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The Informer

August 13th, 2021
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Wine and Cheese Is Back at Mayflower

On Friday, July 31st, The Mayflower Community again hosted a Wine and Cheese party...just like in the old days (before the pandemic!). A regular, last-Friday-of-the-month event, this opportunity to sample wines and enjoy light hors d'oeuvres brought together residents and their guests.

The Community Life department at Mayflower, headed by Leslie Jaworski, organized this special kick-off to include musical entertainment. Esther Ware, clarinet; Julie Dressler, piano; and Emma Ware, soprano performed selections of sacred, musical theatre, opera, classical, and jazz music in the Buckley Courtyard while residents mingled and enjoyed special foods and wines.

The Mayflower kitchens, led by Scott Gruhn, Director, and Jacob Staroska, Supervisor, prepared these special treats:

- Assorted mini-cheese balls
- Green olives stuffed with bleu cheese
- Watermelon and goat cheese canape
- Peach chutney
- Apple cranberry chutney
- Assorted cheese and cracker board

The wine selections included:

- Italic Pinot Grigio
- Sean Minor chardonnay
- Don Ramon red blend
- Cappone Chianti

Residents chose to dine outside on the patio or inside in the Buckley Dining Room.

The fun times are returning!

-Bob Mann , Sales & Marketing Director

Mayflower Invitation to Sit a Spell

Located on the sidewalk in front of the wild grass garden of Mayflower

Community residents, Lois and Gayle Strickler, Jr. is a park bench made out of “milk jugs.” After Gayle and Lois moved

to a Harrwich Terrace home in Grinnell from Marshalltown, they groomed the garden and then added the unique bench that is pictured.



Manufactured by Plastic Recycling of Iowa Falls (PRIF), the bench is sturdy, durable, and environmentally-friendly. PRIF has been building outdoor recreational equipment since the 1980's using post-consumer and post-industrial plastic.

Because the location of this bench is shaded, Gayle's and Lois' intention was to provide a place for pedestrians to stop and rest. The quote on the bench reinforces this casual approach as one sits next to Mayflower Lane on 1st Avenue.

-Bob Mann, Sales & Marketing Director

**Music Therapy Continues at
Mayflower**



Victoria Suich is a licensed music therapist working for Music Speaks Therapy, based in Cedar Rapids. A native of Tennessee, Victoria lives in Des Moines.

Delores Montgomery (left) and Kay Roberts join Victoria.

She works an hour a week with Mayflower Community (Grinnell IA) Health Center and Beebe Assisted Living residents. Victoria has been able to visit Mayflower in person for the last few months after having to provide music therapy remotely during the heart of the pandemic. The small group sessions are organized by Mayflower's Community Life staff, Leslie Jaworski, Director, and Tracy Woolfolk, Coordinator. Residents enjoy themselves as they participate along with Victoria's guitar-playing and singing.

-Bob Mann, Sales & Marketing Director



UnLOCKIN the Power of Philanthropy

Returning to Mayflower

Seventeen months ago, my regular visits to the Mayflower campus were suspended due to the pandemic. I offer heartfelt thanks to all who continued or initiated "electronic" conversations with me during this time.

Once again, I will return to campus for prescheduled appointments. It will be a pleasure to see familiar faces and to meet those of you who have recently moved to Mayflower. I will be reaching out to Mayflower folks, but will also welcome your call or email to schedule time together. Services to Mayflower residents are listed below and are always provided without cost or obligation to you.

First, I am a charitable planner. I help Mayflower develop gifts that a)provide healthcare for residents with financial needs, and b)provide all residents with expanded wellness services, transportation, beautiful campus grounds, and other community enhancements. Usually, our conversation begins with a discussion of your charitable aspirations and continues by exploring solutions that bring you the satisfaction of helping people in need.

Second, I am available to help you with general financial or estate planning questions or issues. My background as a CPA has prepared me to help you stay on the path to financial wellbeing. Often Mayflower residents would like assistance preparing to meet with other professional advisors to create new plans or update existing ones.

It will come as no surprise that Mayflower has not been just in response mode to the pandemic and last August's derecho. In addition, a vision for a thriving future has been taking shape ahead of the Community's 75th anniversary in 2025. Part of any conversation we have, will be my sharing the emerging details.

I look forward to any time we have together!

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)

Time to Re-Visit Your Books?

While re-shelving books this summer, I noticed several "classics" I would like to bring to your attention. Perhaps you would enjoy reading short stories again, or *Wuthering Heights* by Emily Brontë. *Far From the Madding Crowd* by Thomas Hardy is there in large print. The short story collections include some by Ernest Hemingway, a volume by Louis L' Amour (LP) and *Father Brown Mysteries* by G.K. Chesterton.

I also discovered *American Fire* by Monica Hesse on the "new releases" shelf. The subtitle is: *Love, Arson, and Life in a Vanishing Land.*" The story was all that and more! I recommend it.

-Mayflower MRA Library Committee Member



Help Mayflower Keep the Lights On

Sometimes in their desire to help Mayflower control costs (thank you!), residents turn off lights in common areas at night. We leave certain lights on in hallways, stairwells, tunnels, and lobbies to provide safe passage for residents using those spaces after dark. Please do not turn off any building lights in these common spaces. Our staff will do it!

-Steve Langerud, Executive Director



New Grandson at Mayflower

Kay Roberts, a Beebe Assisted Living resident of The Mayflower Community, is pictured holding her newest grandchild. James Schubert, born in July, joins the Eric and Bobbye Schubert family that includes his three sisters and a brother. Eric is the senior pastor of the Grinnell United Methodist Church. Bobbye is Kay's daughter.

-Bob Mann, Sales & Marketing Director



Share the Fair at Mayflower

On Tuesday, August 3rd, eight members of Poweshiek County's Mighty Golden Clovers 4H Club visited The Mayflower Community's Health Center and Beebe Assisted Living. The event was organized by Mayflower's Community Life and

Wellness staff.

The "Share the Fair" event was a follow-up to the 4H's' presentations at the Poweshiek County Fair and a prelude to competition next week at the Iowa State Fair. These members of the Club's 20 or so total, demonstrated skills in pottery-making, rabbit-raising, photography, painting, blanket-making, performances, and more. Included was the creation of watermelon truffles by the niece of Mayflower's Scott Gruhn, Foodservices Director. (The apples are close to this tree!)

A special treat was the bagpipe playing of "Happy Birthday" for resident Karen Stevenson.

The Clubbers and their leader, Stacy Turley, next head to the Iowa State Fair.

-Bob Mann, Sales & Marketing Director

- **A Month of Virtual Travels in Mayflower's Kiesel Theatre**

August 17th

- Spain, Valencia
- Spain, Seville & Andalusia
- Bhutan

August 24th

- U.S., New York Ellis Island
- England, Bath & York
- South Africa

August 31st

- England, Liverpool & North Wales
- Bhutan & Nepal
- Scotland, Edinburgh

-Shane Estes, Armchair Travels Committee Chair



A Vicarious Trip to Thailand at Mayflower

Recently, Mayflower summer intern, Cecelia Bagnoli, shared with Mayflower Community residents in Beebe Assisted Living about her semester abroad in Thailand. The event was organized by Mayflower’s Community Life Director Leslie Jaworski and Coordinator Tracy Woolfolk.

The experience was part of Cecelia’s third year at the College of Wooster, Wooster, Ohio. She begins her fourth and last year this fall with a double major in Communication Studies and Environmental Studies.

During the semester in Thailand, Cecelia was based in the northern city of Chiang Mai, while spending time in multiple villages throughout the country. During these excursions, she learned about agricultural sustainability directly from local farmers. In addition, Cecelia studied Thai language, which was helpful in connecting her with the families who hosted her travels.

Cecelia observes, “Thailand has a lot to offer, from their beautiful hiking trails in the north to snorkeling in the Andaman Sea. However, what I loved most about Thailand was the people I met along the way. I am grateful to have studied abroad in a place where learning a new language—and making mistakes while doing it—is not only accepted but encouraged.”

To punctuate the experience, Mayflower Foodservices staff, led by Jacob Staroska, Supervisor, prepared and served a banana egg roti. A Thai staple, the roti is a pan-fried dough made of wheat flour, sweetened with various toppings.

During her summer Mayflower Community experience, Cecelia is planning “...to get exposure to the healthcare field while building interpersonal relationships with residents.” She sees this as preparation to become a medical social worker.

It seems that Cecelia is not the only one having a learning experience this summer!

-Bob Mann, Sales & Marketing Director

Treasure Chest

A Bunch of Cut-Ups in Mayflower’s Treasure Chest



This month’s display in the iconic “Treasure Chest,” located in The Mayflower Community’ Pearson building lobby is Karen Packard’s cookie cutters. Karen says, “These are a partial collection of cookie cutters I still own and sometimes use. It began as a hobby and now I use them for special occasions.”

According to Karen, “I hope you will enjoy the variety. You will find big ones, tiny ones, old ones, and some unique ones. Have fun looking, but, I am sorry, there are no cookies available to eat!”

-Bob Mann on behalf of Karen Packard, Mayflower Residents Association Treasurer Committee member

Available Apartments & Patio Homes (as of August 13th, 2021)

Apartments:

Buckley #312

Buckley #201

Buckley #320

Buckley #110

Montgomery #4 HOLD

Size/Entrance Fee

365 sq. ft./\$34,750

681 sq. ft./\$63,750

592 sq. ft./\$51,750

592 sq. ft./\$53,750

1,214 sq. ft.

Harwich Terrace Patio Homes:

630 Park St. SOLD
711 State St. IN WAITLIST

1,274 sq. ft.
1,425 sq. ft.

Informer Submission Deadlines

- Submission deadline: August 20th for publication August 27th.
- Submission deadline: September 3rd for publication September 10th.
- Submission deadline: 17th for publication September 24th.



[Submit here.](#)

Residents' Birthdays

Judy Thompson on August 14th
Alice Breemer & Patty Johnson on August 15th
Donna Miller & Mary Smith on August 18th
Pat Groth on August 22nd
Joan Mohan on August 23rd
Katie Hoisington on August 24th
Lois Strickler on August 27th
Doug Caulkins & Barb Lease on August 28th
Karen Phillips on August 29th

In Memoriam:

Alice M. DeRooi
3.21.1932-7.31.2021

Find more of *The Informer* online [here!](#)



Mayflower
Information

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