

The Informer

October 8th, 2021

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Fall Harvest Dinner

The next residents dining event at Mayflower? It's the Fall Harvest Dinner! Hosted by residents Doug and Ginny Cameron, here are the details:

Thursday, October 21st

Afternoon: Cider press demonstration in Beebe Circle

5:00pm: Social featuring fresh cider

5:30pm: Dinner

Menu:

Starter: Apple, Squash, & Roasted Beet Salad

Entrée: Roasted Pork Loin with a Blackberry Sauce

Sides: Roasted Walnuts and Brussel Sprouts; Mashed Sweet Potato

Dessert: Spiced Pumpkin Swiss Roll

Seating in Buckley Dining Room – Limited to first 60 to register.

Pick-up and delivery also available.

Cost: \$12.00 + wine (pairing yet to be decided)

Reservations for seated or carry-out dining: Due by Tuesday,

October 19th; 12:00noon. Email Scott Gruhn

at sgruhn@mayflowerhomes.com or call the Buckley kitchen (641-236-6151 x216).

-Harriet Adelberg, MRA Social Committee

Food, fun, sports, and great weather...
Mayflower gets credit for the first three!

On Saturday, September 25, just prior to the University of Iowa, Iowa State University, and a bunch of other afternoon football games, residents of The Mayflower Community gathered in the Buckley Courtyard to tailgate.



The buffet luncheon consisted of brats and hamburgers on the grill, chicken wings, nachos, chips, malt cups and beer and soft drinks.

Residents could choose to sit in the pleasant, sunny-and-shade setting of the Courtyard or inside in the Buckley Dining Room. They were encouraged to wear their team moniker clothing. “Cheese heads” were allowed to mingle freely!

To punctuate the fun, a trivia contest was held regarding college and high school sports, specifically football. The star contestant was Rick Ramsey, who is apparently doing nothing now days except reading sports trivia books. Either that or he was Carnac the Magnificent posing as a cheese head.

The event was organized and served by the Mayflower Foodservices staff and hosted by residents, John and Dorothy Martinek and Fred and Patty Johnson.

-Bob Mann, Sales & Marketing Director



UnLOCKIN the Power of Philanthropy

Encouraging “We Give”

Each October the Greater Poweshiek Community Foundation (GPCF) conducts “We Give,” a county-wide campaign supporting a variety of local charitable causes. A GPCF fund named, “Mayflower Human Needs Endowment,” is favored by “We Give” donors who also desire to support Mayflower’s charitable mission. GPCF manages this fund exclusively for Mayflower and makes annual distributions to Mayflower for the care

of residents in financial need.

The “Mayflower Human Needs Endowment” at GPCF is popular among Mayflower supporters because of “Endow Iowa” tax credits. This is a special state of Iowa income tax benefit available to Iowa residents who give to endowment funds held by GPCF (and other Iowa community foundations.) The “Endow Iowa” tax credit allows you to reduce your Iowa income tax bill by 25% of the gift you make to the “Mayflower Human Needs Endowment” at GPCF. In addition, a federal income tax deduction is available just like any other charitable contribution.

The “Mayflower Human Needs Endowment” fund at GPCF was established in 2011 with a small funds transfer from the larger “Human Needs Endowment Fund” held by the Mayflower Foundation. Since 2011, the balance of that initial gift in the GPCF fund has grown to over \$600,000 because of many generous “We Give” contributions.

Mayflower is grateful to our friends at GPCF for promoting county-wide giving and for their professional management of the “Mayflower Human Needs Endowment.” As always, my time is available to help you consider and plan a “We Give” gift or any other. I look forward to hearing from you.

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)

Two New Staff in Mayflower’s Business Office

Recently, the following additions have been made to staff of the business office (Pearson building) of The Mayflower Community.



Joni Schmidt is the new Receptionist. Raised in rural Brooklyn, her father worked for Poweshiek County and her mother for the 201 Star Inn Truck Plaza at the Brooklyn I-80 exit. Joni lives in Malcom with her husband, Brent Schmidt, a 25-year employee of Crop Production Services, Gibson, Iowa.

They have seven children, including one set of twins, ranging in age from 37 to 17. They have 10 grandchildren, ages 16 to 3. She and her husband recently purchased a camper to be able to enjoy more of Iowa's outdoors.

Joni says, "I am very happy here at Mayflower. Everyone has been so nice. The residents are absolutely amazing! I have enjoyed meeting many of you! And, I am looking forward to many years with you all."



Katie Iverson is the new Administrative Assistant for Business

Operations. Originally from Albia, Iowa, Katie moved to the Grinnell area three-and-a-half years ago after meeting her now husband, Ryan Iverson. Married in September of 2020, they

have a dog named Daisy and just recently bought a house in Montezuma.

Together, Katie and Ryan farm with his family when they are not working full time as well as managing their own auction business. Some of Katie's hobbies include reading, attending pig shows with pigs they have raised, and camping with friends and family at a nearby lake.

Katie says, "I've worked in health care for the past five years, but I'm excited to be on the business side of this community! I am looking forward to meeting all of our residents!"

Welcome, Joni and Katie!

-Steve Langerud, Executive Director

The Metropolitan Opera Is Back at Grinnell College

The Metropolitan Opera will livestream from New York to Grinnell College



this fall, reviving a program popular prior to the pandemic. The Met, founded in 1883 at the corner of Broadway and 39th Street in New York and now located since 1966 in the Lincoln Center, produces an

annual lineup of “cinema” HD shows that are carried by selected theatres.

The schedule is as follows:

- *Boris Godunov* (Mussorgsky) October 9, 2021 @ 11:55 AM
- *Fire Shut Up In My Bones* (Blanchard) October 23, 2021 @ 11:55 AM
- *Eurydice* (Aucoin) December 4, 2021 @ 11:55 AM
- *Cinderella* (Massenet) January 5, 2022 @ 6 PM (Wednesday night)
- *Rigoletto* (Verdi) January 29, 2022 @ 11:55 AM
- *Ariadne Auf Naxos* (R. Strauss) March 12, 2022 @ 11:55 AM
- *Don Carlos* (Verdi) March 26, 2022 @ 11:55 AM
- *Lucia Di Lammermoor* (Donizetti) May 25, 2022 @ 6 PM (Wednesday night)
- *Hamlet* (Dean) June 4, 2022 @ 11:55 AM

This year, tickets must be purchased at the door—\$15 for adults and \$10 for children 12 and under. The College also has some season passes available for \$100. To purchase a pass, email Britta Meints at meintsbr@grinnell.edu to coordinate payment and pick-up.

Please note that the Grinnell College campus **activity level** is Blue, meaning masks are required for individuals two years and older at all times when indoors. Please confirm the campus activity level or event website prior to your visit on campus as conditions may change.

For additional information about the opera presentation, go to the Met website: <https://www.metopera.org/season/in-cinemas/>.

-Bob Mann on behalf of Britta Meints, M. Ed., Guest Housing & Special Programming Coordinator, Conference Operations and Events, Joe Rosenfield Center, Grinnell College (641-269-3235).



Dennis Perry Plays Outside for Mayflower

On Thursday, September 30th, country music singer and guitarist, Dennis Perry played two gigs in The Mayflower Community—one in the Beebe Circle and one in the Health Center Courtyard. The event is sponsored by Mayflower's Community Life department.

A Marshalltown area native, Dennis took residents on a musical stroll down memory lane while playing guitar and singing songs from the 1930s through the '40s. Residents sang along while toe tapping.

Dennis learned to play guitar while in the Army. When he came home, he talked his younger brother into playing drums with him. They named themselves the "Western Tones," added four more musicians, and started playing taverns and honky-tonks.

The six-piece band then began playing local ballrooms. In 1955, the band broke up, and Dennis went out on his own, playing nursing homes and assisted living facilities.

Currently, Dennis is the front man for a band named "Highway 30 Band." He is just starting his 54th year in music and reports, "I love it as much today as when I first started."

-Bob Mann, Sales & Marketing Director

Getting Ahead of the Flu at Mayflower

During the week of September 25th, the Mayflower Community made arrangements to get most of its 400+ residents and staff vaccinated for the flu. This includes the high-dose regimen for people over 65 years of age.



To date, all eligible Health Center and Beebe Assisted Living residents have received the flu vaccine. Mandatory for employees, the vaccination process for them is almost finished. In addition, on Thursday, September 30th, Poweshiek County Public Health

conducted its first indoor flu shot clinic of the season, vaccinating over 100 independent living residents at Mayflower.

We are getting shot so that the flu doesn't get us!

-Bob Mann, Sales & Marketing Director

Exercising Is Always Important at Mayflower

Stephanie Crawford, RN, PTA is The Mayflower Community Restorative Nurse and Health Center Coordinator. She periodically leads exercise sessions for residents to keep minds fresh and muscles strong and loose.



See accompanying photos: Stephanie demonstrates with Norma Veldboom and Nadine Brouwer to her left.

A recent article in McKnights.com excerpted a poll of older Americans conducted by the University of Michigan in which a majority said that their physical activity decreased during the pandemic. As a result, one in four reported that their flexibility, muscle strength, and endurance had declined, even when using a cane, walker, or vehicle. In addition, the fear of falling—a precursor to falling—had significantly increased.

-Bob Mann, Sales & Marketing Director

The Mighty 4H'ers Make and Share Blankets at Mayflower

On Monday, September 20th, Poweshiek County's Mighty Golden Clovers 4H Club presented The Mayflower Community's Health Center and Beebe Assisted Living residents with 20 hand-made blankets. The event was organized by Mayflower's Community Life and Wellness staff.



After competing at the Poweshiek County Fair and the Iowa State Fair, 4H members went to work on making practical and welcome

gifts—warmblankets. Club leader, Stacy Turley and her daughter Molly delivered the blankets on behalf of other members of Mighty Golden Clovers who were busy around Poweshiek County in school activities.

Pictured above is Mayflower resident, Deena Wellborn.

-Bob Mann, Sales & Marketing Director



Gone Fishing at Mayflower

Harry Bolton spent the September 25th-26th weekend with his daughter Mary Bolton at her farmstead in rural Columbus Junction. While there, he had the opportunity to fish her pond with the results shown in the accompanying photo. Harry lives in The Mayflower Community's Health Center.

The opportunity to enjoy the outside AND do some fishing was a pleasure for Harry. This weekend was reminiscent of his annual family fishing trips to Canada.

Harry and his wife Jo were among the first residents to move into Mayflower's Watertower Square apartments in November of 2015. Subsequently, Harry moved to Beebe Assisted Living and then to the Health Center. Jo continues to live in the Watertower Square apartment.

Harry is the retired plant manager for Grinnell's Farmhand Manufacturing Company. In 1991, Farmhand was acquired by AGCO Corporation, whose most famous brand is Massey Ferguson.

-Bob Mann, Sales & Marketing Director



Save the Date for Upcoming MRA Meetings

Mayflower Residents Association The MRA Executive Committee has set dates for the next Council Meeting as Monday, November 15, 2021, and the Fall Town Meeting as Monday, December 6, 2021. These will be Zoom meetings that start at 2:00 pm. Agendas

will be sent closer to these meeting times, but keeping those dates in mind as you make other commitments should help avoid unnecessary conflicts. The meetings will be recorded so that those unable to attend can view them later.

Committee chairs will be giving oral reports on committee activities at the Council Meeting. While only Council members may vote at that meeting, all MRA members are welcome to attend.

To prepare for the Town Meeting, committee chairs and officers should submit their annual written reports by December 1, so that the MRA President can compile them together to be circulated to all MRA members prior to the Town Meeting.

The Fall Town Meeting is the annual meeting of the MRA, when we elect officers for the coming year. Additionally, Mayflower administrators will inform us of important issues that affect life at Mayflower. I hope you will be able to attend.

-Jack Mutti, MRA President

Russian Craft Items on Display in Mayflower's Treasurer Chest

On display in The Mayflower Community "Treasure Chest" this month are craft items collected by residents Dan and Jill Kaiser from the former USSR. The Treasure Chest is a large curio cabinet located in the Pearson building lobby. New displays of various collections are featured monthly.



During several spells when they lived in what was then the USSR as well as during frequent trips accompanying travelers there in the 1970s and 1980s, Jill and Dan collected painted woodenware named for the village in which the craft began—Khokhloma, a small community in the upper reaches of the Volga River.

Here, beginning in the seventeenth century, peasant artisans began the tradition of painting bowls, spoons, cups and other wooden kitchenware in bright colors set off against what is usually a gold, vermillion, or

black background.



A smaller part of the exhibit features several black boxes and plates decorated with brilliantly-colored folk themes. These objects are usually identified with Palekh, the name of yet another village attached to this miniaturist art. Although other areas now produce similarly decorated objects, Palekh, originally a center of icon-painting converted to secular purposes after the 1917 Revolution, was the first home of this art, which is still produced there.

-Bob Mann on behalf of Treasurer Chest Committee



“Dispersed” Chapel in The Mayflower Community

Yes, we are doing Chapel services in Grinnell’s Mayflower Community.

Founded as a church ministry in 1950, the Mayflower has offered regular worship services from the start. Prior to the pandemic, Chapel was held for all Mayflower residents every Tuesday morning in the Carman Center, the 2nd floor meeting hall located in the Health Center.

With the onset of the pandemic and the closure of the entire Health Center to all but residents and staff, Chapel was suspended. Under the guidance of Mayflower’s Community Life and Wellness department, individual services were started again last summer, one for Health Center residents in the Carman Center and one for Beebe Assisted Living residents in Beebe’s second-floor lounge. Both services are off-limits to all but residents and staff.

During the summer, the Mayflower Residents Association volunteer Chapel Committee was reformed as the “Spiritual Life Committee.” They restarted worship services in the middle of September, again on Tuesday mornings, but now in the Pearson building Kiesel Theatre. The worship leaders scheduled for

September and October are all Mayflower residents, some retired clergy and some just regular people.

In the photograph accompanying this article, local pastor, The Rev. Wendy Abrahamson of St. Paul's Episcopal Church, leads recent services in the Health Center and in Beebe Assisted Living.

Mayflower appreciates the services of local clergy and other spiritual leaders in leading worship services.

-Bob Mann, Sales & Marketing Director

Mayflower Chapel Services Schedule

Worship

The Spiritual Life Committee of
the Mayflower Residents

Association presents weekly Chapel Services:

- Tuesday mornings
- 10:00 to 10:30am
- Kiesel Theatre

The worship leaders for upcoming services are:

- September 28th – Marilyn Schuler
- October 5th – Karen Phillips
- October 12th – Bob Anderson
- October 19th – Tommy Haas
- October 26th – Jack Mutti

Volunteer pianists, guitarists, or other musicians are needed. Please contact me if you are interested: Email jdnoer@gmail.com or call 712-420-1337.

-Dorothy Noer, Spiritual Life Committee Chair

Book List- Title

Author

The Personal Librarian

Benedict & Murray

The Tuscan Child (LP)

Bowen, Rhys

Murder Comes Calling (LP)

Challinor, C.S.

Raven Black (Shetland Book 1)

Cleeves, Ann

White Nights (Shetland Book 2)

Cleeves, Ann

The Patchwork Bride
The Third Girl (LP)
Noise
The Lake Wobegon Virus
Braiding Sweetgrass
Monogamy
Secrets of Wallisford Hall (LP)
The Madness of Crowds
From Underdog to Winner
The Lager Queen of Minnesota
(LP)
Firewatching

Dallas, Sandra
Goddin, Nell
Kahneman, Daniel
Keillor, Garrison
Kimmerer, Robin Wall
Miller, Sue
Oster, C.G.
Penny, Louise
Pfitsch, John & Barbara Waite
Stradal, J. Ryan
Thomas, Russ

*LP=Large Print

Armchair Travels
in Mayflower's Kiesel Theatre
2:00pm on Tuesdays

October 12th

- The Making of the Series
- Bolivia, The Altiplano
- France, Burgundy Profoundly French

October 19th

- France, Dordogne & Bordeaux
- France, Dordogne
- Zambia, Bush Adventure

October 26th

- Zambia, River Adventure
- Switzerland, Christmas
- Czech Republic, Beyond Prague

While some construction is in process in the Kiesel Theatre,
Armchair Travels will meet in the J&B Bistro until further notice.

-Shane Estes, Armchair Travels Committee Chair

Movies Return to the Kiesel Theatre on Saturdays at 2pm

October 9th: *Lean on Me* (1972) True story of high school principal, Joe Clark, who armed himself with a bullhorn and Louisville Slugger



and slammed the door on losers at Eastside High in Paterson, New Jersey. Brought in to save the school, he chained the doors to keep troublemakers out and high-achievers, in. Some parents and teachers fought him, but many kids loved him. He turned the school around and his success became a national triumph. Morgan Freeman electrifies as Clark in an extraordinary performance as an extraordinary man. PG-13. 109 minutes.

October 16th: *Music of the Heart* (1999) Roberta Guaspari (Meryl Streep) overcame the skepticism of everyone who thought she should not be teaching violin lessons to students in a tough inner city neighborhood. But, even after a decade of every-growing popularity and countless success stories, Roberta and her students must rise to meet an even greater challenge- budget cuts aimed at shutting down her valuable program, for good. PG. 124 minutes.

October 23rd: *Marvin's Room* (2011) Seventeen years ago, fiercely independent Lee (Meryl Streep) left home and her kindhearted sister Bessie (Diane Keaton) to care for their father, Marvin. Now, Lee is returning with her teenage son (Leonardo DiCaprio) for a homecoming that's sure to upset the entire household. PG-12. 100 minutes.

October 30th: *Mary Poppins Returns* (2018) Now an adult with three children, bank teller Michael Banks learns that his house will be repossessed in five days unless he can pay back a loan. All cause seems lost when Michael and his sister receive a surprise visit of a lifetime when Mary Poppins- their beloved childhood nanny- arrives to save the day and take the Banks family on a magical, fun-filled adventure. Stars Emily Blunt, Lin-Manual Miranda, Dick Van Dyke, Meryl Streep. PG. 95 minutes.

October Poem

ORANGE

Autumn is the time for orange
At least so I've been told.
That cute orange pumpkin on the porch-
The orange moon so bold.

The trees shedding their orange leaves-
I weep that summer's been sold!

And winter's "white" will take center stage
Promising beauty in cold.

But not so fast! After Halloween,
There's still time for a little gold.

-Pasha Buck

Informer Submission Deadlines

- Submission deadline: October 15th for publication October 22nd.
- Submission deadline: October 29th for publication November 5th.
- Submission deadline: November 12th for publication November 19th.



[Submit here.](#)

Residents' Birthdays

Sandy Beyer on October 8th
Helen Lippincott & Ruth Robertson on October 9th
Carolyn Roubush on October 10th
Suzanne Redenius on October 12th
Judi Barber on October 16th
Nadine Brouwer on October 18th
Ginny Cameron & Laird Keever on October 19th
Dick Weeks on October 22nd
Doris Cline & Kathy Locey on October 24th

In Memoriam:

Lois Elaine Strickler
Birth: 08/27/1944
Passing: 09/29/2021

Find more of *The Informer* online [here!](#)



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**Mayflower
Information**



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