

The Informer

January 29, 2021

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Mayflower Vaccinates for COVID-19

On Thursday, January 15th, The Mayflower Community received COVID-19 vaccines for Health Center and Beebe Assisted Living residents and employees. CVS Pharmacies administered the Pfizer vaccine.

All healthcare residents chose to get the vaccine, with the exception of a couple who had doctors' excuses. About 75% of regular employees were vaccinated or are waiting until the next clinic to get their first shot. At that clinic on February 4th, people who got the first dose will receive their second shot.



Mayflower's Associate Director/Administrator, Kellie McGriff, BSN, NHA, got the COVID-19 vaccine because she feels that "...Building immunity through the vaccine will protect me and those I serve and care for. It is a blessing to feel the emotion of trepidation lifted and replaced with excitement today for our residents, employees, families, and community."

Responses to the question, "Why did you choose to receive the COVID-19 vaccine?" include:

- Erin Gersdorf, Facilities Supervisor. "Due to my age and my family contact, I think the vaccination is a good idea. Since it has been given to millions with few severe side effects, I think it's safe."
- Tracy Woolfork, Health Center and Beebe Activities Coordinator. "I want to protect the residents, my family, my community, and myself. I believe it is safe and effective because I trust vaccines."
- Frannie Robbins, Health Center resident. "To keep everyone alive that I can. I want to do all I can to help."
- Donna Puls, LPN (and daughter of Frannie). "For safety of myself, the residents, and all of humankind."
- Judy Thompson, Health Center resident. "I don't want to die. I barely even knew that I got the shot."
- Marilyn Starnes, Foodservices staff. "My sister had COVID-19 and wouldn't wish it on anybody."
- Leslie Jaworski, Community Life Director. "To help protect myself, my family, and all those that I work with and care for. I look forward to a return to 'normal' sometime in the future!"
- Julie Smith, Assisted Living and Homes Services Director, who is pictured. "Getting the vaccine is just one more step to working to stop the pandemic. It's not only about protecting myself, but those in my community as well."

-Bob Mann, Sales & Marketing Director



Mayflower's Story Circle Is Back!

On Thursday evening, January 14th, The Mayflower Community revived its popular Story Circle, this time via Zoom. With at least 25 screens tuned in, some with multiple participants, the group met to tell personal short stories. The subject matter was based on Joan Chittister's book, "The Gift of Years—Aging

Gracefully." Participants were asked to tell stories from their life of joy, accomplishment, wisdom, memories, and appreciation.

Mayflower's Executive Director, Steve Langerud, has encouraged residents "...to redefine our social activities as we engage as a community." In response, residents, Harriet Adelberg and Warren Reinecke organized the first virtual Story Circle, hosted by Harriet, who also contributed her own entertaining safari story.

The following day, at lunch in Mayflower's Buckley Dining Room, a number of attendees talked about what fun they had and encouraged Harriet to continue this "new" tradition on a monthly basis. That is being discussed.

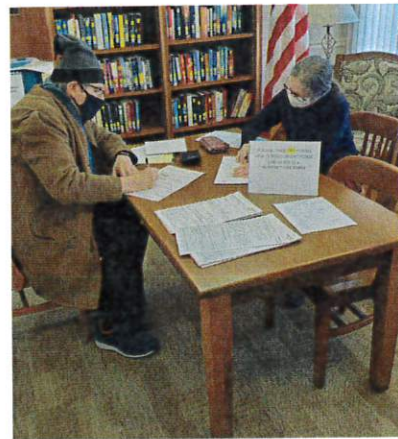
As Warren observed, "I think we brightened a winter evening for a host of folks."

-Bob Mann, Sales & Marketing Director

Vaccinations in Process for All of Mayflower

As of this writing (January 25th), most Grinnell Mayflower Community residents and staff who want a COVID-19 vaccination are in the process of getting it. All but a couple of Health Center and Beebe Assisted Living residents who have doctors' excuses and all disposed staff have received their first dose. The second dose for this group is planned for February 4th.

Mayflower announced last Thursday that Mayflower's independent living residents are now eligible for their first vaccine dose on February 5th. The second dose is scheduled for February 26th. Residents are in the process of completing information and consent forms for administration of the Pfizer vaccine by CVS Pharmacies.



Paul and Marie Comerford Munyon are pictured in the Mayflower Library completing their paperwork.

At this time, there appears to be a VERY enthusiastic response to this opportunity to stay ahead of the coronavirus.

-Bob Mann, Sales & Marketing Director

UnLOCKIN the Power of Philanthropy
"Legacy Giving...Simple and Sound!"

“Just the Facts”



I continue this short series on “relational” gift planning conversations and the importance of being a “proactive giver.” Like any advisor, I do some fact finding in order to recommend proactive charitable strategies that are best for you. Here are some key fact-finding questions and the reasons behind them.

What are your favorite charitable organizations?

Specifically, which organizations do you wish to support with “special gifts” during your lifetime or through your estate plan? Separate gift planning conversations with each of the organizations you support is not necessary. In fact, a comprehensive plan that remembers each of your favorite organizations is the easiest to create and manage.

Are you more inclined to lifetime giving or estate giving?

This question is about the timing of the “special gifts” you wish to make to favorite organizations. You might be inclined to lifetime giving to experience the “fruit” of your generosity and/or to maximize the tax benefits of being generous. You may favor estate giving in order to be assured that your resources will be adequate to meet your lifetime needs. No matter your preference, there are strategies to help you be generous and not compromise your personal and family needs.

How much to charity?

This question invites you to consider the entirety of your charitable giving as a percentage of your total wealth. And, it is the part of the gift planning conversation where I emphasize that your personal needs and the support you want to provide family members (or other heirs) is of primary importance.

How do you feel about avoiding taxes?

Legally avoiding taxes, of course! Your answers to this question suggest how willing you might be to explore gift planning strategies that have added layers of complexity. The good news is that the vast majority of gift planning strategies are simple and provide excellent tax saving capabilities.

What current or future financial issues are concerning you?

Knowing where you have financial concerns for the future allows our conversation to explore strategies that meet both your personal and charitable desires. The best example is the person unsure whether their future sources of income will adequately meet their needs. A “life income” gift arrangement has the capability of turning an “unproductive” asset into an income producer for you, while still accomplishing what you want for charity.

Family involvement in your philanthropy?

This is a “values sharing” question. There are many ways to involve your children, grandchildren, etc. in your charitable giving with the goal of passing along important family values. From as simple as “holiday dinner conversations” to much more involved “family foundations,” you can share the joy of giving and the cause(s) you care about with those most important to you.

With these questions, we now have a jump on whatever conversation you desire. Please contact me with whatever is on your mind.

Doug Lockin: dlockin@mayflowerhomes.com or 515.210.6603



Mayflower Clears the Snow

It happened again! Another big snowstorm hit Grinnell, one of the biggest in the last 10 years. We had eight-plus inches of snow. According to one of our Facilities staff members, "It is hard to tell how much snow we got. In some places, it's about 8 inches. In other places, it is at least 18 inches. The wind is the culprit."

It started snowing early afternoon Monday and snowed until mid-day Tuesday. Mayflower staff did an initial clearing on Monday afternoon. By evening time, it was not possible to see their progress. Sure enough, at 4:30am the next day, the sound of snow blades, blowers, sweepers, and shovels started up. By 7:30am, there were paths everywhere on the 35-acre campus, around the nine buildings and 48 patio homes. The clearing continued, especially as the snow continued to fall and the wind continued to blow.

Again, today, the answer to the question, "Why live at Mayflower?" was demonstrated. Easy: "Snow and grass...and lots of other support!"

-Bob Mann, Sales & Marketing Director

Treasure Chest

The February exhibit will be "Valentines and Cards", collected by Joyce Wubbel's paternal grandmother, Emma Josephine Hurt. This should remind us that February 14th is just around the corner.



Available Residences

Apartments	Size	Entrance Fee	Features
Buckley #320	592 ft ²	\$ 51,750	One-bedroom. Vinyl wood floor plank. East balcony.
Buckley #101	681 ft ²	63,750	Two-bedroom. First floor. Two exposures.
Buckley #318	887 ft ²	73,750	One-bedroom. LVP flooring. 1½ baths. East-facing balcony.
Altemeier #205	892 ft ²	67,750	One-bedroom. Long great room. Washer/dryer. Two exposures.
Buckley #203	990 ft ²	74,500	One-bedroom. 1½ bath. Office/den. Eat-at island. Courtyard balcony.

It's Time to Move to Mayflower!

Buckley #203 is recently remodeled and available. At 990 square feet, this large apartment has a dining/living room, a large bedroom and an office/den. Located on the second floor overlooking the

beautiful Buckley Courtyard and ponds, the long spacious balcony provides room to relax and entertain.

- Open, bright kitchen with lots of cabinets
- Island with dining overhang and cabinets
- All new flooring: Luxury vinyl wood floor plank with carpeted bedroom
- Large bedroom with space for furniture, desk and/or exercise equipment
- One full bath with step-in shower + half bath. Both have high-rise toilets
- Four closets for plenty of storage + 40" x 40" x 8' storage unit



Entrance Fee: \$77,750

Monthly Service Fee: \$1,323 includes, without additional charge:

- High-speed Internet
- High-definition (HD) cable T.V.
- Electricity, heat/air conditioning; water; sewer; trash; recycling
- Appointment-scheduled laundry room with three washers and three dryers
- Property insurance
- Code Alert (nurse call system)
- Three washer/dryer room in building
- All repair and maintenance, including built-in appliance replacement when necessary
- Ceiling fans

Bob Mann, Sales & Marketing Director
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Book Reviews

The Thursday Murder Club

book by Richard Osman

The setting is an English retirement community filled with folks in their golden years. It is a place where one has to be careful about what she says because "some folks can still hear!"

Here, on Thursdays, a group of four meet in the Jigsaw room during the time allotted to the Japanese opera class (because they know no one will be there). Their interest is trying to solve old crimes brought to the table by a retired spy. When a local developer turns up dead, they set to work in order to solve this real crime and offer their services to a rookie detective constable.

The characters are wonderful and well developed, and the book is a delight.

Anxious People is a book by Fredrik Backman, Swedish author of *A Man Called Ove* (2012). The English translation was released in September 2020.

The poignant comedy is about a crime that never took place, a would-be bank robber who disappears into thin air, and eight extremely anxious strangers who find they have more in

common than they ever imagined.

Viewing an apartment normally doesn't turn into a life-or-death situation, but this particular open house becomes just that when a failed bank robber bursts in and takes everyone in the apartment hostage. As the pressure mounts, the eight strangers slowly begin opening up to one another and reveal long-hidden truths.

As police surround the premises and television channels broadcast the hostage situation live, the tension mounts and even deeper secrets are slowly revealed. Before long, the robber must decide which is the more terrifying prospect: going out to face the police, or staying in the apartment with this group of impossible people.

Booklist for February

Author Last name, First	Book Title	category
Burrows, Steve	A Shimmer of Hummingbirds	Mystery
Carter, Jimmy	An Hour Before Daylight	Biography/Memoir
Center, Katherine	Things You Save in a Fire (Large Print)	Fiction
Gildiner, Catherine	Good Morning, Monster	Social Science
Greenwood, Bryn	All the Ugly and Wonderful Things	Fiction
Hargrave, Kiran	The Mercies	Fiction
Keane, Mary Beth	Ask Again, Yes	Fiction
McDougall, Christopher	Running with Sherman (Large Print)	Fiction
Montclair, Allison	The Right Sort of Man	Mystery
Montclair, Allison	A Royal Affair	Mystery
Moore, Wayétu	The Dragons The Giant The Women	Fiction
Osman, Richard	The Thursday Murder Club	Mystery
Robb, J.D.	Shadows in Death	Mystery
Segovia, Sofia	The Murmur of Bees	Fiction
Stuart, Douglas	Shuggie Bain	Fiction
Westover, Tara	Educated (Large Print)	Biography/Memoir

Movie

Feb 6: *The Librarian: Quest for the Spear*

A bookworm becomes a librarian and the same evening, a magical spear gets taken. He's en route to get some real life experience around the globe on his quest to find the spear. His adventure begins by being thrown off a plane with his cute "helper"...

Call Deb Jack, receptionist, at 641-236-6151 on Monday after 10am if you would like to attend.
Call Feb 1.

Informer Submission Deadlines

Submission deadline: February 5th for publication February 12th
Submission deadline: February 19th for publication February 26th
Submission deadline: March 5th for publication March 12th
Submission deadline: March 19th for publication March 26th

Residents' Birthdays

Anne Sunday on January 29th
Dan Agnew on February 6th
Don Smith on February 7th
Coleen McGriff on February 10th
Bob McConnell on February 11th

Find more of *The Informer* online **here!**



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