



The Informer

January 7th, 2022 Visit us on Facebook!

HAPPY NEW YEAR!!

Mayflower's Treasure Chest

This month's display in the Mayflower Residents Association Treasure Chest is Buttons. Compliments of the Grinnell Historical Museum, the collection of Emma Beebe's buttons adorns the large glass cabinet in the Pearson lobby.

Along with the unique array of buttons is a binder of information about the source of the collection with related history of Grinnell.



The MRA's Treasure Chest Committee of Sue Drake, Doug Cameron, Karen Packard, and Jan Peak continue to seek unique and common collections of personal items for display each month. If you think you have something that you can share, please contact one of these residents to make arrangements.

Treasure Chest Committee: Sue Drake, Chair (236 9243), Doug Cameron (641 990 3656), Janis Peak (236 8993), and Karen Packard (236 1082).



Partnership Between Grinnell College and Mayflower

As one of the volunteer roles played by Grinnell College

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students in The Mayflower Community, SLWS students take on various activities with Health Center and Beebe Assisted Living residents. The Student Leadership Work Study (SLWS) program requires prospective volunteers to apply, be interviewed, and be selected to be accepted into the program.

Organized by Mayflower's Director of Community Life and Wellness, Leslie Jaworski, one of the roles offered as part of the SLWS, is "Wellness Warrior," wherein the student volunteer enhances residents' understanding of and involvement in opportunities to improve their mental and physical health.

On Friday, December 17th, two Wellness Warriors presented a program on "How to Create and Keep a New Year's Resolution." Student volunteer, Margaret Morey '25, presented to Health Center and Beebe residents in Mayflower's Carman Center information about habit formation based on a course Margaret took this semester at the College. Her slide show, handout, and group discussion were assisted by another SLWS student, Jun ("June") Seok Choi '22.

Both Wellness Warriors will return to Mayflower during the second semester to continue to bring wellness opportunities to Mayflower residents.

-Bob Mann, Mayflower Sales & Marketing Director



Mayflower Forum Hosts CoSI Speaker

On Tuesday, December 14th, John Ashby of Grinnell spoke to a group of Mayflower Community

residents about CoSI, Community Support for Immigrants. The program was part of the Mayflower Residents Association monthly education series about events of local interest.

John holds a masters in divinity from the Theological Union, Berkeley CA, and a masters in business from the Wharton School, University of Pennsylvania. He is involved with CoSI, the organization focused on providing a safe environment for the integration of immigrants living or working in Central Iowa, particularly Grinnell, Tama, and Brooklyn.

Per its mission statement, CoSI promotes a welcoming, respectful, and safe environment for immigrants living or working in Central Iowa. They supply information about the resources available to immigrants in our community as well as some assistance, while working to build bridges of trust, mediate attitudes of divisiveness around the topic of immigration, and reduce the impact of an immigration enforcement incident on the social fabric and economic well-being of the community. CoSI also provides a humanitarian safety net for workers and families who live with the anxiety of possible disruption of family life, separation from minor children, detention, and potential deportation.

-Bob Mann, Mayflower Sales & Marketing Director

Upcoming Wine-and-Cheese

The next Wine and Cheese will be on Friday, January 28th, 4:30-5:30pm, Buckley Dining Room. Be sure to be prepared to share your goals and visions for 2022!





Women's Vocal Ensemble Performs at Mayflower

After an absence of almost two years, Vox Feminae ("voice of woman"), an all-female a cappella vocal group from Grinnell returned to The

Mayflower Community to perform a holiday concert for a crowd of more than 60 residents.

The members, all vaccinated and wearing masks, sang more than 13 songs, ranging from carols such as *Angels We Have Heard On High* to lesser-known songs. One of the latter was an original arrangement by Mark Laver, Assistant Professor of Music at Grinnell College. Mark is the spouse of one of the Vox Feminae singers, soprano Erin Bustin. Other vocalists included Jennifer Williams Brown, soprano; Georgeanna Robinson, soprano; Elizabeth Prevost, soprano; Alicia Stanley, soprano/alto; Liz Rodrigues, alto; Carolyn Jacobson, alto; and Kelly Maynard, alto.

Founded in the spring of 2018, the group performs a wide repertoire of styles from Renaissance madrigals to show tunes. The goal of the ensemble is to join together each week in song and sisterhood, and to share the love of music with the greater Grinnell community. So far, they have been featured performers at Grinnell College, HaPIZZAness night, the Girls World Expo in Des Moines, the Fortnightly Club, the Stew Arts Studios, the Grinnell United Church of Christ, and The Mayflower Community.

The performance included the following numbers: *One Voice*, Ruth Moody; *Lift Thine Eyes*, Felix Mendelssohn-Bartholdy; *Still, Still, Still*, German carol, arr. Mark Laver; *Joy to the World*, attrib. to G.F. Handel, words by Isaac Watts; *In the Bleak Midwinter*, Gustav Holst, words by Christina Rossetti; *Hark! The Herald Angels Sing*, Felix Mendelssohn, words by Charles Wesley; *It Came upon the Midnight Clear*, Richard S. Willis, words by Rev. Edmund H. Sears; *God Rest Ye Merry, Gentlemen*, English Carol; *O Come*, *O Come*, *Emmanuel*, Thirteenth-century Plain Song; *Angels We Have Heard on High*, French-English Carol; *Lo*, *How a Rose E'er Blooming*, Michael Praetorius; *We Wish You a Merry Christmas*, English Carol; *Thirty Second Fa La La*, Donald Moore.

The event was hosted by Mayflower's Community Life and Wellness department. Leslie Jaworski, Director, shared, "Their 'One Voice' (opening song and the mission of the group) was welcome music to our ears. Thank you to Vox Feminae for making the season a bit brighter this year!"

-Bob Mann, Mayflower Sales & Marketing Director

The Mayflower Bell Choir is Back in Business

Recently, The Mayflower Community Bell Choir,



directed by Karen Phillips, invited residents to come listen to their rehearsal. They are back at it after a two-year hiatus, the result of a pandemic precaution.

The Bells now have their own practice space in the Edwards building "Basement Craft Room." Their secured storage area is a former workroom connected to the Craft Room. Finally, a home!

The Bells are still seeking one or two more ringers. But...they are back!

-Bob Mann, Mayflower Sales & Marketing Director

Big Sports Events in 2022:	
January 22nd-28th (postponed from 2021)	Special Olympics World Winter Games (Russia)
February 13th	Superbowl (California)
April 7th-10th	Golf Masters (Georgia)
May 7th	Kentucky Derby
June 27th-July 10th	Wimbledon (London)
November 21st-December 18th	FIFA World Cup (Qatar)



The Metropolitan Opera Is Back at Grinnell College

The Metropolitan Opera is livestreaming from New York to Grinnell College, reviving a program popular prior to

the pandemic. The Met, founded in 1883 at the corner of Broadway and 39th Street in New York and now located since 1966 in the Lincoln Center, produces an annual lineup of "cinema" HD shows that are carried by selected theatres.

The schedule for 2022 is as follows:

- Rigoletto (Verdi) January 29, 2022 @ 11:55 AM
- Ariadne Auf Naxos (R. Strauss) March 12, 2022 @ 11:55 AM
- Don Carlos (Verdi) March 26, 2022 @ 11:55 AM
- *Lucia Di Lammermoor* (Donizetti) May 25, 2022 @ 6 PM (Wednesday night)
- *Hamlet* (Dean) June 4, 2022 @ 11:55 AM

Tickets must be purchased at the door—\$15 for adults and \$10 for children 12 and under. The College also has some season passes available for \$100. To purchase a pass, email Britta Meints at **meintsbr@grinnell.edu** to coordinate payment and pick-up.

Please wear your mask while indoors.

-Bob Mann on behalf of Britta Meints, M. Ed., Guest Housing & Special Programming Coordinator, Conference Operations and Events, Joe Rosenfield Center, Grinnell College (641-269-3235).



Christmas Caroling

As Buddy the Elf says in the movie *Elf*, "The best way to spread Christmas cheer is singing loud for all to hear." That's what happened on the evenings of Sunday, December 19th and Wednesday, December 22nd

in The Mayflower Community.

Members from the Calvary Baptist Church (on Sunday) and the Westfield Community Church (on Wednesday) came acaroling! Mayflower residents enjoyed the familiar sounds of Christmas wrapped in blankets and drinking hot cocoa so that windows could be cracked open to hear the carols being sung outside the entrance of the Health Center.

Mayflower thanks both congregations for their thoughtful sharing during this Christmas season.

-Leslie Jaworski, Community Life and Wellness Director

Dennis Perry Played Mayflower's Last 2021 Concert On Tuesday, December 30th, singer/guitarist Dennis Perry performed The Mayflower Community's last concert of 2021. He played for a physicallydistanced crowd of Mayflower Health Center and Beebe Assisted Living residents in the Carman Center.



The hour-long rendition of favorite

country music songs was nostalgic for Mayflower residents.

A Marshalltown area native, Dennis learned to play guitar while in the Army. When he came home, he talked his younger brother into playing drums with him. They named themselves the "Western Tones," added four more musicians and started playing taverns, ballrooms, and honky-tonks.

When the band broke up, Dennis went out on his own, playing nursing homes and assisted living facilities. Currently, he is the lead singer for a band named "Highway 30 Band." He is just starting his 54th year in music and reports, "I love it as much today as when I first started."

-Leslie Jaworski, Community Life and Wellness Director



Mayflower's Koffee & Konversation Group

The Mayflower residents Koffee and Konversation group meets every Friday in the J & B Bistro at 10:00am. Appointed discussion leaders bring a specific

topic for group sharing. Please join us on Fridays for Koffee & Konversation. We look forward to seeing you!

-Jo Entwisle, Koffee & Konversation Member

Sending a Sincerest "Thanks!"

On behalf of the entire Derby family, we would like to extend our appreciation to everyone at the Mayflower who has said prayers, sent good vibes, provided support, or said kind words to Joe or Temesha Derby. Joe Derby is the Technology and Risk Management Head and Temesha Derby, daughter, is the *Informer Editor*. Deana Derby, wife to Joe and mother to Temesha, and younger sister, Kapria- has been battling cancer and liver disease for over two years. Most recently, she had a 6-week hospital stay. She was able to come home on Christmas Eve and has been slowly improving and regaining mobility.

We extend an additional thank-you to Scott Gruhn and other Foodservices staff members for providing our family with both a Thanksgiving and Christmas meal.

Your sincerity and graciousness are unmatched. Thank you for your tremendous outpouring of kindness.

-Temesha Derby, Informer Editor, on behalf of the Derby Family



January Forum

The Mayflower Residents Association Forum Committee is announcing the next program for **Tuesday**, **January 11**th, **2:00-3:30pm in the Kiesel**

Theatre (lower level of the Pearson building). The presenter will be Henry Wilhelm, local entrepreneur and founder and President of Grinnell's Wilhelm Imaging Research, Inc.

Henry, a Grinnell College alumnus, will speak on "The History of Photography from Film to iPhone." He is an internationally recognized expert in the study of the archival properties of photographic printing processes.

Previous presenters have included Janet Stutz, Grinnell-Newburg Community Schools Superintendent, Officer Jon Soubayi of the Grinnell Police Department, and John Ashby for CoSI (Committee Support for Immigrants)

-Gerry Guenther, MRA Forum Chair

Mayflower Chapel Services Schedule The Spiritual Life Committee of the Mayflower Residents Association presents weekly Chapel Services:



- Tuesday mornings
- 10:00 to 10:30am
- Kiesel Theatre

The worship leaders for upcoming services are:

- Jan 11th Wendy Abrahamson, Pastor, St. Paul's Episcopal Church
- Jan 18th Judy Scheer, Retired Licensed Pastor, United Church of Christ
- Jan 25th Warren Reinecke, Co-Founder, Grinnell Unitarian Universalist Fellowship

Volunteer pianists, guitarists, or other musicians are needed. Please contact me if you are interested: Email **jdnoer@gmail.com** or call 712-420-1337.

-Dorothy Noer, Spiritual Life Committee Chair

Book List

Title and Author

The Reading List (LP) by Sara Nisha Adams Who Ate the First Oyster? by Cody Cassidy Thin Air (Book 6) by Ann Cleeves Cold Earth (Book 7) by Ann Cleeves Wild Fire (Book 8) by Ann Cleeves Cloud Cuckoo Land by Anthony Doerr *Out of Darkness, Shining Light* by Petina Gappah The Book of Hope by Jane and Abrams D. Goodall The Racketeer by John Grisham There is Nothing For You Here by Fiona Hill The Theft of Memory by Jonathan Kozol The Long Walk Home by Will North Season's End by Will North The Man Who Died Twice (LP) by Richard Osman These Precious Days by Ann Patchett *Cry, The Beloved Country* by Alan Paton Under Currents by Nora Roberts

Anything is Possible (LP) by Elizabeth Strout Oh! William by Elizabeth Strout The Lincoln Highway by Amor Towles

LP= Large Print

Pasha Buck has given to the library a copy of her new book, *7 Simple Steps for Caring with Stress*, which she wrote after forty-five years of teaching imaging as a way of letting go of stressors. Copies are also available to purchase.

Armchair Travels in Mayflower's Kiesel Theatre 2:00pm on Tuesdays

Below are the "trips" for January. No reservations needed.

January 4th

- India
- Surprising Bulgaria
- Guatemala, Antigua, and Mayan Culture

January 18th

- South Georgia Island
- U.S., Missouri and Kansas Parklands
- Canada, British Columbia, Vancouver, and Victoria

January 25th

- U.S., Wisconsin and Minnesota Parklands
- France, Normady
- Mexico, Baja, and Philippines

-Shane Estes, Armchair Travels Committee Chair

Movies Showing in the Kiesel Theatre on Saturdays at 2pm

January 8th: *Mrs. Brown* (1997) Mrs. Brown is a riveting, true-life story of forbidden love and passion. Queen Victoria (Judi Dench) was the world's most powerful woman. Rugged Scotsman John Brown (Billy Connolly) was a lowly servant who looked after her horses. Yet when circumstances brought them together, the result was a



passionate friendship that scandalized a nation! PG. 104 minutes. English Subtitles.

January 15th: *Radio* (2003) For anyone who ever had a dream and everyone with the courage to stand up for what they believe, comes the real-life story of Robert "Radio" Kennedy. Experience Radio's journey from a man no one understood to the coach no one could live without. Together with Head Coach Harold Jones, Radio inspired a football team to become champions and a town to open their hearts. Heroic performances from Cuba Gooding, Jr. and Ed Harris will have you laughing, crying, and cheering for the man who proved the world's greatest victories happen in real life. 109 minutes. PG. English subtitles.

January 22nd: *Whale Rider* (2003) A small Māori village faces a crisis when their heir to the leadership of the Ngati, Konohi, dies at birth and is survived only by his twin sister, Pal. Although disregarded by her grandfather and shunned by the village people, twelve-year old Pal remains certain of her calling and trains herself in the ways and customs of her people. With remarkable Grace, Pal finds the strength to challenge her family and embraces a thousand years of tradition in order to fulfill her destiny. 101 minutes. PG. English subtitles.

Informer Submission Deadlines

- Submission deadline: January 14th for publication January 21st
- Submission deadline: January 28th for publication February 4th
- Submission deadline: February 11th for publication February 18th

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Submit here.

Residents' Birthdays

Sue Dimit on January 7th Marvel LaCasse on January 8th Rich Murphy on January 10th Seymour Raffety and Rick Ramsey on January 12th Jan Peak on January 14th Emily Moore on January 16th Jeanette Budding on January 19th John Martinek on January 20th Dorrie Lalonde and Joyce Wubbels on January 24th

Find more of *The Informer* online here!

