

SHARE:



[Join Our Email List](#)



A place to call Home

Contact Us

The Informer

May 21, 2021

Visit us on Facebook!

It's Back: Mayflower's Annual Shrimp Boil!

After a pandemic-imposed one-year hiatus, The Mayflower Community's Annual Shrimp Boil returned on Thursday, May 13th...with a splash! Unable to gather one year ago, residents and guests could carry out the shrimp boil dinner. This year, they were once again seated in the Buckley Courtyard with overflow seating in the Buckley Dining Room. A total of 112 residents enjoyed the meal outside, inside, or by way of carry-out.



Enjoying the food and the company in the photo above, from left to right: Tommy Haas, Esther Bethel, Betty Anne Francis, and M J Zimmerman.

Besides the stars of the show, the boiled shrimp, the meal included andouille sausage, corn on the cob, red potatoes, cole slaw, and garlic bread. Various drinks, including red and white wine, were available. For desert, homemade Mayflower beignets were served.

The meal was prepared by the Mayflower Foodservice staff and cooked by Pouch Rojohn, cook; Jacob Staroska, Supervisor; and Scott Gruhn, Director.

-Bob Mann, Sales & Marketing Director

Mayflower Residents Plant "Cousins" of Mayflower Ship Beans



With the support of Mayflower's Gardens and Grounds staff and Grinnell College's Farmhouse students, a group of Mayflower

residents is developing a garden of "Mayflower Beans." Located immediately south of the Watertower Square apartments, this two-row, 42-foot patch will leaf out as an attractive hedge.

The striking gray and red beans are of the same variety that were brought to America by the Pilgrims aboard the Mayflower ship in 1620. The Mayflower Community planting is surrounded by a 24" rabbit fence. The beans will grow on bamboo trellises.

On Wednesday, May 5th, The Rev. Eric Schubert, Senior Pastor of the Grinnell United Methodist Church, blessed the beans, observing, "We will give these beans all the help we can. Of course, being planted in the rich Iowa soil is a great headstart."

With the support of volunteer donations and labor, the plan is to harvest at least 20 pounds of the beans for serving at The Mayflower Community's 2021 Thanksgiving meal

The project is the brainstorm of resident Leo Lease who has been assisted in coordination and communication by resident Sis Vogel.

-Bob Mann, Sales & Marketing Director

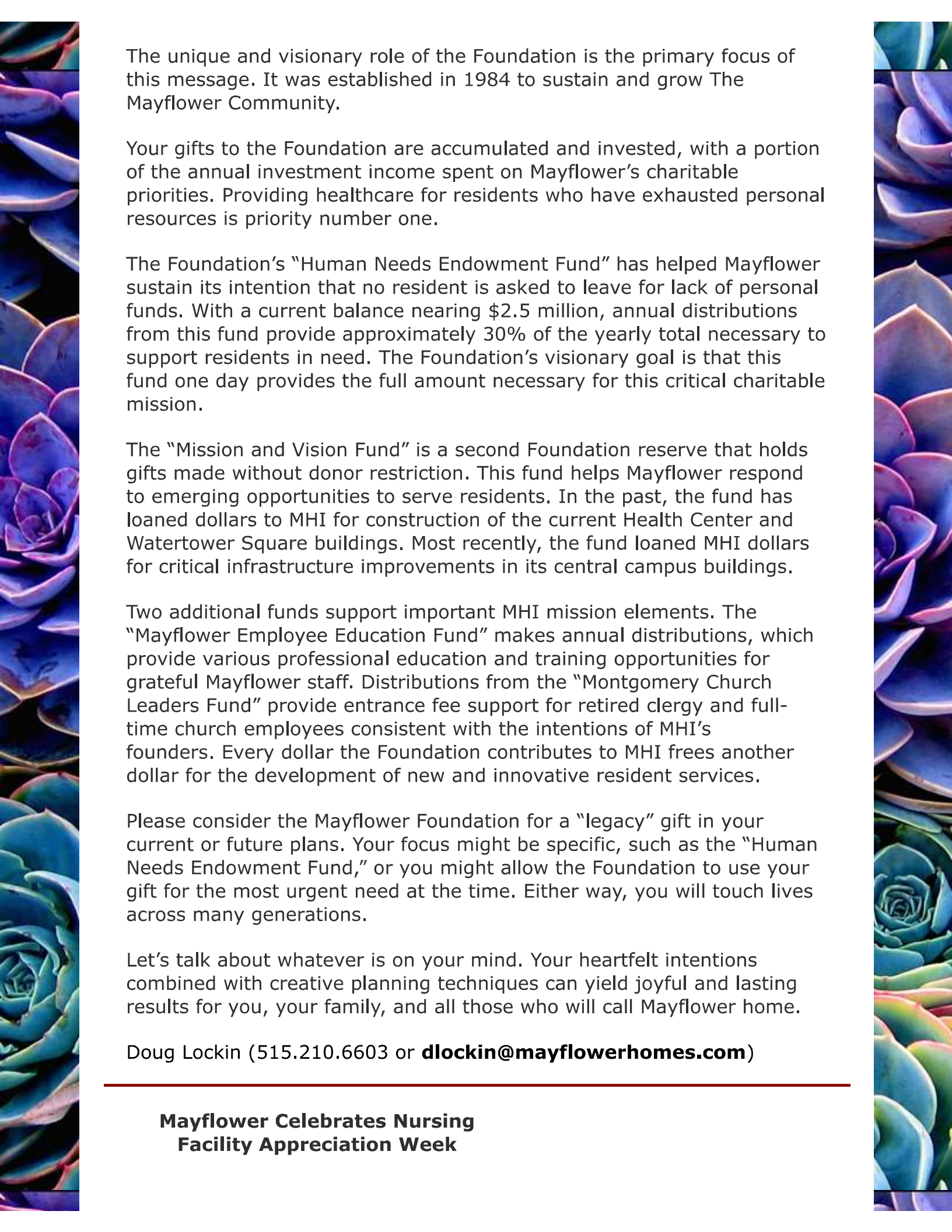


UnLOCKIN the Power of Philanthropy

A Strong Foundation

The services and activities of The Mayflower Community are performed under the umbrella of two not-for-profit corporations, Mayflower Homes, Inc. (MHI) and the Mayflower Homes Foundation (the Foundation). Your tax-deductible charitable contributions are important to both entities, though each uses your gifts differently to support resident care and services.

MHI is the "operating entity." This company owns the Mayflower campus property, employs the staff, and conducts the day-to-day activities. Your gifts to MHI are spent as they are received to provide care for residents with financial needs, provide staff with advanced education and training, start or expand a service for residents, or beautify campus buildings and grounds.



The unique and visionary role of the Foundation is the primary focus of this message. It was established in 1984 to sustain and grow The Mayflower Community.

Your gifts to the Foundation are accumulated and invested, with a portion of the annual investment income spent on Mayflower's charitable priorities. Providing healthcare for residents who have exhausted personal resources is priority number one.

The Foundation's "Human Needs Endowment Fund" has helped Mayflower sustain its intention that no resident is asked to leave for lack of personal funds. With a current balance nearing \$2.5 million, annual distributions from this fund provide approximately 30% of the yearly total necessary to support residents in need. The Foundation's visionary goal is that this fund one day provides the full amount necessary for this critical charitable mission.

The "Mission and Vision Fund" is a second Foundation reserve that holds gifts made without donor restriction. This fund helps Mayflower respond to emerging opportunities to serve residents. In the past, the fund has loaned dollars to MHI for construction of the current Health Center and Watertown Square buildings. Most recently, the fund loaned MHI dollars for critical infrastructure improvements in its central campus buildings.

Two additional funds support important MHI mission elements. The "Mayflower Employee Education Fund" makes annual distributions, which provide various professional education and training opportunities for grateful Mayflower staff. Distributions from the "Montgomery Church Leaders Fund" provide entrance fee support for retired clergy and full-time church employees consistent with the intentions of MHI's founders. Every dollar the Foundation contributes to MHI frees another dollar for the development of new and innovative resident services.

Please consider the Mayflower Foundation for a "legacy" gift in your current or future plans. Your focus might be specific, such as the "Human Needs Endowment Fund," or you might allow the Foundation to use your gift for the most urgent need at the time. Either way, you will touch lives across many generations.

Let's talk about whatever is on your mind. Your heartfelt intentions combined with creative planning techniques can yield joyful and lasting results for you, your family, and all those who will call Mayflower home.

Doug Lockin (515.210.6603 or dlockin@mayflowerhomes.com)

**Mayflower Celebrates Nursing
Facility Appreciation Week**

During the week of May 10th, the Mayflower Community celebrated "Nursing Facility Appreciation Week." We encouraged our staff members to wear their best spirit wear to go along with each day's theme. On Tuesday, May 11th, the theme was favorite team colors or sporting wear. Walking tacos were provided at lunchtime to remind our employees that they are "nacho average staff!"



Monday was "Donut Day, You don't know how much we appreciate you," marked by donuts for all. Staff members wore pajamas or loungewear. Wednesday was "Hats Off to Our Awesome Staff," with favorite hat-wearing and a barbeque and live music on the Buckley Patio. Thursday was "You've Been a 'Lifesaver' Over the Years" celebrated with bowls of Lifesaver candies. The week was topped off on Friday with "You Deserve a Vacation" Day, celebrating staff in beachwear with Italian ice treats.

Pictured above is Shirley Parrott, Supervisor, and Cayli Christinson, Housekeeping staff.

Please help us in thanking our amazing employees, for all they have done to make this challenging year safe and healthy!

-Bob Mann, Sales & Marketing Director

More Mayflower Fun for Appreciation Week

The Mayflower Community celebrated "Nursing Facility Appreciation Week."

Thursday, May 13th was "You've Been a 'Lifesaver' Over the Years" celebrated with "decades dress" and bowls of Lifesaver candies. The week culminated on Friday, May 14th with "You Deserve a Vacation" Day, celebrating staff in beachwear with Italian ice treats.

Pictured is Daniel Uhl, Mayflower CMA, dressed for a past generation...Actually, we are not sure which generation!



In The Mayflower Community, we are very proud of the selfless work that our 147 staff members engaged in to keep our 275 residents safe and

healthy. Thank you.

-Bob Mann, Sales & Marketing Director

Neil Hewitt Will Be Back at Mayflower

Nevada-born, ISU-educated, Nashville-recorded, Neil Hewitt will perform a short outdoor concert at Mayflower on Monday, May 24th at 3:45pm in the Beebe Circle.

This will be the fifth time that Neil has played a repertoire of oldies and country Western music on our campus, both in doors and outside. We have appreciated how he has adapted to the pandemic to bring his music to Mayflower. He has always been a gift to residents at Mayflower. We are fortunate to share his music.



Neil is a 2011 graduate of Iowa State University with a Bachelor's Degree in Liberal Arts. Having recorded a number of songs, he sings country western music and some gospel. Neil's Facebook address is <https://www.facebook.com/neilhewittfanpage>.

Bring a folding chair of some sort and come enjoy.

-Leslie Jaworski, Mayflower Community Life and Well-Being Director



Ladies Tea at Mayflower

In a time of other celebrations—May Day, Spring, Mother's Day—The Mayflower Community hosted a "Ladies' Day Tea" for residents of the Health Center and Beebe Assisted Living on Tuesday, May 4th. Besides beautiful flowers and baskets, Mayflower served up a delicious treat, as is our reputation.

The food produced in the Mayflower kitchens under the direction of Foodservices Supervisor, Jacob Staroska, included a lemon, blueberry fluff with raspberry sauce and a roasted tomato bruschetta with cream cheese and a balsamic drizzle. Ice tea and lemonade were served. Yum!

-Bob Mann, Sales & Marketing Director

A Birthday Celebration

Davenport native and long-time Mayflower Community resident, Wilma Graden, celebrated her 90th birthday one day early on May 7th.

In the photo to the right, Wilma watches as Jacob Staroska, Mayflower Foodservices Supervisor, assists Katie Hoisington at the "treats" table."



Apartments	Size	Entrance Fee	Features
Buckley #312	365 ft ²	\$ 34,750	Studio. Recently remodeled. Luxury vinyl wood floor plank. East balcony.
Buckley #320	592 ft ²	51,750	One-bedroom. Vinyl wood floor plank. East balcony.
Buckley #201	681 ft ²	63,750	Two-bedroom. Second floor. Two exposures. Plenty of kitchen storage space.
Buckley #101	681 ft ²	63,750	Two-bedroom. First floor. Two exposures. Plenty of kitchen storage space.
Buckley #210	681 ft ²	66,000	Two-bedroom. Second floor with walk-out door and deck. Two exposures
Buckley #318	887 ft ²	73,750	One-bedroom (large) LVP flooring. 1½ baths. East-facing balcony.
Altmeier #205	892 ft ²	67,750	One-bedroom. East/west windows in large great room. Washer/dryer.
Altmeier #102 HOLD	558 ft ²		One-bedroom. North and south exposure with big south picture window.
Montgomery #1 SOLD	1,084 ft ²		Two-bedroom. Two bath. Washer/dryer. Deck.
Harwich Terrace Patio Home	Size	Selling Price	Features
630 Park St. SOLD	1,274 ft ²		Two-bedroom. 2 baths. New flooring. Full basement. Big back yard.
526 State St. SOLD	1,831 ft ²		Two-bedroom. 2 baths. New flooring. Office. Two-car garage.



Celebrating Nursing Facility Staff with Hats at Mayflower

The Mayflower Community celebrated "Nursing Facility Appreciation Week" on May 12th with "Hats Off to Our Awesome Staff." Besides wearing their own moniker hat, the staff was treated to a barbeque on the Buckley patio. The fare included hamburgers; grilled chicken; and quarter-pound, all-beef hot dogs with all the fixins' including homemade coleslaw.

Pictured above, are Leslie Jaworski (left) and Stephanie Crawford.

The celebration was topped off with "Music in the Circle" (the Beebe building parking Circle!). Members of Grinnell's well-known Too Many String Band played a number of favorites as well as their own original pieces. Performing were Mayflower residents Sig Barber and Sandy and Betty Moffett, along with Bob Cadmus.

Please help us in thanking our amazing employees, for all they have done to make this challenging year safe and healthy!

-Bob Mann, Sales & Marketing Director



Tuesday, June 1st

- U.S.- California, San Francisco
- Ireland- Land of St. Patrick

Tuesday, June 8th

- Europe, Classical
- Mediterranean Food in America
- Spain, The Majesty of Madrid

Tuesday, June 15th

- Benin & Togo
- U.S.- Winemaking in America
- Europe, Renaissance

Tuesday, June 22nd

- U.S.- Florida, Miami
- U.S.- Louisiana, New Orleans Carnival
- U.S.- Alaska, The Inside Passage

Tuesday, June 29th

- African Foods in America
- Germany, Berlin Resilient & Rebloom
- South America, Pantanal, Brazil, Bolivia & Paraguay

-Shane Estes, Armchair Travels Committee Chair

A U.S. COVID Vaccination Update

According to **Becker's Hospital Review**, as of 6 a.m. EDT May 20th, a total of 277,290,173 vaccines had been administered. This accounts for 37.3 percent of the country's population being totally vaccinated, according to the CDC's data.


Experts estimate that herd immunity would require around 80-90% of the population to have COVID-19 immunity, either through prior infection or vaccination. That's why experts are encouraging the public to get the COVID-19 vaccine and why we are continuing to see an influx of those receiving vaccines.

New Books for the Mayflower Library May, 2021

The Library Committee would like to thank our residents for their many contributions of the recent books from the last couple of years, particularly Large Print Books! They are much appreciated!

The Year of Pleasures (Large Print)
The Girls with No Names

Berg, Elizabeth
Burdick, Serena
Chesterton, G.K.



Father Brown Mysteries (Large Print)
Win
The Nine Lives of Rose Napolitano
The Sunflower Girls
Wolf Hall
Bring Up the Bodies
The Mirror and the Light
When the Stars Go Dark
World of Wonders
A Promised Land
Death with a Double Edge
The Cold Millions

Coben, Harlan
Freitas, Donna
Kelly, Martha Hall
Mantel, Hillary
Mantel, Hillary
Mantel, Hillary
McLain, Paula
Nezhukumathil, Aimee
Obama, Barrack
Perry, Anne
Walter, Jess

Book Review: *The Wreath*

The three volumes of Sigrid Undset's *KRISTIN LAVRANSDATTER* in the Mayflower library come from Mary Lou Clotfelter's collection, which is a recommendation in itself.


The first book, *THE WREATH*, is set in Norway in the 14th century, and Undset transports readers to this cold and beautiful land. There, we meet young, lovely, passionate Kristin, her loving father, Lavrans, and her disconsolate mother, who has lost her three young sons. The two most powerful influences in Norway during this period were the Catholic church and the family. When Kristin falls in love with a handsome man of ill repute, she rebels against both these forces. Undset skillfully balances the tension between her characters and the magnificence of Norway's scenery.

When you finish *THE WREATH*, you will want to read books two and three of the trilogy, *THE WIFE* and *THE CROSS*.

Book Review: *Hilary Mantel Trilogy*

Last year, Hilary Mantel published the third volume of her much-praised trilogy about Tudor England. *The Mirror and the Light*, like its predecessors, *Wolf Hall* and *Bring Up the Bodies*, is a hefty historical novel that shows off Mantel's prodigious research work and story-telling prowess. Both of the first two novels won the Booker Prize, and you may recall having seen the *PBS Masterpiece* series, *Wolf Hall*, based on the books. The Mayflower library has just acquired all three volumes of the trilogy.

These three novels trace the life and eventual death of Thomas Cromwell, the all-purpose fixer (think Michael Cohen) for Henry VIII. As Henry marries and discards wives in his desperate struggle to get himself a male heir, readers get to look over Cromwell's shoulder and occasionally into



his mind, watching the devious machinations of the Tudor court play out in real time. The cast of characters is enormous, so you may need to flip back to the character lists and genealogy charts at the beginning of the books to keep track of who is who, but for lovers of historical fiction this total immersion in the lives and deaths of the royals in Merry Old England is not to be missed.



Farmers Market Returns

The Grinnell Farmers Market has re-opened for the summer season!

Thursdays 3-6pm
Saturdays 10am-12

Central Park at 4th and Broad

Informer Submission Deadlines

- Submission deadline: May 28th for publication June 4th.
- Submission deadline: June 11th for publication June 18th.
- Submission deadline: June 25th for publication July 2nd.



[Submit here.](#)

Residents' Birthdays

Doug Cameron on May 21st
Kathy Herman on May 22nd
JoAnn Britton & Roger Stafford on May 23rd
Linda Myren on May 24th
Dorothy Christinson & Mary Murraray on May 25th
Keiko Butterfield on May 29th
Joy Weeks Anderson & Dick Weeks on June 1st
Suzanne Schwengels on June 3rd
Rosie Mathews on June 4th

Find more of *The Informer* online [here!](#)

**Mayflower
Information**

