

The Informer

September 24th, 2021

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Bruce Kriegel Honored at GHS Football Game

Friday night, September 10th, was a special night for Grinnell's Bruce Kriegel at TT Cranny Field, home of the Grinnell High School football team. Bruce was involved in two very special awards.

In the "Battle of the Helmets," a trophy game between the Grinnell Tigers and the South Tama Trojans, Grinnell won 48-20. As a result, Grinnell High School retains the traveling trophy that honors Bruce's late father, long-time Grinnell coach, Steve Kriegel. The striking plaque is shown at the feet of Bruce in the accompanying photo (compliments of Kellie McGriff).

On the same night, Bruce was inducted into the Grinnell High School Hall of Fame as Team Manager. Bruce holds that plaque.

Bruce also serves as team manager for boys basketball, having held the team manager positions since his high schools days. The two teams have maintained a tradition of running behind Bruce onto the field and court for warm-ups.

In June of 2020, Bruce was honored for his 15 years of service in the Foodservices department of The Mayflower Community, a senior living and healthcare facility located adjacent to the south edge of downtown Grinnell. Bruce has been working weekday mornings in the Mayflower dining room since he was 16 years old.

Mayflower is fortunate to be associated with Bruce. He is the son of

Mayflower Residents Tailgate Party

Reminder: Mayflower Tailgate is tomorrow! Pre-reservations were required.



- When: Saturday, September 25, 2021
- What Time: 11:00am start. Serving until 12:30pm
- Where: Buckley Patio and Dining Room
- Menu:
 - Brats, Hamburgers, Nachos, Chicken Wings, Chips
 - Soft Drinks, Beer, Malt Cups
- Cost: \$8.00
- Dress: Please do so. We encourage you to support your favorite team (high school/college/pro/whatever) by wearing their insignia shirt, cap, button, banner, or bib.
- Fun: Sports trivia game to test your sports knowledge

-John and Dorothy Martinek and Fred and Patty Johnson, Residents

Guidance Available for Medicare Choices

Local SHIIP-SMP counselor and Mayflower resident, Kathy Szary is sharing information with you about the Medicare open enrollment period.



The Senior Health Insurance Information Program—Senior Medicare Patrol (SHIIP-SMP), a function of the State of Iowa Insurance Department trains counselors to provide Iowa senior citizens free of charge, current information about Medicare and Medicare Advantage drug coverage plans. Kathy has been providing this service to Grinnell-area residents for the last five years.

Between October 15th and December 7th, the “open enrollment period,” Medicare recipients may choose their drug coverage plan for

the coming year. Referred to as “Part D” of the original Medicare plan or Medicare Advantage, various options have differing coverage, premiums, co-payments, and deductibles.

The SHIIP-SMP counselors assist beneficiaries in determining which plan is best for them. Kathy says, “The program has a great track record for saving Iowans money and helping them with Medicare questions and problems. In 2019, the program saved Iowa Medicare beneficiaries more than 36 million dollars.”

To **schedule an appointment** to discuss your Medicare open enrollment options, please **call Kathy Szary at 641-990-8508 or email her at szarykathy@gmail.com**. Feel free to have a family member, caregiver, or friend accompany you. **Bring your Medicare card and prescription bottles** and wear a **mask**. Appointments are held on Mondays in the MRA Conference Room located in the Pearson building.

-Kathy Szary



UnLOCKIN the Power of Philanthropy

The Opportunities in Charitable Planning

The Gifts That Give Back

Today, I feature the opportunity you have to support Mayflower and other favorite organizations with a “life income gift.” This is a generic term for either a charitable gift annuity or a charitable remainder trust. These unique techniques provide you regular payments in return for your charitable gift, while qualifying you for an income tax deduction.

Thousands of life income gifts are completed in the United States each year, with creation of this instrument dating back to the mid-19th century. A life income gift, like any other, begins with your desire to support the charitable work of Mayflower Community. The most popular gift of this sort is the charitable gift annuity.

A charitable gift annuity is an agreement wherein Mayflower, in return for a gift of cash, marketable securities, or other assets, agrees to pay a fixed amount of money to one or two individuals (the annuitants) at regular intervals for their lifetime. Annuity payments

are fixed and unchanged for the term of the agreement.

A portion of each gift annuity payment is treated as a tax-free return of the gift, based on the annuitants' life expectancy. The contributed property is given irrevocably and becomes part of Mayflower's assets. Mayflower's requirement to make annuity payments is treated as a general debt obligation of the organization. Annuity payments continue for the life or lives of the annuitant(s) regardless of the investment returns experienced by Mayflower.

Why are life income gifts popular?

1. Opportunity to increase spendable income. Rates of return on cash accounts and other fixed-income investments have been low for many years. With a life income gift, rates of return are usually higher, often between 4% and 9%.
2. Opportunity to avoid capital gains taxation. Perhaps you have saved well but know converting securities, real estate, or other assets to spendable income will be subject to capital gains taxes. Life income gifts allow you to preserve your investments and receive annual payments based on their full fair market value.
3. A source of income payable to another person(s). If you support a parent, child, or someone else, a life income gift can provide a predictable source of funds at the same time you accomplish a generous gift to Mayflower.

It will be my pleasure to help you explore the benefits of a life income gift based on your personal circumstances.

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)

Sis and Dick Vogel and Kites Over Grinnell

On Saturday, September 25th, the Grinnell Rotary Club will be holding its annual "Kites Over Grinnell" event in Grinnell at Ahrens Park. It runs from 10:00am to 4:00pm, with a hot dog and chips lunch provided free by the Rotarians.

This year's event is dedicated to the memory of the late Dewey Meyer, Rotarian and Mayflower resident. It is free to the public and takes place in Ahrens Park on the east side of the GARC building, 1510 Penrose St in Grinnell. 28 professional kite flyers from around the country will fill the sky with their unique, colorful, and large kites.



They will be joined by local youth flying kites they have made and colored in elementary and middle school. Spectators are encouraged to bring lawn chairs and blankets from which to view the kites.

Kites Over Grinnell was introduced in 2002 by the late Rev. Dan Ogata, a retired local pastor and Mayflower resident who had a passion for flying. The Grinnell Kiwanis Club, of which Ogata was a member, sponsored the event for several years.

In 2006 Ogata invited Grinnellians Dick and Sis Vogel, who, as American Kitefliers Association (AKA) members, shared Dan's passion for kite flying, to help organize the annual event. Today, the Vogels are still actively involved in bringing the professional kite flyers to Grinnell.

Dick and Sis have been actively making and flying kites since 2002. Living in The Mayflower Community they pursue their art, building frames and sewing skins for their specialized kites. Then, they travel around the country, attending kite festivals and competitions.

In the spring of 2020, Dick and Sis were named Recipients of the American Kitefliers Association Robert Ingraham Award. The recognition "...is presented to kite flyers, who during their lifetime career in kiting, have exemplified outstanding volunteerism and service to the American Kitefliers Association and, who, in the true spirit of Robert Ingraham, have given unselfishly of their time to help the AKA and promote kiting in general." They are pictured in their Mayflower home with the plaque that was presented to them.

Dick and Sis own over 70 kites and travel around the country with a group of "kite people." When you tell them to "Go fly a kite," they

are likely to do so!

-Bob Mann, Sales & Marketing Director

Last Friday of the Month Wine and Cheese

Regular resident Wine and Cheese events are being planned for the last Friday afternoon of the month. The next one will be Friday, September 24th, 4:30 – 5:30pm, in the Buckley Dining Room. Assortment of wines along with cheese and cracker plates. Great conversation. No charge.



Bob Mann on behalf of Scott Gruhn, Director of Foodservices



The Flutist Returns

She plays flute in senior living communities for fun! Valerie Wedgeworth is a retired accountant from Des Moines. She was hosted in August and then again in early in September by the Community Life department at Mayflower to play for residents. Valerie “...has fun playing for senior living communities. The residents are so nice to play for, and it’s SO fun playing songs to bring back memories.” She has played flute off and on for almost 54 years.

Valerie will be back for another performance on Tuesday, September 28th, starting at 2:00pm in the Beebe Circle and then moving to the Health Center Courtyard.

-Bob Mann, Sales & Marketing Director

Dennis Perry Has Been Rescheduled

Country music singer and guitarist, Dennis Perry, will play two Mayflower outdoor performances: Thursday, September 30th, 3:00pm in the Beebe Circle and 3:45pm in the Health Center



Courtyard.

The Marshalltown area native has played guitar since his days in the Army after which he founded two bands: the “Western Tones” and the “Highway 30 Band.” He is in his 54th year of performing music.

*-Bob Mann on behalf of Leslie Jaworski,
Community Life Director*

Healthiest State Walk for Fun and Health

This year, the Iowa Healthiest State Walk is scheduled for Wednesday, October 6th. The Mayflower Community will not be organizing a separate walk for independent living residents, but will be arranging some walking in and around our Health Center and Beebe building, for residents living there.

We encourage Mayflower independent living residents to register for the walk and do the walking at a site of your choice or at Ahrens Park with other Grinnellians. Either way, we suggest that you register through Ahrens Park (see arrangements below).



-Leslie Jaworski, Community Life and Wellness Director

Hi everyone. Just wanted to let you know that Ahrens Park has registered to be an official site for the annual Iowa Healthiest State Walk on October 6th at 1:00p.m.

This year, we will be promoting the walk through social media, e-newsletters, press release, etc. Also, the Iowa Healthiest State Initiative is asking for all participants to register online prior to the event. You can register here at this link, which will provide more info about the walk at Ahrens Park. <http://www.iowahealthieststate.com/events/walk->

This walk is a free event and this year's theme is "Walk More. Connect More." Following a year of social distancing and disconnection, walking is a great way to re-connect while engaging in 30 minutes of physical activity. 30 minutes of walking should allow participants to walk a lap or two around the park, depending on the route people choose. We will be supplying bottled water and snacks for all who show up to the walk.

Please let me know if you would like more information or would like to discuss further. We want to make this an inclusive event for all!

Since 2018, the Healthiest State Annual Walk has also served as a kick-off to Healthiest State Month, happening throughout October. To learn more, visit <http://www.iowahealthieststate.com>

-Julie Gosselink, President & CEO of Claude W. & Dolly Ahrens Foundation

Zooming In Touch at Mayflower

On Friday, September 10th, two Mayflower residents "zoomed" with Cecelia Bagnoli, who was in her dorm room at the College of Wooster, Wooster, Ohio. Grinnell native Cecelia spent the summer working as a Community Life and Wellness coordinator in The Mayflower Community.



Having gotten to know Cecelia in that process, Kay Roberts and Alice Breemer reconnect with her virtually every Friday afternoon...to make sure that she is industriously pursuing her studies! It is not clear who has more enjoyment from this long-distance friendship. (Photos courtesy of Tracy Woolfolk, Mayflower Community Life and Wellness coordinator)

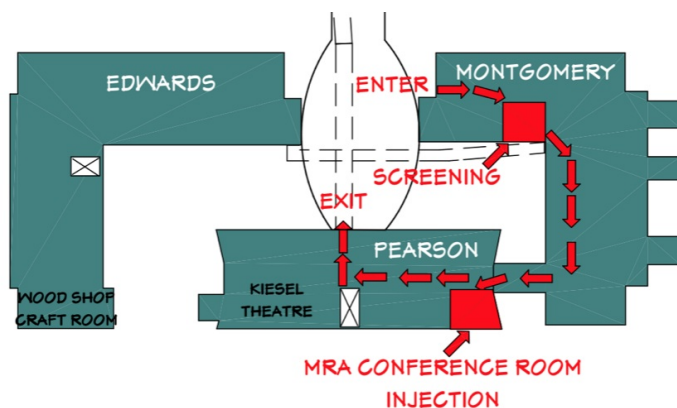
-Bob Mann, Sales & Marketing Director

Flu Shot Clinic

Time for flu shots. The Poweshiek County

Public Health department will be conducting a flu shot clinic at Mayflower for independent living residents.

- Thursday, September 30, 2021
- 10:00am – 1:00pm
- No appointment necessary. Residents will be served in the order in which you arrive.
- Bring your insurance card(s)



Access:

- Enter at the south Montgomery building door and proceed to the Montgomery Lounge. See attached map.
- You will be screened when your insurance cards are presented in the Lounge.
- You will then be directed to the MRA Conference Room in Pearson for your shot.
- You will then exit through the front doors of Pearson.

-Kellie McGriff, Associate Director/Administrator

YOU Could be Driving Mayflower Residents

Mayflower Community's "Lester the Bus" carries residents to various events and activities around Grinnell. For a number of years, volunteer drivers have been transporting folks between the Mayflower campus and other destinations, usually Grinnell College or local stores. Lester is an easy-to-drive, 13-passenger shuttle van.



As long as Lester the Bus is being driven by a qualified volunteer, there is no charge to riders. This is a great deal...IF we have drivers. Could that be you?

In order to volunteer to drive, all it takes is 1) a current driver's

license (CDL not required), 2) proof of vaccination for COVID-19 and flu or mask-wearing, 3) a physical and eye exam signed by a physician if you are older than 75, and 4) a records-check consent. Mayflower will provide the actual driving and vehicle training.

For more information, contact Rita McVey, Facilities Assistant (rmcvey@mayflowerhomes.com or 641-236-6151 x193).

-Bob Mann, Sales & Marketing Director

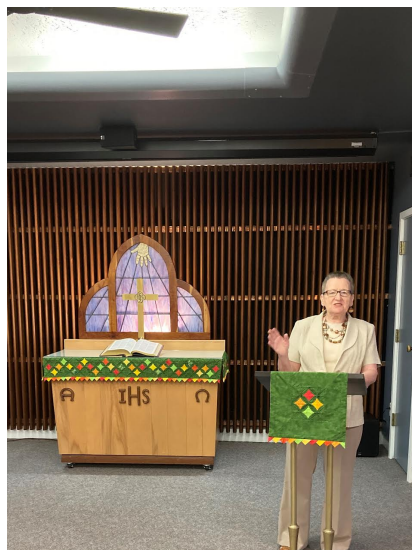
Printed Resident Pictorial Directory

Have you been wondering where the new printed pictorial directory of Mayflower residents is? Since we now have an online directory, we have decided to make printed copies available only by request.

Printing by request has two advantages. This will save money to print just the number currently needed. And, the directory frequently needs to be updated because new residents have moved in or current residents have changed locations within the campus. In the past, the printed version has sometimes been obsolete before it even got back from the printers! With the electronic version, we can print it directly from the website, which means it is always up to date.

If you want or need a printed version, please contact Mayflower's Receptionist in the Pearson office.

-MRA Information Resources Committee



Mayflower Chapel Services Will Again Be Offered

After a year-and-a-half hiatus, due to the pandemic, The Mayflower Community independent living residents are again conducting ecumenical worship services. Because the previous site of Chapel services, the Carman Center, is now being used exclusively for Health Center activities, the multi-purpose Kiesel Theatre in the Pearson building has been retrofitted

as the temporary Mayflower chapel.

Linda Myren, retired pastor and Mayflower resident, led the first new round of services on September 14th. Future worship services will be:

- Tuesday mornings
- 10:00 to 10:30am
- Kiesel Theatre

The worship leaders for upcoming services are:

- September 28th – Marilyn Schuler
- October 5th – Karen Phillips
- October 12th – Bob Anderson
- October 19th – Tommy Haas
- October 26th – Jack Mutti

Volunteer pianists, guitarists, or other musicians are needed. Please contact me if you are interested: Email jdnoer@gmail.com or call 712-420-1337.

-Dorothy Noer, Spiritual Life Committee Chair

Book List- Title

Author

<i>The Personal Librarian</i>	Benedict & Murray
<i>The Tuscan Child</i> (LP)	Bowen, Rhys
<i>Murder Comes Calling</i> (LP)	Challinor, C.S.
<i>Raven Black</i> (Shetland Book 1)	Cleeves, Ann
<i>White Nights</i> (Shetland Book 2)	Cleeves, Ann
<i>The Patchwork Bride</i>	Dallas, Sandra
<i>The Third Girl</i> (LP)	Goddin, Nell
<i>Noise</i>	Kahneman, Daniel
<i>The Lake Wobegon Virus</i>	Keillor, Garrison
<i>Braiding Sweetgrass</i>	Kimmerer, Robin Wall
<i>Monogamy</i>	Miller, Sue
<i>Secrets of Wallisford Hall</i> (LP)	Oster, C.G.
<i>The Madness of Crowds</i>	Penny, Louise
<i>From Underdog to Winner</i>	Pfitsch, John & Barbara Waite
<i>The Lager Queen of Minnesota</i> (LP)	Stradal, J. Ryan
<i>Firewatching</i>	Thomas, Russ

*LP=Large Print

Book Review #1: *The Shetland Series*, by Ann Cleeves

This summer the Mayflower Library has been the recipient of many generous donations, so many, that we decided to save some of the books to add to the October offerings. We have been delighted to receive several large print books and a complete set of the mystery series by Ann Cleeves set in the Shetland Islands. The Shetland detective, Jimmy Perez, is a favorite of many readers, and the first two books of this series are on offer this month.

The first of the mystery novels, *Raven Black*, begins with the discovery of the body of a teenage islander and the trauma of a small, secure community suddenly afraid and suspicious of their neighbors. The second book, *White Nights*, will also be available this month, and in coming months the rest of the books will appear on our shelves.

You may get away with reading this mystery series out of order, if you are in desperate need of a good read and book one is not available. There is also a British TV drama series based on these mysteries. The scenery is beautiful and the stories are captivating (especially if you can figure out how to turn on your closed captioning so that you get some help understanding the Shetland accents)

Book Review #2

If you like words, this is your book. Eley Williams' *The Liar's Dictionary* has much to teach its readers—we learn, for example, that 'mountweazel' refers to a made-up word purposefully included in dictionaries.

The protagonists of this novel are a young man and a young woman separated in time by a century but united in their work on *Swansbury's Encyclopedic Dictionary*. In the late 1800's, Winceworth, who lisps, scrutinizes the 'S' words in the multi-volumed publication; 100 years later, Mallory struggles to find and eliminate mountweazels in the yet-to-be published dictionary.

Words fly about in this novel—some funny, some clever, some puzzling. And the author wisely includes a pair of love stories for readers whose brains are spinning from word games.

Available Apartments and Patio Homes

Apartments	Size/Entrance Fee	Features
Buckley #320	592 sq.ft./\$51,750	1 BR, Vinyl wood floor plank, 2 exposures, East balcony
Buckley #110	592 sq.ft./\$53,245	1 BR, to-be remodeled, outside door, East-facing, 2 exposures
Buckley #201	681 sq.ft./\$63,750	2 BR, 2nd floor, 2 exposures, ample kitchen storage
Buckley #312 HOLD	365 sq.ft.	Studio, completely remodeled, luxury vinyl wood flooring, East balcony
Montgomery #4 HOLD	1,214 sq.ft	2 BR, to-be remodeled Secret Garden door
Harwich Terrace Patio Homes		
630 Park St. SOLD	1,274 sq.ft	2 BR/2 BA, new flooring, full basement, large backyard
711 Park St. SOLD	1,425 sq.ft.	2 BR/2 BA, sun room, open kitchen, engineered wood flooring

Mayflower's Kiesel Theatre

September 28th

- France, Carsassonne & Pyrenees
- U.S., Illinois, Springfield
- Thailand, Bangkok

October 5th

- Spain, Castille, Toledo, & Salamanca
- Austria, Salzburg & Surroundings
- Thailand, Islands & Festivals

October 12th

- The Making of the Series
- Bolivia, The Altiplano
- France, Burgundy Profoundly French

October 19th

- France, Dordogne & Bordeaux
- France, Dordogne
- Zambia, Bush Adventure

October 26th

- Zambia, River Adventure
- Switzerland, Christmas
- Czech Republic, Beyond Prague

While some construction is in process in the Kiesel Theatre, Armchair Travels will meet in the J&B Bistro until further notice.

-Shane Estes, Armchair Travels Committee Chair

Movies Return to the Kiesel Theatre on Saturdays at 2pm

September 25th: *The Queen*- (2006) Biographical drama that depicts the death of Princess Diana of Wales. Initially, the family treated her death as a private affair, but Prince Charles (husband) and Tony Blair (Prime Minister) understood the need for a public expression of grief. (PG-13, 103 minutes)

October 2nd: *Field of Dreams*- (1989) "If you build it, he will come." With these words, Iowa farmer, Ray Kinsella (Kevin Costner), is inspired by a voice he cannot ignore to pursue a dream he can barely believe. Supported by his wife Annie (Amy Madigan), Ray begins the



quest by turning his ordinary cornfield into a place where dreams come true. Along the way, he meets reclusive activist Terrance Mann (James Earl Jones), the mysterious "Doc" Graham (Burt Lancaster), and even the legendary "Shoeless Joe" (Ray Liotta). A heartwarming experience that has moved critics and audiences like no other of this generation. *Field of Dreams* is a glowing tribute to all those who dare to dream. PG. 105 minutes. Subtitles.

October 9th: *Lean on Me*- (1972) True story of high school principal, Joe Clark, who armed himself with a bullhorn and Louisville Slugger and slammed the door on losers at Eastside High in Paterson, New Jersey. Brought in to save the school, he chained the doors to keep troublemakers out and high-achievers, in. Some parents and teachers fought him, but many kids loved him. He turned the school around and his success became a national triumph. Morgan Freeman electrifies as Clark in an extraordinary performance as an extraordinary man. PG-13. 109 minutes.

Informer Submission Deadlines

- Submission deadline: October 1st for publication October 8th.
- Submission deadline: October 15th for publication October 22nd.
- Submission deadline: October 29th for publication November 5th.



[Submit here.](#)

Residents' Birthdays

Robin Estes on September 24th
Janann Swann on September 26th
Shane Estes on September 27th
Darwin Kinne on September 30th
Dwight George on October 1st- **TURNING 100!**
Lyle Kuehl on October 4th
Nancy Agnew & Nancy Guenther on October 5th
Sandy Beyer on October 8th
Helen Lippincott & Ruth Robertson on October 9th

Carolyn Roubush on October 10th

Correction: We apologize to Betty Anne Francis as we listed her birthday in the last edition of *The Informer* as being in September. It is actually December 24th. (So, if you gave her a birthday card, see if she will just change the date on it to Christmas Eve!)

Find more of *The Informer* online [here!](#)



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**Mayflower
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