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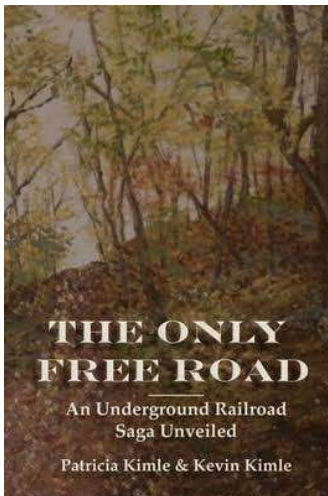
A place to call Home

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The Informer

July 30th, 2021

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Drake Community Library Historical Event

Mayflower resident, Barbara Lease, is working with the Drake Community Library on behalf of the Historical Museum on a book talk event to be held on **Wednesday, August 4th** from **10:00 to 11:30am** at the **Library**. Barbara shares the following information.

Ames artist and ISU economics professor, Patti and Kevin Kimle, have written a book of historical fiction, "The Only Free Road," that takes place in Kansas and Iowa during the years preceding the Civil War. Several slaves are escaping on the Underground Railroad with the help of some abolitionists, one of whom is a young man from Grinnell who works for J. B. Grinnell. As this man becomes involved in escape on the Underground Railroad, J.B. and his wife Julia become briefly recurring characters in the story.

Patti and Kevin visited Grinnell several times to research the book, speaking with Barb and the late Karen Groves, Grinnell Historical Museum Board members.

The Kimles are on a book tour of some of the towns and cities about which they wrote. We are pleased to be able to host them in Grinnell.

The program will begin with a talk about J. B. Grinnell by Jon Andelson, PhD, Professor of Anthropology at Grinnell College. It is

titled, "Almost Too Good for Us: What Drove J. B. Grinnell?"

Following Jon's talk, Patti and Kevin will present their one-act, costumed play, entitled "Missives of the Civil War." Its characters, both fictional and real, share letters depicting the uncertainty and turmoil of those years leading up to the Civil War.

A question and answer session will follow the play. Refreshments provided by The Mayflower Community Foodservices department will wrap up the event.

Due to pandemic (Delta variant) seating restrictions, attendance will be limited and reservations are necessary. Although it will not be possible to live-stream the event, the Library hopes to be doing that in the future. **To register for "J. B. Grinnell and Journeys of Freedom," please call the library at 641-236-2661, or email clerks@grinnelliowa.gov.**

-Bob Mann on behalf of Barbara Lease

Still Picnicking at Mayflower

On Thursday, July 22nd, a day before it got too hot, and in the shade of the Health Center gazebo, Mayflower's Community Life and Foodservices departments staged a barbeque for residents. Hosted by Tracy Woolfolk and Katie Pikul, Community Life coordinators, and Jacob Staroska, Foodservices Supervisor, a number of residents enjoyed the food and conversation.



-Bob Mann, Sales & Marketing Director



Mayflower Residents Enjoy Music in the Park

During this recent favorable weather, Mayflower residents have been able to enjoy Friday evening's "Music in the Park," next door to The Mayflower Community. Coordinated by Mayflower's Community Life department and assisted by volunteer Carolina Klauk Novaes, the outing was possible for residents from Beebe

Assisted Living and the Health Center were able to attend.



UnLOCKIN the Power of Philanthropy

Relief!

Fresh-squeezed lemonade seemed the perfect relief on a recent weekend afternoon. “Not a big deal!” you rightly say. However, I had never made lemonade from scratch and was too stubborn to “google” a recipe. Plus, a few family members were tapping their toes in anticipation, ratcheting up the pressure.

I will not admit how long it took nor describe the mess I made. You would laugh at both. However, several tall glasses of lemonade, sweetened to each individual’s taste, were delivered in time to quench the afternoon heat.

This lemonade adventure and the word “relief” come to mind when I think about a rare opportunity in the gift planning world. Made available only until the end of this calendar year, this process has been made possible by the 2020 “Cares Act,” and an extension of a key provision through 2021.

Here is a recipe to determine whether relief might be headed your way:

- You have more funds in retirement plans (IRA, 401(k), 403(b)) than you will need for future living expenses.
- You prefer to avoid the taxes that must be paid by you or your heirs to access and use these retirement plan funds.
- You have current and future charitable ambitions for Mayflower and other organizations.

If you answered “YES” to each of these questions, the steps to complete before December 31st are as follows.

- Share your thinking with a professional advisor(s). I can help you start that conversation, but ultimately your advisor(s) and you should “check” a few simple boxes before proceeding.
- If you are 70 ½ or older and have an IRA account(s), first consider a “qualified charitable distribution” from your IRA directly to one or more charities. This is not the “rare opportunity” I’m suggesting, but rather the same technique that has been available for a number of years.
- Here, begins the “rare opportunity.” Using a deposit into your checking account, withdraw funds from one or more retirement

accounts that align with your charitable ambitions. These withdrawals are taxable and must be counted as income on your 2021 returns.

- Then make “cash” contributions (write checks) to Mayflower and other favorite organizations in amounts equaling these taxable withdrawals. These “cash” contributions are fully tax deductible for the rest of this year only, and will offset the extra income you are reporting.

Like making lemonade, this “opportunity” is not difficult or costly. However, because these gifts will likely be larger than average, the advice of your professional planners is a must. Please let me help you start this conversation or any other that involves accomplishing your charitable ambitions. I’ll bring the lemonade!

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)

Come On Out for Some Old Fashioned Fun

The Mayflower Community Lawn Party
Wednesday, August 18, 2021
3:30pm – 5:30pm
Sponsored by MRA Social Committee



Bring your lawn chair and join friends and neighbors on the lot south of Watertower Square. Test your skills at horseshoes, corn hole, ladder toss, bocce ball, and croquet. If games aren’t your thing, come to cheer for your favorite players or just to visit.

Stroll over to the Watertower Square Jewel Garden where Mayflower’s Foodservice staff will tempt you with snacks of popcorn, peanuts in the shell, watermelon, chocolate covered bacon, funnel cake, Italian Ice, and iced tea and water.

Don’t miss the fun! Mark your calendars now.

-Shelia Gause and Iann Veldhuizen, Lawn Party Committee Chairs

Ron Burgess Plays Mayflower

Guitarist/keyboardist, Ronnie Burgess, lives in Cedar Rapids IA. Ron played both the Beebe Circle and the Health Center

Courtyard in The Mayflower Community on Thursday, July 8th.

He mixes up things, sometimes playing keyboard and sometimes guitar. His music consists of old standards, country, and some gospel. Ron has been playing music since 1962. Ron's whole family has been playing music around Marshalltown, where he was born. For 15 years prior to his brother's death in 2019, the family played a monthly barn event in Gilman.



50 years ago, Ron played music in bars and restaurants; Elks, Eagles and Moose clubs; American Legions, and golf clubs for about five years. About five years ago, he decided to do music again, playing up to 25 senior events per month. During the COVID-19 pandemic, Ron played some private parties and other gatherings. Now, he's back at it.

-Bob Mann, Sales & Marketing Director

Mayflower Stalwart Neil Hewitt Returns

On Tuesday, July 20th, Mayflower residents were treated to the music of Nashville recording artist, Neil Hewitt. The Nevada IA native and ISU graduate entertained with his guitar and sound system in Grinnell's Mayflower Community. He has visited us with his performances six times in the last three years. Neil's music is soothing and at the same time, upbeat. This time, Neil played both the Beebe Circle and the Health Center Courtyard.



-Bob Mann, Sales & Marketing Director



Mayflower Residents May Again Schedule a Podiatrist Appointment on Campus

You may schedule appointments for podiatrists on the Mayflower campus as follows:

Dr. Matthew McKnight

- August 2nd and September 20th
 - Every 1st and 3rd Monday beginning in October 2021
- Dr. Mark Siebrecht – September 22nd and December 1st

Location – Former Game Room at south end of the lower level of Buckley

Appointment Scheduling – Contact Julie Roderick at the Health Center front desk (jroderick@mayflowerhomes.com or 641-236-6151 x210)

-Julie Roderick, Health Center Administrative Assistant



Pet Therapy? We Do It at Mayflower.

Community Life assistant, Cecelia Bagnoli, shared the companionship of her dog with Mayflower Community residents. Demi, an 11-year-old chorkie (Chihuahua/Yorkshire terrier mix), spent time with residents recently, brightening their day.

Katie Hoisington is pictured here with Demi.

-Leslie Jaworski, Director of Community Life, The Mayflower Community

Decorating Desserts at Mayflower

Recently, The Mayflower Community residents in the Health Center and Beebe Assisted Living had fun decorating desserts. Led by Foodservice Supervisor, Jacob Staroska, and organized by the Community Life department, residents worked with a hazelnut mousse in a chocolate shell. They decorated with peanuts, maraschino cherries, whip cream, pastry cream, caramel sauce, chocolate sauce, and a cranberry sauce. The most fun? Eating the creations!



Pictured are Jacob Staroska, Karen Stevenson, and Katie Pikul.

- Portugal, Lisbon & Algrave
- Hungary, Budapest: The Best of Hungary

August 17th

- Spain, Valencia
- Spain, Seville & Andalusia
- Bhutan

August 24th

- U.S., New York Ellis Island
- England, Bath & York
- South Africa

August 31st

- England, Liverpool & North Wales
- Bhutan & Nepal
- Scotland, Edinburgh

-Shane Estes, Armchair Travels Committee Chair

New Display in New Treasure Chest

Come and see the current display in the Treasure Chest's new, beautiful cabinet. The display this month is a collection of Royal Doulton figurines inherited from Ginny and Doug Cameron's parents. It is a diverse collection with figurines of Crinoline Ladies, Toby Jugs, and characters from the books of Charles Dickens and Beatrix Potter. A couple of Royal Doulton plates are also on display depicting the works of Charles Dickens and The Tale of Peter Rabbit. Ginny, being a librarian, also thought of adding some of the books from whence the characters came so you can relive your childhood and teen years. The poems of Robert Burns are also included because the Tam O'Shanter Toby Mug on display was inspired by his poem of the same name.



-Doug Cameron, MRA Treasurer Chest Committee



Parkinson's Disease Support Group Resumes

Beginning in August, the Mayflower Parkinson's Disease Support Group will resume its meetings after the pandemic hiatus.

The speaker at the next meeting will be Megan Loux, PT, DPT Doctorate of Physical Therapy, with Total Rehab, Mayflower's physical, occupational, and speech therapy partner. Her topic will be "How LSVT BIG Helps Deal with Parkinson's Disease."

- When: Thursday, August 19th; 10:30 AM
- Where: Rock Steady Boxing, 827 – 4th Ave., Grinnell

LSVT stands for Lee Silverman Voice Treatment. The BIG therapy program is a standardized exercise approach that has shown improvements in balance, trunk rotation, and faster walking with bigger steps. LSVT BIG was designed to address movement deficiencies in those that suffer from Parkinson's Disease.

-Bob Mann, Mayflower on behalf of Megan Loux

Transition Treks

Mayflower independent living transition activity since last posting:

- Moved In:
 - Mary Murray from Urbandale to Buckley #203
 - Elizabeth Dobbs from Grinnell to Montgomery #1
 - Jean Jones from Harwich Terrace home to Buckley #318
 - Becky Neal from Grinnell to Altemeier #105
 - Pam Gruhn from Montgomery #2 to Buckley #210
 - Rich Adams from Toronto, Canada to Buckley #101
- Moves in Process:
 - Rich Adams from Buckley #101 to Harwich Terrace 530 State Street upon completion of remodeling
 - Paul and Sharon Torno from Scandia Park, New Mexico to Harwich Terrace 526 State Street
 - John and Alice DeRooi from Grinnell to Altemeier #205
- Plans in Process – Construction of new Harwich Terrace patio home at Hamilton and State.

*-Bob Mann, Sales & Marketing Director
(bmenn@mayflowerhomes.com)
"I wish we had moved sooner!"*

Available Apartments & Patio Homes (as of July 25th, 2021)

Apartments

Size/Entrance Fee

Buckley #312	365 sq. ft./\$34,750
Buckley #201	681 sq. ft./\$63,750
Buckley #320	592 sq. ft./\$51,750
Montgomery #4 HOLD	1,214 sq. ft.
Harwich Terrace Patio Homes	
630 Park St. SOLD	1,274 sq. ft.
526 State St. SOLD	1,831 sq. ft.
711 State St. IN WAITLIST	

Book Review and Library Notes

The Ruth Galloway Series by Elly Griffiths

A couple of months ago, an *Informer* review of Elly Griffiths *The Stranger Diaries* mentioned the author's beloved Ruth Galloway series. Now a Mayflower resident has collected this complete series and has donated the first nine books to our library, with more to come. Ruth Galloway is a forensic anthropologist in Norfolk, England, who gets called in to help solve mysteries in the beautiful British countryside. It's best to read the series in order, so if *The Crossing Places* (book one in the series) is out, you might just want to wait until it has been returned, or get it out of the Drake Library. Enjoy!

Please note that we are adding many new books in July but none in August. Also note that several of the new books this month are large print books in paperback. Please handle these books as carefully as you can. If they hold up, we will feel justified in buying more books in this format.

In a sign that the pandemic is abating, we again have a book podium in the Pearson Lounge! Although we don't plan to announce podium books as they appear, this summer we have a book from Jim Ahrens' collection: *Norman Rockwell's World War II: Impressions from the Home Front*. **Please enjoy these books in the Lounge.**

Informer Submission Deadlines

- Submission deadline: August 6th for publication August 13th.
- Submission deadline: August 20th for publication August 27th.



- Submission deadline: September 3rd for publication September 10th.

[Submit here.](#)

Residents' Birthdays

Tom Szary on August 2nd

Karen Stevenson on August 3rd

John Noer on August 7th

Sue Ahrens & Shelia Gause on August 9th

Judy Thompson on August 14th

Alice Breemer & Patty Johnson on August 15th

Find more of *The Informer* online [here!](#)



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Mayflower
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