl (large print) by Sandra Dallas

About Grace by Anthony Doerr

Lessons in Chemistry by Bonnie Garmus

The Making of Another Major Motion Picture Masterpiece by Tom Hanks

The Vegetarian by Han Kang

Dolores Claiborne by Stephen King

Under the Whispering Door by T.K. Klune

Ordinary Grace by Kent William Krueger

Amber Warning by Robert Ludlam

Joe Biden by Evan Osnos

All the Days of Summer (large print) by Nancy Thayer

The Book of Charlie by David Von Drehle

Book Reviews

The Vegetarian

by Han Kang

Translated from Korean by Deborah Smith

This three-part novel is an intense, powerful story told from the points of view of Yeong-Hye's husband; her obsessive, artist brother-in-law; and her sister, In-Hye. The book tracks a total transformation of both body and mind. The deterioration of Yeong-Hye's mental and physical health is difficult and painful to watch. The story takes some bizarre

and shocking turns. The title may lead you to think that this is about animal rights or the morality of vegetarianism, but that is not the case. It's about mental health, female autonomy, abuse, patriarchy, and carnal desire. It's about being human, with all its innocence and violence.

Several Mayflower residents participated in a study of this book. We found this to be a difficult story to read and discuss but well-written with a powerful message.

Lessons in Chemistry

by Bonnie Garmus

As the novel opens in 1961, Elizabeth Zott is a 30-year-old, single mother and the reluctant star of a cooking show called "Supper at Six." By training she is a research chemist, a ground-breaker, and an expert in abiogenesis. Though she takes the TV gig to pay the bills after being fired from her research institute, Elizabeth initiates a quiet revolution, using her platform to speak directly to millions of housewives about their own capacity for change. She treats the creation of a casserole as a chemistry experiment to be undertaken with utmost seriousness. In addition to this serious look at the frustrations of a generation of women, Garmus adds plenty of lighthearted fun. Beyond the entertaining subplots is the hard truth that, in the 1950's and 60's, a smart, ambitious woman had limited options.

-Members of MRA Library Committee

2023 Armchair Travels

Coming Armchair Travel videos (Kiesel Theatre; 2:00-3:30pm):



June 29th

- Spain Granada, Corboda and Costa de Sol
- Peru, Lima
- U.S., California, Napa Valley

July 6th

- European Christmas
- Sweden, Stockholm

July 13th

- Malawi & Zambia
- Vatican City

July 20th

- Dragons
- Italy, Genoa & The Riviera

July 27th

- Israel, Pickles
- U.S. California, Yosemite National Park

-Shane Estes, Resident



Treasure Chest Display: Woodworking Masterpieces

How does one pass the time during a long Iowa winter, when you are used to the climate of sunny California? For Gerald Adams, it was a simple transition. You take up woodworking as a hobby, instead of year-round gardening! He has been crafting and creating for 15-20 years.

Perusing a magazine, he saw a picture and instructions for making a model train. A perfect gift for young grandchildren! That was the beginning. The home basement and garage on Grinnell's Elm Street became filled with wood, tools, and supplies, eventually overflowed into a neighbor's garage. According to Gerald, the move to Mayflower was perfect. His Harwich Terrace basement is large enough for all his equipment, and he continues to create.

Previously the Treasure Chest featured Gerald's wooden boxes and objects made entirely from scraps of wood. During July and August, you will see his wooden toys in the Pearson building lobby "Treasure Chest." There will be cars, trucks, and vehicles of all sorts to amaze you. No two are alike, and they are made from a variety of wood. This isn't work for Gerald. He says, "It's fun!" We thank him for sharing his talent with us.

For information about the Treasure Chest, contact Doug or Ginny Cameron (236-4544), cameronv641@gmail.com or Janis Peak (236-8993).

Mayflower Worship Opportunities



These two worship opportunities are offered by the Mayflower Residents Association Spiritual Life Committee:

- Weekly Devotions. Tuesdays. 11:00 – 11:40am. Carman Center. Prayer; scripture; stories. Relax; reflect; renew. Leader: Rev. Bonnie Lipton. No registration required.
- Bible Study. First Thursday of the Month. Next: July 6th. 11:00 – 12:00noon. Health Center Fireside Room (2nd floor). Leader: Rev. Anne Sunday. If attending for the first time, please sign up with Anne at 319-290-9171 or revsunday1@yahoo.com.

-Pat Lipton, MRA Spiritual Life Committee Chair

Residents' Birthdays

John DeRooi on June 26th
Bob Butterfield on June 28th
Karen McNally on June 29th
Luther Erickson on June 30th
John Landkamer on July 2nd
Carol Graff on July 6th
Jim LaCasse on July 7th
Ann Igoe on July 8th

Informer Publication Schedule

Submission deadline: June 30th for publication July 7th
Submission deadline 14th for publication July 21st
Submission deadline July 28th for publication August 4th
Submission deadline August 11th for publication August 18th

Submission deadline August 25th for publication September 1st

Find more of *The Informer* online [here!](#)



616 Broad Street
Grinnell, IA 50112
(641) 236-6151
mayflowerhomes.com

Mayflower
Information



[About Us](#)

[Living
Options](#)

[Giving](#)

[Order Food](#)

[Contact](#)

The Mayflower Community | 616 Broad Street, Grinnell, IA 50112

[Unsubscribe bmann@mayflowerhomes.com](mailto:bmann@mayflowerhomes.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by bmann@mayflowerhomes.com powered by



Try email marketing for free today!