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The Informer

September 10th, 2021 Visit us on Facebook!

Mayflower Residents Tailgate Party

Tis the Season....Join us for a Tailgate Party for Mayflower residents!

- When: Saturday, September 25, 2021
- What Time: 11:00am start. Serving until 12:30pm
- Where: Buckley Patio and Dining Room
- Menu:
 - Brats, Hamburgers, Nachos, Chicken Wings, Chips
 - Soft Drinks, Beer, Malt Cups
- Cost: \$8.00
- Dress: Please do so. We encourage you to support your favorite team (high school/college/pro/whatever) by wearing their insignia shirt, cap, button, banner, or bib.
- Fun: Sports trivia game to test your sports knowledge

Reservations: Email sgruhn@mayflowerhomes.com or call Buckley kitchen (641-236-6151 x216). Deadline: Tuesday, September 21St, 12:00noon.

-John and Dorothy Martinek and Fred and Patty Johnson, Residents





On Wednesday, September 1st, residents of The Mayflower Community popped into a "Pop-Up Party" on the west lawn of the Edwards building. "Pop-up?" That's a concept developed by the Social Committee of the Mayflower Residents Association. It means just stop

on by and enjoy some snacks and conversation.

The snacks consisted of pretzels and lemonade and iced tea. The activity included bocce ball, Ladder Toss®, corn hole toss, and brainstumpers. Oh, yes; there was a *little* conversation among the 40 or so who attended.

The event was planned and staged by residents John and Dorothy Noer, Linda Myren, and Karen Packard with assistance from Mayflower's Foodservices department.

So, what else exciting is going to happen? Well, Mayflower has reinstituted the last-Friday-of-the-Month resident wine and cheese gatherings. Conversations. A variety of wines and non-alcoholic bubbly plus cheese and cracker plates.

Oh, yes. There is the Saturday, September 25th "Tailgate Party" for barbeque and fixins in the Buckley Courtyard that will precede the afternoon's televised football games. Food and conversation...We know how to do it at Mayflower!

-Bob Mann, Sales & Marketing Director

2021 Homecoming Parade

The Grinnell-Newburg High School Homecoming Parade is coming back!



On Thursday, September 23rd, the Homecoming Parade will be sponsored by the Grinnell-Newburg Dollars for Scholars and Grinnell Area Chamber of Commerce. The parade begins at 5:30pm.

The route will again take place at downtown Grinnell, with lineup being held on 4th Avenue & Park Street. The route will head north on Broad Street, west on 5th Avenue, south on Main and east on 4th Avenue.

After the parade, a pep rally will follow in Central Park at approximately 6pm. Following that, the Grinnell Tigers football team will take on the Washington Demons at 7:30pm.

If you're free, join the Grinnell community in this year's homecoming festivities. Go Tigers!

-Temesha Derby, taken from GACC website



UnLOCKIN the Power of Philanthropy The Opportunities in Charitable Planning

It is no secret that Mayflower and other charitable organizations like it when we contribute cash. Our gift is deposited and immediately available for the important work of the organization. From the donor's standpoint, charitable giving is easiest

when we write a check or authorize a cash transfer. For all involved, "cash is good."

It is also not a secret that this column is an invitation to a charitable planning conversation. Charitable planning can provide you emotional and financial benefits that make "good" giving even better. Please consider the following and let me be of assistance if you have an "Aha!" moment.

Give with assurance.

Sound charitable planning will not compromise your requirement for lifetime income or for the gifts and inheritances you want to leave family members. Ironically, some charitable plans can create more spendable income for you or a family member. Other charitable plans are designed to take effect only if you have achieved your financial goals for family and self.

Give when it is best for you.

Several plans allow you to give at the opportune time for both you and for Mayflower and other organizations. Greater tax savings are yours with these plans.

Give the "right" assets.

In other words, explore alternatives to giving cash. First, consider giving "taxable assets" to charity and keeping "non-taxable" assets for you or family members. Individual retirement accounts and appreciated securities are the most common "taxable assets" used in charitable giving. Giving "taxable assets" creates larger tax savings for yourself, allowing you to make the same size gift but keep more within your family.

Plan when you are not being asked for a gift.

It is ideal to engage in charitable planning aside from any request by a specific organization. Bring your charitable priorities to the table along with family and personal financial goals. There is significant satisfaction to be gained in a comprehensive plan that addresses all your wants and needs.

Please let me hear from you. I will encourage you along the way.

Doug Lockin (515.210.6603 or **dlockin@mayflowerhomes.com**)

Last Friday of the Month Wine and Cheese

Regular resident Wine and Cheese events are being planned for the last Friday afternoon of the month. The next one will be Friday, September 24th, 4:30 – 5:30pm, in the Buckley Dining Room. Assortment of wines along with cheese and cracker plates. Great conversation. No charge.



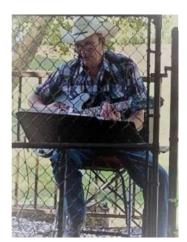
Bob Mann on behalf of Scott Gruhn, Director of Foodservices

Too Many String Band Is Never Too Many for Mayflower!



On Friday, September 3rd, under foreboding and sometimes sprinkling skies, Grinnell's own Too Many String Band played Mayflower...outside in the Beebe Circle. Residents Sig Barber and Sandy and Betty Moffett were joined by Wait-Lister Bob Cadmus and Mark Laver to entertain hardy residents. The group is a gift to Mayflower and to the Grinnell community.

-Bob Mann, Sales & Marketing Director



Dennis Perry Will Be Back to Perform

Country music singer and guitarist, Dennis Perry, will return to Mayflower for two outdoor performances: Wednesday, September 16th, 3:00pm in the Beebe Circle and 3:45pm in the Health Center Courtyard.

The Marshalltown area native has played guitar since his days in the Army after which he

founded two bands: the "Western Tones" and the "Highway 30 Band." He is in his 54th year of performing music.

-Bob Mann on behalf of Leslie Jaworski, Community Life Director

Music Performance

Tom and Theresa Anderson, Treasured Music, will be performing on Tuesday, September 21St:

- Beebe Circle 9:45am
- Health Center Courtyard 11:00am

The couple are from Lynnville. They sing the oldies, specifically the 50's, 60's, and 70's, plus gospel. Tom is self-taught on the guitar, having started at age 14. Married 15 years, they enjoy performing in churches and senior living communities.



The program is brought to you by Mayflower's Community Life department.

Retiring "Early?"

According to new data from the New York Federal Reserve, Americans say it's increasingly unlikely that they'll work late into their 6os. The collection of responders expecting to work past 62, dropped to 50.1% in July's labor-market survey, whereas just last year that percentage was 51.9%.

The change in early retirement awareness comes from the pandemic as well as other factors, such as the desire for travel as well as moving towards more progressive workforce expectations.

More than 1 million older Americans have left the labor market since March 2020, by choice and unfortunately, by employer requests. However, due to the influx of financial payouts and heftier financial markets, a larger nest egg has been available for many seniors.

-Temesha Derby, info from **Bloomberg**

YOU Could be Driving Mayflower Residents

Mayflower Community's "Lester the Bus" carries residents to various events and activities around Grinnell. For a number of years, volunteer drivers have been transporting folks between the Mayflower campus and other destinations, usually Grinnell



College or local stores. Lester is an easy-to-drive, 13-passenger shuttle van.

As long as Lester the Bus is being driven by a qualified volunteer, there is no charge to riders. This is a great deal...IF we have drivers. Could that be you?

In order to volunteer to drive, all it takes is 1)a current driver's license (CDL not required), 2)proof of vaccination for COVID-19 and flu or mask-wearing, 3)a physical and eye exam signed by a physician if you are older than 75, and 4)a records-check consent. Mayflower will provide the actual driving and vehicle training.

For more information, contact Rita McVey, Facilities Assistant (rmcvey@mayflowerhomes.com or 641-236-6151 x193.

-Bob Mann, Sales & Marketing Director

Worship

Mayflower Chapel Services Will Again Be Offered

The Spiritual Life Committee of the Mayflower Residents Association will again be conducting weekly Chapel Services. At this time, three are scheduled from 10:00 to 10:30am in the Kiesel Theatre on Tuesday mornings. They will offer some form of prayer and music with a message delivered by a guest worship leader.

The scheduled services are:

- · September 14th Rev. Linda Myren
- · September 21St Rev. Pasha Buck
- · September 28th Marilyn Schuler

Volunteer pianists, guitarists, or other musicians are needed. The following residents will play piano for the initial chapel services:

- Dot Anderson
- · Gail Greenwald
- Joyce Wubbels

-Dorothy Noer, Spiritual Life Committee Chair

Book List- Title Author

A Long Petal of the Sea
Hour of the Witch (LP)
The Yellow House
Nipped in the Bud
The Night Watchman (LP)
Old Baggage
The Woman in the Window (LP)
Reunion Beach (LP)
The Crossing Place (Bk 1)
The Janus Stone (Bk 2)
The House at Sea's End (Bk 3)

Allendale, Isabelle
Bohjalian, Chris
Broom, Sarah
Connolly, Sheila
Erdrich, Louise
Evans, Lissa
Finn, A.J.
Frank, Dorthea
Griffiths, Elly (all 9 books)

A Dying Fall (Bk 4) *A Room Full of Bones* (Bk 5) The Outcast Dead (Bk 6) The Ghost Fields (Bk 7) *The Woman in Blue* (Bk 8) The Chalk Fields (Bk 9) Then She was Gone (LP) Transient Desires Let the Great World Spin The Bookshop of Yesterdays The Cactus League Mistreated Behave The Invisible Life of Addie Larue Eternal (LP) *Great Circle* (LP) *Major Pettigrew's Last Stand* (LP) The Light Between Oceans

First, Sandra Day O'Connor

Jewell, Lisa Leon, Donna McCann, Colum Meyerson, Amy Nemens, Emily Pearl, Robert Sapolsky, Robert Schwab, V. E. Scottoline, Lisa Shipstead, Maggie Simonson, Helen Stedman, M.L. Thomas, Evan

Book Review

If you like words, this is your book. Eley Williams' *The Liar's Dictionary* has much to teach its readers—we learn, for example, that 'mountweazel' refers to a made-up word purposefully included in dictionaries.

The protagonists of this novel are a young man and a young woman separated in time by a century but united in their work on *Swansbury's Encyclopedic Dictionary*. In the late 1800's, Winceworth, who lisps, scrutinizes the 'S' words in the multi-volumed publication; 100 years later, Mallory struggles to find and eliminate mountweazels in the yet-to-be published dictionary.

Words fly about in this novel—some funny, some clever, some puzzling. And the author wisely includes a pair of love stories for readers whose brains are spinning from word games.

-MRA Committee Member



On August 23rd, Grinnell College student, Carolina Klauck Novaes, shared information about her home country Brazil with The Mayflower Community residents in Beebe Assisted Living and Health Center. The accompanying photo is courtesy of Community Life and Wellness Coordinator, Tracy Woolfolk, who organized the program.

Carolina's home is Porto Alegre, shown in the map in the southern part of Brazil. Roughly translated it means, "Happy Port." Growing up, she spent much time with her grandparents in their 1920's home and store. The store, with its array of antiques, was used often for filming of Brazilian movies.

In Brazil, there is a strong German influence, especially in architecture. With her family being German immigrants, Carolina has chosen to major in German at Grinnell College.

Carolina shared slides of market places, Samba music and dancing, a Brazilian cowboy, weekend barbeques (specializing in skewers), and the lavender growing along the Romantic Route.

One of her slides depicted a special tea that no one drinks alone. Prior to the pandemic, Brazilians shared the drink from a common straw. Now, they have their own cups, but still drink with company.

Bob Mann, Sales & Marketing Director

A Month of Virtual Travels in Mayflower's Kiesel Theatre

September 14th

- Italy, Milan, and Lake Como
- Mongolia
- Italy, Tuscany

September 21st

- Italy, Hill Towns
- Iceland
- U.S., Hawaii, Kilauea



• Austria, Vienna

September 28th

- France, Carsassonne & Pyrenees
- U.S., Illinois, Springfield
- Thailand, Bangkok

While some construction is in process in the Kiesel Theatre, Armchair Travels will meet in the J&B Bistro until further notice.

-Shane Estes, Armchair Travels Committee Chair

Movies Return to the Kiesel Theatre on Saturdays at 2pm

September 11th (2002): My Big Fat Greek Wedding- Romantic comedy about a middle-class Greek American woman who falls in love with an upper-class White Anglo-Saxon Protestant (PG, 103 minutes)

September 18th (2001): *The War Bride*- Based on a true story taking place during WWII. Lily and Sophie are two young seamstress women in the East End of London during the Blitz. They meet and marry Canadian servicemen, who are shipped off to the front. The two women receive letters from the Canadian Embassy to move in with their in-laws. (NR, 111 minutes)

September 25th (2006): *The Queen*- Biographical drama that depicts the death of Princess Diana of Wales. Initially, the family treated her death as a private affair, but Prince Charles (husband) and Tony Blair (Prime Minister) understood the need for a public expression of grief. (PG-13, 103 minutes)



Flutist Plays at Mayflower...For Fun!

Valerie Wedgeworth, a retired accountant from Des Moines, was recently hosted by the Community Life department at Mayflower to play flute for residents. She says that she "... has fun playing for senior living communities. The residents are so nice to play for, and it's SO fun playing songs to bring back memories.

Valerie has played flute off and on for almost 54 years.

-Bob Mann, Sales & Marketing Director

Mayflower Keeps Residents Informed

On Thursday, August 26th, business managers of The Mayflower
Community met with healthcare residents to discuss "Financial Matters." Chief Financial Officer, Pam Vosburg, and Accounting Specialist, Denise Smith, addressed a majority gathering of Beebe Assisted Living residents.



Topics included sources of payment, services available, special charges and fees, meal arrangements (all campus dining room meals and snacks are included in the Beebe monthly fee), assistance with financial affairs, and other related matters.

The presentation and question-and-answer time were organized and moderated by Leslie Jaworski, Mayflower's Community Life and Wellness Director.

-Bob Mann, Sales & Marketing Director

Informer Submission Deadlines

- Submission deadline: 17th for publication September 24th.
- Submission deadline: October 1st for publication October 8th.



• Submission deadline: October 15th for publication October 22nd.

Submit here.

Residents' Birthdays

Nancy Brown on September 12th
Harry Bolton & Dorothy Inouye on September 15th
Laila Ulm on September 16th
Gordon Van Donselaar, Mary Gray, Betty Anne Francis, Arloene
Yungclas on September 17th
Dorothy Delk, Kay Roberts, Gene Wubbels on September 21st
Pam Gruhn on September 22nd
Kent McClleland on September 23rd
Robin Estes on September 24th
Janann Swann on September 26th
Shane Estes on September 27th

Find more of *The Informer* online here!



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Mayflower Information



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