

The Informer

March 31, 2023

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UnLOCKIN the Power of Philanthropy: Changes Ahead for Popular “Endow Iowa” Tax Credits

Part of Mayflower’s “Human Needs Endowment Fund” is held on our behalf by the Greater Poweshiek Community Foundation (GPCF). Donors to this endowment fund have qualified for a federal income tax deduction AND a 25% state of Iowa income tax credit. These “Endow Iowa” Tax Credits became so popular among Iowa taxpayers that waitlists for future credits developed years ago as current-year credits authorized by the Iowa Legislature were consumed.

Last month, the Iowa Economic Development Authority (IEDA) announced changes to this program, including:

- 1) The waitlist process, administered by IEDA, will be discontinued effective July 1, 2023. All donors currently on waitlists will not be affected by this change. Donors who make gifts and apply for Endow Iowa tax credits prior to June 30, 2023 will continue to be placed on the 2024 waitlist. If you desire to make an Endow Iowa gift before the system closes, you are encouraged to do so by June 15, 2023.
- 2) GPCF (and other community foundations) will not be able to submit Endow Iowa applications on behalf of donors from July 1, 2023 until IEDA re-opens the application process. No “re-open” date has been provided at this time.

Complimentary bills are currently before the Iowa House of Representatives and the Iowa Senate that provide additional appropriations to meet the current and future demand.

We thank all of you who have supported Mayflower’s fund at GPCF. Its current balance is approximately \$570,000 from which

GPCF will be distributing \$20,000 to Mayflower this year to help care for residents who have exhausted their personal resources.

I welcome your questions or comments. Or, you may contact Nicole or Amy at GPCF by calling 641.236.5518.

-Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)

Virtual Easter Egg Hunt

This edition of the *Informer* is packed with Easter Eggs! Hidden throughout, you will find a number of Easter eggs. Make sure to keep the number you find somewhere safe. The next *Informer* will reveal how many eggs were hidden in this edition.

A Gift to Assist Mayflower Creativity

On March 20th, Deanna McGaffey, made a thoughtful gesture for residents of Mayflower's Health Center and Beebe Assisted Living: She donated a box full of cut wood shapes to paint and decorate. A woodworker/crafter, Deanna determined that this work of hers could go on giving. She is right! Thank you, Deanna.



-Leslie Jaworski, *Community Life and Wellness Director*



Celebrating Events in Mayflower's Health Center

Residents of Mayflower Community's Health Center and Beebe Assisted Living just keep celebrating. First it was St. Patrick's Day with a party and refreshments. Oh, yes, "kick ball" with a green ball was included. Then, residents enjoyed the Lyceum program of Irish music. Grinnell College student volunteer, Aubrey Torhorst, brought her craft skills to share. Dennis Perry played a mix of country and pop music in the Carman Center.

Health Center resident, Jean Carpenter, is so engaged in her art work that she goes out crafting every Friday with her daughters. Karen Stevenson is working on watercolor painting using salt and rubbing alcohol.

And, to prove that life springs anew, former Health Center administrative assistant, Jessica Hasenyager, brought her baby boy Finley to brighten the day for residents.

-Bob Mann, Mayflower Sales & Marketing Director



November Wine & Cheese Gathering

The next Mayflower Wine and Cheese event will be (tonight!) **Friday, March 31, 2023. 4:30-5:30pm. Buckley Dining Room.** Come and enjoy conversation...and

refreshments!

Understanding Social Media for Seniors (Part 2)

As a follow-up to the previous *Informer's* "Understanding Social Media (Part 1)", this article will focus more on senior statistics on social media and the benefits and cautions of using social media.



Did you know that the fastest-growing demographic on Facebook are seniors? In addition to that, seniors are also joining social media platforms more populously like Twitter and Instagram, which were briefed in the previous article.

Youngsters aren't the only demographic who want to stay informed and updated on news and current events. While social media isn't the only option for seniors to stay connected, it is certainly one big way that seniors can stay in the know and up to date on current affairs in our world.



Perhaps your grandchildren reside states away and you don't get to see them as often as you'd like. You can connect on Facebook and Instagram so whenever they post or have posts written about them, you can look at the details and find pictures. In order to stay connected, make sure you are "friends" with the person by sending a friend request. A word of caution: make sure to only send friend requests and accept friend requests from *people you know*.

When sharing photos or information on any social media platform, make sure your settings are to "friends only" and never share information publicly as to exactly where you live (your town is okay), your financial records, or your medical records.

Make sure you're staying safe while staying connected!

-Temesha Derby, Informer Editor



Good Friends Return to Mayflower: GMS Students

Recently, Mayflower's Health Center residents were excited to see their friends from Grinnell Middle School return for more fun and games. And, of course, they were accompanied by therapy dog Ash and owner Paula Simon, GMC Counselor. Great fun.

This time, the group bowled and played parachute beach ball. By the way, the latter game is designed to be played in warm weather on the beach in swimsuits. We considered it, but decided the bus trip was too long. So, residents and students alike adjusted to playing indoors in the Health Center. Still had fun.

Mayflower much appreciates the volunteer efforts by the GMS students and the leadership of the faculty, especially Paula, in making these gatherings happen. Mayflower's Community Life staff, Leslie Jaworski Director, and Tracy Woolfolk and Cecelia Bagnoli Coordinators, arranged the event...everything except the pin resetting.

Bob Mann, Mayflower Sales & Marketing Director

Lyceum Programs
Thursday Evenings, 7:00pm
Carman Center

Apr 6: Mark Laver

Apr 13: Kent Mick and Kevin Boehnke

Apr 20: Tony Perman & Mbira Ensemble

Apr 27: Kelly Maynard & Vox Feminae

May 4: T.B.D.

May 11: Calle Sur

May 18: T.B.D.

May 25: Too Many String Band

-Bob Butterfield, Events Committee Chair



Flute-iano Plays Mayflower

On Thursday evening, March 23rd, Mayflower Community residents and their guests were entertained to a range of musical pieces presented by

the “Flute-iano” duo, Kris McKlveen and Glenda Duffus. Kris plays flute and lives in Prairie City. Glenda plays piano and lives in Newton. They were the evening’s “Lyceum” program that provides weekly entertainment on the Mayflower campus.

Playing together for three years, the two partnered for their “musical ministry” after each retired. Kris was an elementary and middle school band teacher. Glenda was an elementary music instructor and piano accompanist for students and college faculty.



They have been presenting “light classical” performances around

Central Iowa. In addition, Kris and Glenda dabble in Broadway show tunes, pop music from the 1940s to 2000s, and a mix of older and contemporary sacred music.

A little piano and a little flute...enjoyable!

-Bob Butterfield, MRA Events Committee Chair



Irish Music Night at Mayflower's Lyceum

On St. Patrick's Day eve, Thursday, March 16th, local Grinnell musicians shared a variety of Irish songs full of humor and audience participation. Residents of Grinnell's Mayflower Community and their guests were entertained at the weekly Lyceum offering. Included were Celtic cords, dramatic stories, and Irish blessings. Performers included Wendy Abrahamson, Erin Bustin, Gene Wubbels, and the Too Many String Band.

Bob Mann, Mayflower Sales & Marketing Director

MET OPERA

Grinnell College offers the Metropolitan Opera Live in HD at the Harris Cinema, 1114 - 10th Avenue. Ticket holders are asked to be in their seats 10 minutes before opening time.



Flagstaff

Saturday, April 1st
Falstaff by Verdi
11:30am - 4:30pm

Saturday, April 15th
Der Rosenkavalier by Strauss
11:00am - 4:00pm

[For more information, visit here.](#)



MRA April Forum
Tuesday, April 11, 2023. 2:00-3:30pm. Kiesel Theatre

Drake Community Library Online Services
By Monique Shore, Technology Administrator, Drake Community Library

Monique will provide information about the library resources that are available online, including ebooks, streaming movies & music, research tools, and local history materials that can be explored from a computer, tablet, or smart phone. She will provide a general overview and then follow the interests of participants and go into detail on resources that are of most interest. In addition, Monique will provide a live demonstration as we explore DCL (Drake Community Library) Online together. Bring your questions, bring your devices, or just bring your curiosity and we will explore the library together!

Monique has worked at the public library in Grinnell since 1991. Her position as Technology Administrator has evolved as technology has evolved over the last three decades. She oversees all computers/network, audio visual, website, and online resources. Her favorite part of the job is related to preserving and sharing local history online.

-Gerry Guenther, Forum Committee

MRA President-Elect Needed

Mayflower activities sponsored by the Mayflower Residents Association (MRA) are back in full swing after the pull-back caused by the pandemic. MRA committees have had plenty of volunteers this year. Still missing, however, is an MRA President-Elect.

The President-Elect is a sort of vice president, who will assist the President this year (2023) in preparation for serving as President next year (2024). Gerry Guenther, the current President, will work with the new President-Elect as they learn the ropes. Gerry is graciously serving a second year as President because of the loss of our most recent President-Elect, but he definitely does not want the

President's job for a third year!



If you would consider taking the position of President-Elect for the remainder of 2023, please contact Gerry (608-742-2201 or gerry.e.guenther@gmail.com) or Chair of the Nominating Committee, Kathy Herman(641-236-6151 or kathyherm@gmail.com) .Help out Gerry and the MRA!

-MRA Nominating Committee

Want to Counter the Climate Crisis? Compost!

Yes, you can counter the climate crisis simply by composting your table scraps! Your MRA Green Team has been talking with Steve Langerud and Scott Gruhn and with Bel Kugel, Build a Better Grinnell Coordinator, about how to make composting easier for Mayflower residents.



What is composting? It's the decomposition of food scraps, leaves, and yard waste by fungi, bacteria, and other microorganisms into a crumbly, earth-smelling soil amendment called COMPOST.

How does residential composting combat the climate crisis?

- 1) It drastically reduces emission of methane, a potent greenhouse gas. Putting food scraps in landfills produces 20 times more methane than composting does. And when compost is used on soil, its net emissions are negative, because it sequesters carbon.
- 2) It increases nutrients in the soil and reduces the use of chemical fertilizers.
- 3) It increases the water-holding capacity of the soil.

(Sources: EPA, ILSR [Institute for Local Self-Reliance])

Steve and Scott are in the initial stages of considering a food waste reduction system for scraps from the Buckley Dining Room. The system reduces the volume of the waste by removing excess water and handles up to 700 pounds of waste per hour, so it could also accept food waste from residents' kitchens.

The Green Team is looking at small, lightweight, covered canisters for countertops, which would be emptied into



covered buckets in utility rooms and collected along with general trash. The composting material would be stored well away from residences and, when finished, could be used in Mayflower gardens and other places.

But we want to hear from residents! So, we'll shortly send a brief survey to gauge interest. If you have questions, please contact Elizabeth Dobbs (dobbs@grinnell.edu), Chris Hunter (hunter@grinnell.edu), or Kent McClelland (mcclgrinnell@gmail.com).

-MRA Green Team

Give a Gift: MRA Library Book Shower

Do you have too many books? Are your bookshelves filling up? During APRIL donate your nearly new books with recent copyright dates to the MAYFLOWER BROWSING LIBRARY.

Shower us with books! Take them to the book box in THE ANCHOR ROOM, north end of the Buckley Dining Room.

Thank you.

-Mayflower Residents Association Library Committee

Available Mayflower Homes

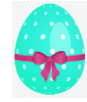
Traditional Apartments

- Buckley #215. 1,026 sq.ft. 1-bdrm. 1½-bath. Carpet. Large rooms. \$72,500
- Buckley #308. 1,021 sq.ft. 1-bdrm. 1½-bath. All LVP. Buckley Courtyard balcony. \$75,500
- Altemeier #105. 892 sq.ft. One bedroom/one bath. Large great room. Kitchen dining space. Washer/dryer. Two exposures. \$67,750
- Edwards #1. 732 sq.ft.. One-bedroom. All LVP flooring. Open living room/kitchen. Washer/dryer. Outside deck. \$64,500
- Buckley #310. 693 sq.ft. Two-bedroom/one bath. Balcony. \$63,750
- Pearson #213. 600 sq.ft. One-bedroom. All LVP flooring. \$48,250
- Pearson #212. 600 sq.ft. One-bedroom. All LVP flooring. Open



- kitchen. \$45,500
- Buckley #202. 592 sq.ft. One-bedroom. Outside door/balcony over Buckley courtyard. Four closets. \$55,250
 - Buckley #310. 498 sq.ft. Studio. Balcony. East windows. \$38,500

Watertown Square Apartments – None available



Harwich Terrace Patio Homes – None available

Note: “LVP flooring” is luxury vinyl wood floor plank or tile. Waterproof. Durable.

Booklist

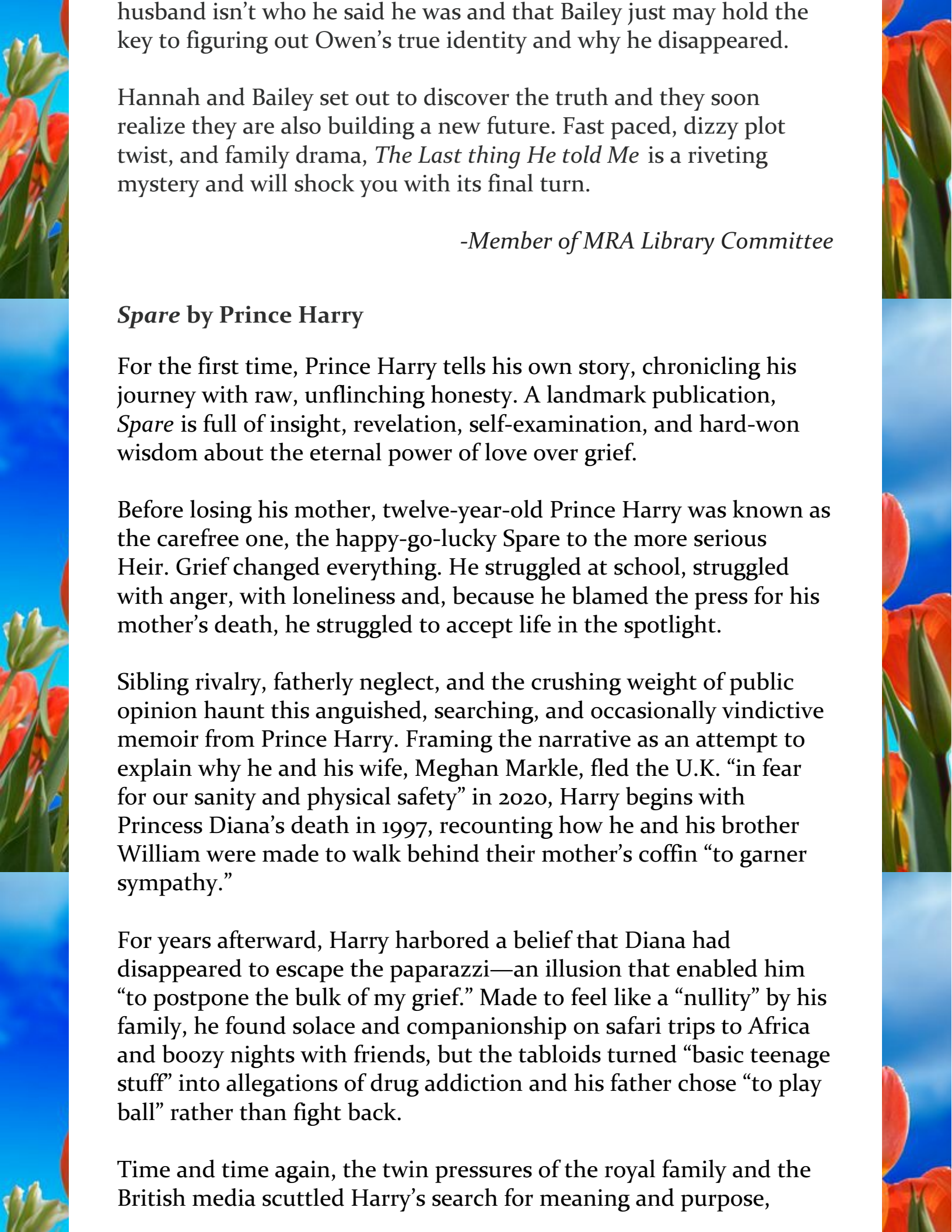
Inman's War by Jeffrey S. Copeland
The Last Thing He Told Me by Laura Dave
How We Die Now by Karla Erickson
Smokin' Seventeen by Janet Evanovich
The Biloxi Boys by John Grisham
The Heart of American Poetry by Edward Hirsch
Fairy Tale by Stephen King
Someone Else's Shoes by Jojo Moyes
Oh, You Iowans! by Chuck Offenburger
Spare (large print) by Prince Harry
Drive Your Plow Over the Bones of the Dead by Olga Tokarczuk
Beyond the Boundary of Childhood by Crystal Lynn Webster

Book Reviews

***The Last Thing He Told Me* by Laura Dave**

Before Owen Michaels disappears, he manages to smuggle a note to his beloved wife of one year: “Protect her.” Despite her confusion and fear, Hannah Hall knows exactly to whom the note refers: Owens’ sixteen-year-old daughter Bailey. Bailey, who as a child, lost her mother tragically.

Bailey wants absolutely nothing to do with her new stepmother. As Hannah’s increasingly desperate calls to Owen go unanswered, the FBI arrests Owen’s boss and a U.S. marshal and federal agents arrive at her Sausalito home unannounced. Hannah quickly realizes her



husband isn't who he said he was and that Bailey just may hold the key to figuring out Owen's true identity and why he disappeared.

Hannah and Bailey set out to discover the truth and they soon realize they are also building a new future. Fast paced, dizzy plot twist, and family drama, *The Last thing He told Me* is a riveting mystery and will shock you with its final turn.

-Member of MRA Library Committee

Spare by Prince Harry

For the first time, Prince Harry tells his own story, chronicling his journey with raw, unflinching honesty. A landmark publication, *Spare* is full of insight, revelation, self-examination, and hard-won wisdom about the eternal power of love over grief.

Before losing his mother, twelve-year-old Prince Harry was known as the carefree one, the happy-go-lucky Spare to the more serious Heir. Grief changed everything. He struggled at school, struggled with anger, with loneliness and, because he blamed the press for his mother's death, he struggled to accept life in the spotlight.

Sibling rivalry, fatherly neglect, and the crushing weight of public opinion haunt this anguished, searching, and occasionally vindictive memoir from Prince Harry. Framing the narrative as an attempt to explain why he and his wife, Meghan Markle, fled the U.K. "in fear for our sanity and physical safety" in 2020, Harry begins with Princess Diana's death in 1997, recounting how he and his brother William were made to walk behind their mother's coffin "to garner sympathy."

For years afterward, Harry harbored a belief that Diana had disappeared to escape the paparazzi—an illusion that enabled him "to postpone the bulk of my grief." Made to feel like a "nullity" by his family, he found solace and companionship on safari trips to Africa and boozy nights with friends, but the tabloids turned "basic teenage stuff" into allegations of drug addiction and his father chose "to play ball" rather than fight back.

Time and time again, the twin pressures of the royal family and the British media scuttled Harry's search for meaning and purpose,

leaving him beset by panic attacks and self-doubt, until he met Meghan—and then those same specters turned on her. The mix of dirty laundry and earnest soul-baring sometimes jars, but Harry's frustrations are deeply felt and authentically conveyed, as is the joy he takes in nature and in his friendships. This royal family tell-all delivers.

-Member of MRA Library Committee



Mayflower Reading Group to Start

Our Scholar in Residence, Jennifer Kang who lives in a Pearson apartment, will be hosting three Sunday discussion sessions, April, 16th, 23rd, and 30th. The book will be *The Vegetarian* by Han Kang. The group will meet in the J&B Bistro from 2:00 to 3:00pm. The first meeting will focus on Part I, pages nine to 58. Books can be purchased from the Pioneer Bookshop (641-269-3424 or **online**).

Large print copies are available on request. Please RSVP with Joni (641-236-6151 x100 or jschmidt@mayflowerhomes.com) as there are only 12 spots.

Armchair Travels Mayflower's Kiesel Theatre *2:00pm on Thursdays*

Below are the upcoming virtual "trips."

April 6th

Pacific Island, Fiji, Vanuatu & Solomon Islands
Extra, Fiji Airport
The Story of Shopping I

April 13th

France, Paris
The Story of Shopping II

April 20th

The Bible Buried Secrets



April 27th

U.S., Massachusetts, After the Mayflower

-Shane Estes, Resident



Kiesel Theatre Movie Saturdays, 2:00pm.

April 1st: *From Here to Eternity* (1960). Passion and tragedy collide on a military base on a fateful day in December, 1941. Private Prewitt (Montgomery Clift) is being manipulated by his superior and peers. His friend Maggio (Frank Sinatra) tries to help but has his own troubles. Sergeant Warden (Burt Lancaster) and Karen Holmes (Deborah Kerr) are engaged in an illicit love affair. Lives are changed in the tumultuous Japanese attack on Pearl Harbor. Winner of 8 Oscars. Black & White. Not Rated. 118 minutes. English subtitles.

April 8th: *My Favorite Wife* (1940). A funny thing happens to newlywed Nick Arden (Cary Grant) on his way to the honeymoon suite. He meets his wife....not his bride, but the wife who was lost at sea seven years ago and presumed dead. Grant, the combination of romantic hunk and comedy buffoon, is flabbergasted. Radiant Irene Dunne plays the returned wife who cagily sets out to reclaim her former life. Giddy screwball comedy. Black & White. Not Rated. 88 minutes. English subtitles.

April 15th: *Alexander's Ragtime Band* (1938). Tyrone Power stars in this extravaganza of music, story, and romance set in the early 1900's. Irving Berlin's masterpiece chronicles the highs and lows of the San Francisco aristocrat who changes his name to Alexander and leads a band with a whole new sound: swing! Grant meets with musical successes and failures as he conducts an on-again, off-again love affair with lead singer, Stella Kirby (Alice Faye). Also featured are Don Ameche, Jack Haley, and Ethel Merman. Black & White. Not Rated. 106 minutes. English subtitles.

April 22nd: *Destination Tokyo* (1944). Cary Grant captains a torpedo-laden U.S. submarine as it makes its way from San Francisco to the Aleutians and into the enemy's front yard. Under the direction of Delmer Daves, John Garfield leads a stellar array of costars as

boys-next-door-gone-to-war. One of the most rousing, action-filled WWII films ever produced. Black & White. Not Rated. 135 minutes. English subtitles.

April 29th: *Rebecca* (1940). After a whirlwind romance, mysterious widower Maxim de Winter (Laurence Olivier) brings his shy, young bride (Joan Fontaine) home to his imposing estate, Manderley. But she finds her married life dominated by the sinister influence of Maxim's late wife, the brilliant, beautiful Rebecca, who seems to still rule Manderley and Maxim from beyond the grave. Black & White. PG. 131 minutes. English subtitles.

Mayflower Worship Opportunities

Worship

Weekly Devotions: April 4th. Journeying with Jesus on His final Saturday & Easter. Reflection Instrumental Music: "In The Garden."

Weekly Bible Study – Thursdays. 11:00am. Health Center Fireside Room. Scripture passages announced in advance. Printed copies available or bring your own Bible. Anne Sunday, Leader.



-Pat Lipton, MRA Spiritual Life Committee Chair

Residents' Birthdays

Carol Crawford on April 1st
Barbara McConnell on April 1st
Lisa Case on April 2nd
Dottie Blazek on April 3rd
Jo Entwisle on April 3rd
Jo Bolton on April 4th
George Britton on April 8th
Dorothy Noer on April 13th
Laura Williams on April 13th
Alicemary Borthwick on April 15th

In Memoriam

Pat Cushing (Wait-List Member and Former Employee)

Birth: March 24, 1939
Death: March 18, 2023

Informer Publication Schedule

Submission deadline: April 7th for publication April 14th
Submission deadline: April 21st for publication April 28th
Submission deadline: May 5th for publication May 12th
Submission deadline: May 19th for publication May 26th

Find more of *The Informer* online [here!](#)



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Mayflower
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