

The Informer

January 21st, 2022
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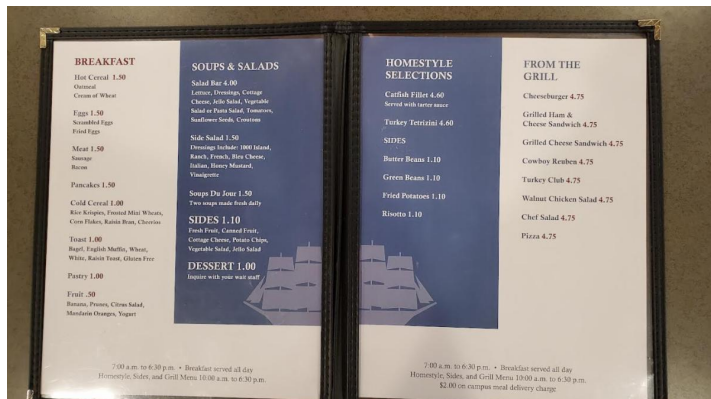
What Is the Supply Chain Impact on Mayflower Dining?

The impact of COVID-19 over the last two years, has led to a problem that has been termed, “supply chain” disruption. This has been aggravated by shifts in consumer demand paired with factory modifications to accommodate social distancing guidance, and thus, disrupting labor allocation and production processes for manufacturers as well as their suppliers.



There are raw material shortages everywhere. Products coming from overseas are experiencing unprecedented port delays, with many ships anchored off the coast waiting weeks or even months for a spot to unload. Then, they are hampered by labor and trucking shortages.

Because of this situation at Mayflower, we are proactively placing orders for product that often does not arrive as anticipated, either because suppliers simply do not have enough product to meet the demand or because of labor challenges in getting product to us.



We are having ongoing, well-informed conversations with our distributor partners to help us better understand and anticipate potential shortages coming down the road. Using the information we’ve

garnered, we are seeking alternative solutions to suit the needs of Mayflower residents.

Because of the continued instability in the supply chain, we may be required to make last-minute changes to our menus from time to time because of product unavailability. The shortages and delayed shipments we have experienced and anticipate will continue to cause menus to change periodically, but this will never prevent us from providing you with the quality meals you enjoy.

We appreciate your continued patience and grace as we work through these supply issues.

-Scott Gruhn, Foodservices Director

Making Hawaiian with a Special Treat at Mayflower

On Monday, January 3rd, residents of Mayflower's Beebe



Assisted Living had the opportunity to sample a popular Hawaiian treat. Musubi is a simple, hand-held snack food. It has its origins in World War II with spam musubi, a take-off of Japanese onigiri, a pickled or salty protein with rice wrapped in a black seaweed paper.

The spam musubi includes the same ingredients but uses spam for the protein. Often times, a layer of scrambled eggs with teriyaki sauce are added. The rice is often seasoned with furikake seasoning.

On the Hawaiian Islands, musubi are available almost everywhere in convenience stores, grocery stores, and local restaurants. On Guam, the snack is referred to as "spam sushi."

The musubi come individually wrapped in plastic and are commonly chosen as on-the-go snacks. Our Community Life and Wellness Coordinator, Jessica Hasenyager, whose husband is a native of Hawaii, observes that they pack out musubi for hikes and for family visits.

In coordinating the musubi event, Jessica not only prepared the snacks but entertained with Hawaiian music and a *National*

Geographic documentary, “Wild Hawaii.” Included in the day’s event were pictures and stories from Jessica’s Hawaiian visits.

She included etchings made by Jessica’s grandmother-in-law. Once a prominent member of the Hawaiian art community, she made these prints for the Kilauea Volcano Wilderness Run, a marathon that the Hasenyagers have helped produce for the last 25 years.

-Bob Mann, Mayflower Sales & Marketing Director



Blankets at Mayflower

Recently, blankets were given to residents of The Mayflower Community’s Health Center and Beebe Assisted Living. Most were made by the “Quilt Ladies” at the Ripley United Church of Christ in Traer, Iowa. Others were made by local groups and individuals.

The Traer Quilt Ladies have been making and donating blankets and quilts to Mayflower for almost 10 years. The blankets bring much natural warmth. As their note stated, “They were made with love.”

-Tracy Woolfolk, Mayflower Community Life Coordinator


UnLOCKING the Power of Philanthropy

A New Year’s Invitation

Happy New Year! My first message of 2022 is Mayflower’s “charitable story,” one of generous individuals and organizations supporting Mayflower residents in need and building “community” for all. I am honored to have been telling the Mayflower story since 2008. Let’s spend some time together in 2022, discussing Mayflower’s story and the stories of other organizations you are passionate about.



Residents in Need



Mayflower was founded on the belief that no resident should ever have to leave for lack of funds. Charitable contributions have helped provide housing and healthcare for more than seventy years. Currently, Mayflower is providing some level of charitable care to a number of residents. The annual average cost of that care is about \$400,000. There are two ways to help these residents.

Your gift to the Residents Assistance Fund (RAF) will be spent in this fiscal year to provide healthcare for those with financial need. Gifts should be made payable to Mayflower Homes, Inc., (“RAF” in the memo line.)

Your gift to the Human Needs Endowment Fund (HNEF) is a “legacy gift” that is invested and from which annual earnings provide for those in need. Gifts should be made payable to the Mayflower Homes Foundation (HNEF in the memo).

Building “Community”

Caring staff, social and wellness activities, and beautiful surroundings contribute to the sense of “community” that Mayflower residents enjoy. Charitable contributions provide or enhance many “community builder” gifts.

Your gift to the Mayflower Employee Education Fund (MEEF) provides educational advancement opportunities for Mayflower staff members. Gifts should be made payable to Mayflower Homes Foundation (MEEF in the memo.)

Staff is also supported in unique ways, including a gift this past year that has provided a pair of comfortable shoes for each staff member. “Staff support” gifts should be made payable to Mayflower Homes, Inc.

Dozens of charitable projects in recent years have provided Mayflower residents with:

- Outdoor gardens and trees
- Fitness facilities and equipment
- Transportation vehicles
- Enhanced dining services
- All new Buckley and Beebe building boilers

The lower level of the Pearson Building will soon be renovated to include exercise space and equipment, suites for visiting wellness



practitioners, and a beauty salon. These renovations will be fully supported by charitable contributions.

It will be my pleasure to talk with you. Please contact me any time at your convenience. If you desire to support any initiative mentioned above, your gift can be delivered to Pam Vosburg in the Pearson offices (616 Broad St, Grinnell, Iowa 50112).

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)



Mayflower Conducts Weekly Chapel

Grinnell's The Mayflower Community has reinstated regular Chapel services. A function of the Mayflower Residents Association, Mayflower's Spiritual Life Committee coordinates

weekly non-denominational services in the Kiesel Theatre for independent living residents. In addition, Mayflower's Community Life and Wellness staff arrange similar services for Health Center and Beebe Assisted Living residents in the Carman Center.

Local clergy and other volunteers lead the worship, which usually includes hymns, prayer, and a message.

Pianists are resident volunteers. In the accompanying photo, Rev. Wendy Abrahamson, Rector of Grinnell's St. Paul Episcopal Church, leads the service. Dot Anderson is the pianist.

Mayflower is grateful to the commitment of local worship leaders who provide this time of solace during these challenging times.

-Bob Mann, Sales & Marketing Director

Mayflower Chapel Services Schedule

The Spiritual Life Committee of

the Mayflower Residents
Association presents weekly
Chapel Services:

- Tuesday mornings
- 10:00 to 10:30am
- Kiesel Theatre

Worship

The worship leaders for upcoming services are:

- Jan 25th – Warren Reinecke, Co-Founder, Grinnell Unitarian Universalist Fellowship
- February 1st – Gordon Packard, retired pastor and Mayflower resident
- February 8th – Rev. Wendy Abrahamson, Senior Pastor, St. Paul's Episcopal Church, Grinnell
- February 15th – Dottie Blazak, retired nursing instructor and Mayflower resident
- February 22nd – Allen Ricks, retired pastor, organist, and professor

Volunteer pianists, guitarists, or other musicians are needed. Please contact me if you are interested: Email jdnoer@gmail.com or call 712-420-1337.

-Dorothy Noer, Spiritual Life Committee Chair

Upcoming Wine-and-Cheese

The next Wine and Cheese will be on Friday, January 28th, 4:30-5:30pm in the Buckley Dining Room.

Be sure to be prepared to share your goals and visions for 2022! Come for wine and cheese and stay for the company and conversations.



Notice:

Change in Mini Gift-Shop Hours

The Mini-Shop will be selling greeting cards only on **Tuesdays**, from **9:30 to 11:30am** in their new

home, Pearson #103. A wide assortment of cards for many occasions is available.

-Kathy Herman, Mini Gift-Shop Committee



The Metropolitan Opera Is Back at Grinnell College

The Metropolitan Opera is livestreaming from New York to Grinnell College, reviving a program popular prior to

the pandemic. The Met, founded in 1883 at the corner of Broadway and 39th Street in New York and now located since 1966 in the Lincoln Center, produces an annual lineup of “cinema” HD shows that are carried by selected theatres.

The schedule for 2022 is as follows:

- *Rigoletto* (Verdi) January 29, 2022 @ 11:55 AM
- *Ariadne Auf Naxos* (R. Strauss) March 12, 2022 @ 11:55 AM
- *Don Carlos* (Verdi) March 26, 2022 @ 11:55 AM
- *Lucia Di Lammermoor* (Donizetti) May 25, 2022 @ 6 PM (Wednesday night)
- *Hamlet* (Dean) June 4, 2022 @ 11:55 AM

Tickets must be purchased at the door—\$15 for adults and \$10 for children 12 and under. The College also has some season passes available for \$100. To purchase a pass, email Britta Meints at meintsbr@grinnell.edu to coordinate payment and pick-up.

Please wear your mask while indoors.

-Bob Mann on behalf of Britta Meints, M. Ed., Guest Housing & Special Programming Coordinator, Conference Operations and Events, Joe Rosenfield Center, Grinnell College (641-269-3235).



Mayflower's Koffee & Konversation Group

The Mayflower residents Koffee and Konversation group meets every Friday in the J & B Bistro at

10:00am. Appointed discussion leaders bring a specific topic for group sharing. Please join us on Fridays for Koffee & Konversation. We look forward to seeing you!

-Jo Entwisle, Koffee & Konversation Member



January Forum

The Mayflower Residents Association Forum Committee is announcing the next program for **Tuesday, February 8th, 2:00-3:30pm in the Kiesel**

Theatre (lower level of the Pearson building). The presenter will be our own resident, **Dan Kaiser**, Professor of History Emeritus at Grinnell College and author of *Grinnell Stories: African Americans of Early Grinnell* (2020).

Sharing important aspects of Grinnell's history, Dan will speak about some of the challenges in researching Grinnell's African Americans and the importance of doing so. In addition, Dan will read brief selections from his book as well as answer questions.

Previous presenters have included Janet Stutz, Grinnell-Newburg Community Schools Superintendent, Officer Jon Soubayi of the Grinnell Police Department, Rachael Kinnick, Grinnell Area Chamber of Commerce President/CEO, and Henry Wilhelm, President of Grinnell's Wilhelm Imaging Research, Inc.

-Gerry Guenther, MRA Forum Chair

Special Forum Announced

The Mayflower Residents Association Forum Committee announces a special added session during February.

Mark your calendar and get ready for some mid-winter laughter and intellectual stimulation. On **Wednesday, February 23rd, 2:00-3:30pm**, in the **Kiesel Theatre**, **Dustin Dixon**, PhD, one of the brightest literary scholars/teachers at Grinnell College, will be here to engage us in a discussion of Aristophanes' comedy, *The Knights*.

The play is both a satire on the political and social life of Athens

during the Peloponnesian War (5th century BCE) and a diatribe against a populist politician who manipulates the political and legal system for personal gain. Does that theme strike you as timely?

Come for the presentation. Learn, laugh, and stay for some wine and cheese.

-Bob Butterfield, MRA Forum Committee Member

Editor's Note (from the Grinnell College website): "Dustin Dixon teaches courses on the literature and culture of ancient Greece as well as Greek and Latin courses from the elementary to the advanced levels. He regularly teaches first-year Greek, and his past courses include ancient drama; Athenian political culture; classical mythology; Greek religion; Homeric epic; and the reception of classics in early modern drama, gothic novels, horror films, and the work of Jorge Luis Borges.



Professor Dixon researches and writes about ancient drama, fragmentary texts, performance, and classical receptions. His first book, *Performing Gods in Classical Antiquity and the Age of Shakespeare*, explores the dynamics of depicting classical divinities onstage in ancient Greece and Rome and in early modern England. His second book, with a working title *The Fragmented Past of Ancient Mythological Comedy*, will recover the vibrancy of mythological comedy from its fragmented state. This project, reinterpreting the role of comic poets in literary history, decenters the literary canon to reflect the true protean nature of mythology. He is also developing a major project on the religious ideology of ancient Greek comedy, particularly in the plays of Aristophanes, but also those of the fragmentary poets. His articles appear in journals such as *Classical Philology*, *Classical Quarterly*, and *Classical Receptions Journal*.

He has been awarded fellowships from the American Philosophical Society, the British Academy, the DAAD (Deutscher Akademischer Austauschdienst), the Institute of Classical Studies at the University of London, and the Loeb Classical Library Foundation.

Before coming to Grinnell, Professor Dixon taught at Emory

University (Atlanta GA) and Loyola University Maryland (Baltimore). He earned his Ph.D. from Boston University and his B.A. from Northwestern University (Chicago).”

Treasure Chest February Display

The cold and COVID-19 have reminded Ginny and me of our childhoods when we spent time indoors listening to our parents read to us (or reading to ourselves). Therefore, in February, we will display our favorite books from childhood. They might jog some of your own memories of favorites from your own childhood.



If you still have these books, a display later this year might include a showing of favorite childhood books of Mayflower residents. Please contact us if you have favorites to display

In coming months, please be watching for displays of old dolls, old shoes, watches, model pedal cars, and more. If you or anyone you know has a collection of items of interest, please let us know. The display cabinet is located in Pearson in the library area and is secured with a padlock.

Treasure Chest Committee: Sue Drake, Chair (236 9243), Doug Cameron (641 990 3656), Karen Packard (236 1082), and Janis Peak (236 8993).

-Doug Cameron, Treasure Chest (cameronv641@gmail.com
or 6412364544)

Book List

Title and Author

The Confession Club (LP) by Elizabeth Berg
7 Simple Steps for Caring with Stress by Pasha Buck
The Long Call by Ann Cleeves
Vanderbilt the Rise and Fall of an American Dynasty (LP) by
Anderson Cooper and Katherine Howe
Garden of Lamentations by Deborah Crombie

Hero of Two Worlds by Mike Duncan
Mrs. Marsh by Virginia Feito
Maybe You Should Talk to Someone by Lori Gottlieb
The Judge's List by John Grisham
Saving us by Katherine Hayhoe
How to be an AntiRacist by Ibram X. Kendi
The Only Free Road by Patricia and Kevin Kimle
The Saboteur by Paul Kix
Happiness is a Choice You Make (LP) by John Leland
Madison Park by Eric Motley
Fear No Evil by James Patterson
Wish You Were Here by Jodi Picoult
Bruno: Chief of Police (Book 1) by Martin Walker
The Dark Vineyard: A Novel of the French Countryside (Book 2) by Martin Walker

LP= Large Print

Book Review
***Sooley* by John Grisham**

This is the story of seventeen year old Samuel Sooleyman from South Sudan who loves to play basketball. He is given the opportunity to travel to the United States to play in a showcase tournament. While in the U.S., his home in Sudan is in the middle of a war, with rebels attacking his village. His father is killed, his sister missing, and his mother and brothers flee to a refugee camp in Uganda. Although Sooley begins to excel in basketball, his only goal is to bring his mother and brothers to safety in the U.S. If you like basketball you will love this. But it is also about the struggle of refugees in a wartorn country and the determination of a young boy to rescue his family.

-MRA Committee Member

Armchair Travels
in Mayflower's Kiesel Theatre
2:00pm on Tuesdays

Below are the upcoming "trips."

January 25th

- U.S., Wisconsin and Minnesota

Parklands

- France, Normady
- Mexico, Baja, and Philippines

February 1st

- U.S., Taste of Iowa
- Canada, Manitoba, and Churchill

February 15th

- Malaysia
- U.S., Taste of Illinois
- U.S., Michigan and Wisconsin Parklands

February 22nd

- Malaysia Islands
- U.S., California and Arizona
- U.S., Michigan and Wisconsin Parklands

-Shane Estes, Armchair Travels Committee Chair



Movies Showing in the Kiesel Theatre on Saturdays at 2pm

January 22nd: *Whale Rider* (2003) A small Māori village faces a crisis when their heir to the leadership of the Ngati, Konohi, dies at birth and is survived only by his twin sister, Pal. Although disregarded by her grandfather and shunned by the village people, twelve-year old Pal remains certain of her calling and trains herself in the ways and customs of her people. With remarkable Grace, Pal finds the strength to challenge her family and embraces a thousand years of tradition in order to fulfill her destiny. 101 minutes. PG. English subtitles.

January 29th: *The Spirit of St. Louis* (1957) On May 21st, 1927 the world changed. "Lucky Lindy" landed outside Paris. And people who previously talked about the limitations of air travel suddenly dreamed of its limitless possibilities. This movie recreates the struggles and success of Charles A. Lindbergh, the pioneering flyboy, who like test pilots and astronauts to follow, had the right stuff of aviation heroism. Lindbergh fan James Stewart, himself a pilot, sought the role, and was initially turned down. But his persistence paid off, as Stewart added Lindy to his gallery of indelible portrayals of American heroes. 135 minutes. Not rated. English subtitles.

February 5th: *The Note* (2007) Following a tragic plane crash, Peyton MacGruder, a newspaper columnist, discovers a note written by one of the passengers on board during their final moments. She sets out on a quest to find the addressee of a note. Based on a novel by Angela Hunt. Stars Genie Francis and Ted McGinley. Not rated. 87 minutes. English subtitles.

February 12th: *Philomena* (2013) Judi Dench stars in the story of Philomena Lee, mother to a boy conceived out of wedlock and given up for adoption. Nearly 50 years later, Philomena meets Martin Sixsmith (Steve Coogan), a former BBC reporter looking for his next big story. Together, they embark on a journey to locate her long lost son. As the pieces of the puzzle come together, the unlikely travel companions form a comic and heartwarming friendship. PG-13. 98 minutes. English subtitles.

Informer Submission Deadlines

- Submission deadline: January 28th for publication February 4th
- Submission deadline: February 11th for publication February 18th
- Submission deadline: February 25th for publication March 4th.



[**Submit here.**](#)

Residents' Birthdays

Mayflower apologizes for reporting Seymour Raffety's birthday incorrectly in the last issue of *The Informer*. His birthday is in July.

Dorrie Lalonde and Joyce Wubbels on January 24th

Anne Sunday on January 29th

Roger Roudabush on February 4th

Dan Agnew on February 6th

Don Smith on February 7th

In Memoriam:

Laila Ulm

Birth: September 16th, 1930
Death: January 11th, 2022

Sallie Verrette
Birth: July 27th, 1932
Death: January 6th, 2022

Find more of *The Informer* online **here!**



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