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The Informer

August 27th, 2021
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September Pop-Up Party at Mayflower



Pop in to the pop-up party on Wednesday, September 1st between 3:30 and 5:00pm! “Pop-up?” That’s a concept developed by the Social Committee of the Mayflower Residents Association. It means just stop on by and enjoy some snacks and conversation.

This next one will be held in the shade on the west side of the Edwards building (northeast corner of 1st Avenue and Broad Street). The snacks will consist of pretzels and lemonade and iced tea. They will be served next to the front entrance walk, so that you can approach with a walker or wheel chair.

There may be yard games and activities. But, for sure, there will be great Mayflower conversation.

If the weather does not cooperate, the event will be canceled, with the decision being made that afternoon.

-Dorothy Noer, MRA Social Committee

Mayflower Outdoor Fun and Food

On Wednesday, August 18th, a group of Mayflower Community residents enjoyed



lawn games, conversation, and special foods in the Watertower Square Jewel Garden and open space. The Mayflower Residents Association-sponsored event was organized by task force members Shelia Gause and Iann Veldhuizen.

Residents tested their skills at horseshoes, corn hole, ladder toss, bocce ball, and croquet. In addition, they were treated to Mayflower-prepared snacks and drinks, including popcorn, peanuts in the shell, seedless watermelon, pretzel sticks coated with bacon-bits-covered chocolate, funnel

cake, and Italian ice.

In case you are curious, water ice, better known as Italian ice, is an iconic summer treat first served in the Philadelphia area. It's a frozen treat made from water, sugar, and some sort of flavoring, usually fruit. It is firmer than a slushy, softer than sorbet, and smoother than granita.

Talk about fun in the sun!

-Bob Mann, Sales & Marketing Director



The Farnum Family Plays to an Appreciative Mayflower Community Crowd

On Friday, August 20th, six members of the Farnum Family, an instrumental and vocal group from Galena, Missouri, played for two gatherings in The Mayflower Community. The first performance was in the Beebe Circle for Beebe Assisted Living and independent living residents. Then, they moved to the Health Center Courtyard to play for residents there.

Having “graduated” two older sons from the band, the Farnum Family, is composed of father Norm (banjo), mother Tricia (pennywhistle and keyboards), Benjamin (guitar), Hannah (fiddle), Maggie (upright bass) and Mathew (mandolin). All sing.

The family band from the heart of the Ozarks, has been playing a mix of bluegrass, country, folk, gospel, Irish, and Western music since the kids were little. Three of the children began their instrumental

training when they were just six years old. The family plays many venues in the Midwest. They are completing a tour of Iowa stops after a performance trip to Colorado.

This was the Farnum Family's fourth performance at Mayflower, the first since the pandemic. They were enthusiastically welcomed back. Included in the crowd was six-week old James Schubert, grandson of Beebe resident, Kay Roberts. Ironically, Kay had just welcomed to town her oldest granddaughter from Colorado who is starting her first year at Grinnell College.

Here is the [Farnum Family website](#).

-Bob Mann, Sales & Marketing Director

More Too Many String Band

They're coming back! On Friday, September 3rd, Grinnell's renowned Too Many String Band will play the "split gig" at Mayflower—2:00pm in the Beebe Circle and 3:30pm in the Health Center Courtyard.

Having performed a number of times at Mayflower, the group is highly sought-after for their home-style original and favorites music. Included in the group are Mayflower residents, Sig Barber and Sandy and Betty Moffett. Bob Cadmus, Mayflower Wait-List member is also part of the group.



What is the source of the name? According to Sandy in a recent Grinnell College "Scarlet and Black" interview, "We're often referred to as Too Many Strings, but we want to refer to ourselves as a string band. So, it's the Too Many String Band. I think it started as just kind of a once-every-other-week-get-together-and-sing-along-with-each-other. I do pin most of this as happening sort of around 1996 or so that we started actually playing."

"We play at the Mayflower, which we enjoy a lot because there's an enthusiastic group there, and they're quiet and they pay attention. One thing I'm happy about is that we don't get paid for any of this kind of stuff. We've played at weddings; we've played at funerals; we've played for a Red Cross fundraiser once. We do ad hoc

performances on [Grinnell College] campus, maybe two, three times a year depending on who wants to have us. We also like reunions.”

So, come enjoy. (You do not have to “be quiet” in your “wahooing” and applause!)

-Bob Mann on behalf of Leslie Jaworski, Mayflower Community Life and Wellness Director



UnLOCKIN the Power of Philanthropy

When and What

We give because we care about the charitable work performed by not-for-profit organizations. All gift planning can be broken down to decisions you make about “WHEN to give” and “WHAT to give.”

Focusing on the “when and what” of giving will help you complete a successful charitable plan. To start, consider the three primary reasons for gift planning:

- Personal satisfaction – The intangibles you gain as a giver
- Tax savings
- The “extra” you keep for yourself and your family
- The ability to give more – The amount subject to your resources and desires

Next, consider these questions about WHEN to give:

- At what point will my gift save the most on taxes?
 - This year or next?
 - During my lifetime or in my estate plan?
- What are the personal and family implications of my giving?
 - How will a lifetime gift affect my standard of living?
 - How will an estate gift influence the inheritances I want to leave children or others?

Now, consider WHAT to give based on these questions:

Should I give cash or other assets? Even though the majority of our assets is non-cash, we tend to give cash during our lifetimes. Is there a better alternative to cash?

Here is an important tip: Give taxable assets to charity. This includes Individual Retirement Accounts and other qualified retirement plans as well as appreciated stocks, bonds, mutual funds, or real estate. Why are these assets preferred to cash giving? Your heirs must pay taxes to use these assets, whereas Mayflower and

other tax-exempt organizations can receive and use or sell without paying income tax on them.

As an example, Ted wants to make one-time gifts of \$20,000 each to two favorite organizations. Ted has already made his “when” decisions, based on “affordability” and “tax savings.” Ted decided that making these gifts during his lifetime will not impair his future standard of living or the inheritances he wishes to leave his four children. Ted learned that his gifts will save taxes only if they are made during his lifetime.

Now, Ted is focused on his “what” choices. His taxable assets include an investment portfolio of various stocks and mutual funds that have appreciated in value. He and his investment advisor will select a combination of securities valued at \$40,000 that can easily be transferred directly to his two favorite organizations.

Ted has completed his “when and what” planning. It will be a pleasure to hear about your charitable priorities and to help you discover the best “when and what” path ahead of you. As always, my time is yours without cost or any obligation.

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)



Dog Visits at Mayflower

On Monday, August 23rd, The Mayflower Community hosted three dogs in training to become service dogs. Defined by **Title II** and **Title III** of the Americans with Disabilities Act, a service animal is any dog that is individually trained to do work or perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability.

Iowa Service Dogs is a not-for-profit organization based in West Des Moines. Director Kari Marshall organized the Mayflower visit of three dogs and their “puppy guardians.” Mayflower Housekeeper Renee Gibson, a service dog guardian, whose idea this was, joined two other guardians and their dogs. The Community Life and Wellness staff, Leslie Jaworski and Tracy Woolfolk, assisted with the logistics as intern Elena Li continued her emphasis on Pet Therapy.

Visitors included Abigail Feng and Doc and Jan Moore and Smitty. The dogs along with Renee's dog Murphy, are in training to become service dogs. Upon graduation, they will be assigned to injured veterans or first responders.

Abigail, Doc, Elena, Deena Wellborn, Murphy, and Renee are pictured.

A service dog is considered a medical device assigned to a person with a disability in order to mitigate the handler's capacity deficit. The dog lives with the handler day and night.

The handler must commit to attending mandatory training before and after graduation to include six months of pre-training; a two-week "Warrior Training" clinic in West Des Moines after the match; and periodic refresher training after assignment.

Puppy guardians commit to raising and training a puppy for approximately two years. They take the puppy to weekly classes and field training trips. In addition, they are responsible for completing homework assignments and training objectives assigned by their trainer.

-Bob Mann, Sales & Marketing Director

Music Performance

Tom and Theresa Anderson, Treasured Music, will be performing on Tuesday, September 21st:

- Beebe Circle – 9:45am
- Health Center Courtyard – 11:00am

The couple are from Lynnville. They sing the oldies, specifically the 50's, 60's, and 70's, plus gospel. Tom is self-taught on the guitar, having started at age 14. Married 15 years, they enjoy performing in churches and senior living communities.



The program is brought to you by Mayflower's Community Life department.

**Mayflower Chapel Services Will Again
Be Offered**

Worship

The Spiritual Life Committee of the Mayflower Residents Association will again be conducting weekly Chapel Services. At this time, three are scheduled from 10:00 to 10:30am in the Kiesel Theatre on Tuesday mornings. They will offer some form of prayer and music with a message delivered by a guest worship leader.

The scheduled services are:

- September 14th – Rev. Linda Myren
- September 21st – Rev. Pasha Buck
- September 28th – Marilyn Schubert

Volunteer pianists, guitarists, or other musicians are needed. The following residents will play piano for the initial chapel services:

- Dot Anderson
- Gail Greenwald
- Joyce Wubbels

-Dorothy Noer, Spiritual Life Committee Chair



Announcing: THE DELAYED RELEASE OF SPRING 2021 ISSUE of

Rootstalk: A Prairie Journal of Culture, Science and the Arts

When the pandemic shut down Grinnell College's campus, it threw our publishing schedule into disarray. We kept plugging remotely, though, and were able to release our Fall 2020 issue (Volume VII, Issue 1) a month ago. Now the Spring 2021 issue (Volume VII, Issue 2) is live on our **brand-new website**. Please pay us a visit online at rootstalk.grinnell.edu/volume-vii-issue-1 to explore the sounds, sights, people, history, ideas and culture that make the fabric of our prairie region

Highlights of Volume VII, Issue 2 include:

- An interview with Betsy Bower about the challenges of developing as an LGBTQ artist in Casper, Wyoming
- The art photography of David Ottenstein on the Canadian prairies
- An essay by Jason Ross showing how a 75-year-old murder throws light on the history of physical and mental abuse in Iowa's State

Training School for Boys

Book List- Title

Author

<i>A Long Petal of the Sea</i>	Allendale, Isabelle
<i>Hour of the Witch</i> (LP)	Bohjalian, Chris
<i>The Yellow House</i>	Broom, Sarah
<i>Nipped in the Bud</i>	Connolly, Sheila
<i>The Night Watchman</i> (LP)	Erdrich, Louise
<i>Old Baggage</i>	Evans, Lissa
<i>The Woman in the Window</i> (LP)	Finn, A.J.
<i>Reunion Beach</i> (LP)	Frank, Dortha
<i>The Crossing Place</i> (Bk 1)	Griffiths, Elly (all 9 books)
<i>The Janus Stone</i> (Bk 2)	
<i>The House at Sea's End</i> (Bk 3)	
<i>A Dying Fall</i> (Bk 4)	
<i>A Room Full of Bones</i> (Bk 5)	
<i>The Outcast Dead</i> (Bk 6)	
<i>The Ghost Fields</i> (Bk 7)	
<i>The Woman in Blue</i> (Bk 8)	
<i>The Chalk Fields</i> (Bk 9)	
<i>Then She was Gone</i> (LP)	Jewell, Lisa
<i>Transient Desires</i>	Leon, Donna
<i>Let the Great World Spin</i>	McCann, Colum
<i>The Bookshop of Yesterdays</i>	Meyerson, Amy
<i>The Cactus League</i>	Nemens, Emily
<i>Mistreated</i>	Pearl, Robert
<i>Behave</i>	Sapolsky, Robert
<i>The Invisible Life of Addie Larue</i>	Schwab, V. E.
<i>Eternal</i> (LP)	Scottoline, Lisa
<i>Great Circle</i> (LP)	Shipstead, Maggie
<i>Major Pettigrew's Last Stand</i> (LP)	Simonson, Helen
<i>The Light Between Oceans</i>	Stedman, M.L.
<i>First, Sandra Day O'Connor</i>	Thomas, Evan

Treasure Chest Call for Exhibits

The Mayflower Residents Association Treasure Chest Committee is asking for your assistance. Personal collections are displayed a month at a time. The current Pearson lobby



display is Karen Packard's cookie cutter collection.

We are asking you to think of the Treasure Chest and let the Committee know about your collections. Do you have foreign objects, antiques, or collections of anything that you treasure? We do not want to see the glass cabinet empty. You and a friend can even share a collection. We have appreciated all those who have shared in the past. If you think you might have something to share, please call a member of the Committee: Sue

Drake, Jan Peak, Doug Cameron, or Karen Packard.

Thank you.

-The Treasurer Chest Committee

A Month of Virtual Travels in Mayflower's Kiesel Theatre

August 31st

- England, Liverpool & North Wales
- Bhutan & Nepal
- Scotland, Edinburgh

September 7th

- Brave
- Turkey, The Turquoise Coast
- Italy, The Amalfi Coast

September 14th

- Italy, Milan, and Lake Como
- Mongolia
- Italy, Tuscany

September 21st

- Italy, Hill Towns
- Iceland
- U.S., Hawaii, Kilauea
- Austria, Vienna

September 28th

- France, Carsassonne & Pyrenees
- U.S., Illinois, Springfield
- Thailand, Bangkok



Movies Return to the Kiesel Theatre on Saturdays at 2pm

September 11th (2002): *My Big Fat Greek Wedding*- Romantic comedy about a middle-class Greek American woman who falls in love with an upper-class White Anglo-Saxon Protestant (PG, 103 minutes)

September 18th (2001): *The War Bride*- Based on a true story taking place during WWII. Lily and Sophie are two young seamstress women in the East End of London during the Blitz. They meet and marry Canadian servicemen, who are shipped off to the front. The two women receive letters from the Canadian Embassy to move in with their in-laws. (NR, 111 minutes)

September 25th (2006): *The Queen*- Biographical drama that depicts the death of Princess Diana of Wales. Initially, the family treated her death as a private affair, but Prince Charles (husband) and Tony Blair (Prime Minister) understood the need for a public expression of grief. (PG-13, 103 minutes)



Mayflower Summer Intern Describes China Trip

Recently, Elena Li, summer intern in The Mayflower Community, presented her experience in China to gatherings of residents in Beebe Assisted Living and in the Health Center. The event was hosted by Mayflower's Community Life and Wellness staff.

Elena, a native of China, described facets of her high school career in Beaver Dam, Wisconsin, where she participated in cross country, soccer and choir.

Elena is pictured wearing a traditional-style Chinese dress made by her mother's aunt.

To enhance the experience, Jacob Staroska, Mayflower's Foodservices Supervisor, prepared a number of special Chinese treats for residents, including steamed pork buns and caramel-glazed cherries. Elena

enjoys this snack because, “It is sweet on the outside and a little sour inside.”

Just one more “taste” of the rest of the world for Mayflower residents.

-Bob Mann, Sales & Marketing Director

Learning to Rest on the Sabbath

Resident Pasha Buck will lead a three-week class on “Learning to Rest on the Sabbath” to begin September 12, Sunday, 9:30-10:00am in the Buckley Hall Third Floor Lounge which has been reserved for those three Sundays. The specific focus of the class will be “Seven Simple Steps for Coping with Stress.”

One of the drawbacks to learning to “rest” is that we continue to hold onto what makes us anxious and worried. Since this is really a spiritual issue, as well as a physical and emotional one, we will look at all the opportunities this gives us to really “Keep the Sabbath.”

Available Apartments & Patio Homes (as of August 13th, 2021)

Apartments:	Size/Entrance Fee
Buckley #312	365 sq. ft./\$34,750
Buckley #201	681 sq. ft./\$63,750
Buckley #320	592 sq. ft./\$51,750
Buckley #110	592 sq. ft./\$53,750
Montgomery #4 HOLD	1,214 sq. ft.
Harwich Terrace Patio Homes:	
630 Park St. SOLD	1,274 sq. ft.
711 State St. IN WAITLIST	1,425 sq. ft.

Informer Submission Deadlines

- Submission deadline: September 3rd for publication September 10th.
- Submission deadline: 17th for publication September 24th.
- Submission deadline: October 1st for publication October 8th.



[Submit here.](#)

Residents' Birthdays

Katie Hoisington on August 24th

Lois Strickler on August 27th

Doug Caulkins & Barb Lease on August 28th

Karen Phillips on August 29th

Lisa Adkins on August 30th

John Buck & Gloria Clay on September 2nd

Wanda Lohr on September 3rd

Lynn Budding, Suzy Raffety & Bob Williams on September 7th

Nancy Brown on September 12th

Find more of *The Informer* online [here!](#)



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Mayflower
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