

The Informer

Visit us on Facebook!

November 20, 2020

Celebrating Veterans Day at Mayflower

On Wednesday, November 11th, National Veterans Day, The Mayflower Community (Grinnell IA) celebrated its residents who are veterans and spouses of veterans. Their sacrifice has assured our way of life. It was fitting to celebrate their gift to us. To the right, resident Phyllis Saunders displays the Mayflower Veterans' Day program.



The original plan was to present a virtual address from veteran and resident Leo Lease to other residents in small group gatherings. Because of the escalating pandemic in the local area, those plans were abandoned. Instead, Leo's recorded address, to be shared later on Mayflower's Facebook, was presented individually to Health Center and Beebe Assisted Living residents and was emailed to independent living residents.

All 20 Mayflower veterans and 19 spouses were given thank-you cards crafted by Grinnell Middle School students, a special program listing all the Mayflower veterans, and mini-pies—apple or cherry—baked in the Mayflower kitchen. In addition, the veterans were given special walking sticks supplied by the American Legion.

For Health Center residents, "Veteran" and "Veteran Spouse" posters were hung at their doors, "Taps" was played at 11:11am by independent living resident Ed Adkins, patriot music was played on hallway speakers throughout the day, and each veteran and spouse were personally thanked by multiple staff members.

-Bob Mann, Sales & Marketing Director

Killing Germs All the Way Around at Mayflower

Grinnell's Mayflower Community has acquired a second "Clorox 360®" machine to deal with the coronavirus.

This innovative electrostatic sprayer, with special nozzle, delivers Clorox disinfectants and sanitizers to the front, back, bottom, and sides of surfaces. This coverage provides better germ protection than is possible with human wiping

as it disinfects hard-to-reach surfaces.

Although sprayed spaces have to be vacated for 15 minutes, the work is usually performed early in the morning before residents and staff are active for the day. Within five seconds of spraying, 99%+ of bacteria is killed.

The **Clorox 360** is EPA-approved to kill the coronavirus. In addition, the system manufacturer reports that it is EPA-approved to disinfect for 20 other organisms, including cold and flu viruses, MRSA, and Norovirus. On hard, nonporous, or soft surfaces, the spray action eliminates odors while stopping the growth of mold and mildew for up to seven days.

Before the onset of the pandemic, Mayflower acquired our first Clorox 360 machine to fight flu germs. Since then, our focus has been the entire Mayflower campus—Health Center, Beebe Assisted Living, dining areas, and independent living meeting rooms and common areas. The second machine will allow us to hit these areas more often.

The machine is pictured in action.

None of this spray work precludes normal precautions—wearing face masks, social distancing, frequent hand-washing, regular cleaning of personal surfaces, and staying home when not feeling well. The battle continues!

-Bob Mann, Sales & Marketing Director



UnLOCKIN the Power of Philanthropy: "Legacy Giving...Simple and Sound!"

One and Counting

Shirley is her name and she has a daughter named Sue. I want to briefly tell Shirley's story, because she is the only donor I have ever met who appeared to be motivated more by tax benefits than the charitable work she was supporting. "One and counting!" Shirley is the only tax-driven donor I have encountered over 34 years; I think you might enjoy hearing how our paths crossed nearly 30 years ago.

Shirley phoned the fundraising office of my employer, Hospital A. She said she was calling because no one answered the phone when she called the fundraising office of Hospital B. Shirley had never given a gift to Hospital A and had no other known connection. She wanted to donate real estate to create a life income gift, asking me, "Do you do those there?" Young and eager to please, I said "Yes we do, Shirley, please tell me more."

Shirley continued, "I am a 66 year old widow and my daughter, Sue, lives with me. I have a small farm on the edge of town which is now prime development land. I want to sell, but if I do, I'll pay huge capital gains taxes. I want a gift arrangement that pays me lifetime income, eliminates capital gains tax, and creates an income tax deduction. Can you help me?"

I visited Shirley's home to collect more information from her and Sue. Important side note: on that visit, I made the biggest relational faux pas of my career by incorrectly guessing (out loud of

course) Sue's age, 11 years higher than actual. That did not deter Shirley and we went on to complete the gift arrangement for Hospital A, giving Shirley the benefits she desired.

Maybe half a dozen years later, my phone rang again. I had moved to Charity C, and Hospital A had given Shirley my forwarding information. Same story: Shirley had other real estate, she wanted to do another life income gift, and she had no previous relationship with Charity C. I asked Shirley if I could tell her about the great work of Charity C and she said, "No, thanks, I just want to do another (gift)." Thankfully I made no relational mistakes, and the arrangements were completed even quicker than with Hospital A.

I do not expect to meet another like Shirley in my working lifetime. I write assuming you are passionate about the charitable work of Mayflower and other organizations as this year end approaches.

If you desire to support Mayflower or others this year, a quick gift planning visit may be helpful. The recent federal "Secure Act" and "Cares Act" made changes to important giving rules, creating a few opportunities that exist only until year end.

The same two pieces of legislation also created longer range opportunities. This is also a great time for exploratory conversation about your plans for next year and beyond.

Several great conversations with friends of Mayflower in recent days are motivation for telling my "Shirley" story and inviting you to explore your charitable passions. I look forward to hearing whatever is on your mind.

I welcome hearing from you for conversation about anything that grabbed your attention.
Doug Lockin dlockin@mayflowerhomes.com or 515.210.6603



40,000-Piece Puzzle....COMPLETED!

John Noer, resident of Grinnell's Mayflower Community, has now finished the 40,000 piece Disney characters puzzle on which he has been working since February 1, 2019. As a result, John shaved the beard that he started growing when he started the puzzle. However, you can't see his smooth face unless he pulls down his mask...which we don't want at Mayflower!

The 22-foot long creation stands six feet tall and depicts 10 vivid Disney characters and scenes.

It is a product of Germany's Ravensburger Companies, founded in 1883 with the board game, "A Trip Around the World," a take-off on Jules Verne's book, "Around the World in 80 Days." Today, the company not only produces games and puzzles, but also how-to and children's books and electronics. In 1998, they opened an amusement park in Germany.

The 10 Disney Scenes are *Cinderella*, *Snow White*, *The Lion King*, *Dumbo*, *Beauty and the Beast*, *Bambi*, *The Jungle Book*, *Fantasia*, *Ariel the Little Mermaid*, and finally, *Peter Pan*.

The accompanying photo shows John (with beard!) working on the last 150 pieces of *Peter Pan*. John reports that this last frame took him 145 days to complete, one of the longest

durations.

The final step with the puzzle is “editing.” First, John has to match up all the connecting pieces, which for some reason, do not necessarily fit side-by-side. Then, with glue ordered from Ravensburger and on plywood purchased locally, John can lay out the puzzle for posterity. Jim Beckman of Grinnell’s Beckman Gallery is planning to help John frame the puzzle. Jim framed John’s last puzzle, a 9,000-piece beauty hanging in Mayflower’s Carmen Center.

Where will the 22’ x 6’ masterpiece be hung? We are awaiting those arrangements. Stay tuned.

-Bob Mann, Sales & Marketing Director



Summary of Enhanced Public Health Measures

Effective Tuesday, Nov. 17 at 12:01 a.m. until Thursday, Dec. 10 at 11:59 p.m.

Mask Use: Indoor spaces open to the public & State executive branch buildings

- Masks required when individuals are within 6 feet of one another for 15 minutes or longer with certain exceptions

Gathering Restrictions: Social, community, business, or leisure gatherings

- No more than 15 people indoors and 30 people outdoors
- These restrictions apply to wedding receptions, family gatherings, conventions, and other nonessential gatherings but do not apply to gatherings that occur during the ordinary course of business or government

Sporting and Recreational Events: Youth and adult group sporting and recreational gathering are prohibited except for high school, college, and professional sports

High School Sports & Extracurriculars: Sporting, recreational, and extracurricular events

- Only two spectators permitted for each high school athlete, performer or competitor, and must wear a mask and maintain 6 feet distance from other spectators
- Students can be closer than six feet and are not required to wear masks

Restaurants and Bars: Restaurant or bar, including a wedding reception venue, winery, brewery, distillery, country club, or other social or fraternal club

- Closed to in-person services at 10:00pm
- No bar seating
- Masks required when not seated (while playing games, dancing, etc.)
- Six feet distancing between groups
- Groups limited to 8 people unless larger group is all same household
- Seated when eating or drinking and limit congregating

Fitness Centers: Fitness centers, health clubs, health spas, gyms

- Group fitness activities are prohibited

Casinos & Gaming Facilities: Masks required except when seated to eat or drink

Closer/Prolonged Contact Establishments: Bowling alleys, pool halls, bingo halls, arcades, indoor playgrounds, children's play centers

- Closed to in-person services at 10:00pm
- Mask required when not seated to eat or drink
- Ensure that groups and individuals are six feet apart at establishment
- Groups limited to eight people unless larger group is all same household

Nonessential/elective surgeries: A hospital must reduce its in-patient, nonessential surgeries to a level that uses at least 50% fewer beds than it did on average during September 2020



Re-Thinking Thanksgiving Plans

While we know many of you are looking forward to Thanksgiving gatherings, myself included, the **CDC recommends** staying at home this year. The safest place to gather is in your own home, with the people that live with you.

If you do choose to gather with your family or close friends, follow these guidelines as best as possible in order to mitigate your chances of coronavirus exposure or other flus:

- Wear a mask.
- When eating/not wearing a mask, maintain 6 feet of social distancing.
- Wash your hands frequently.
- Minimize touching of shared surfaces.
- Bring your own plates, utensils, etc.
- Avoid populated gathering areas, such as the food prep station.
- After your gathering is over, quarantine for 3-5 days in order to monitor yourself in case you have any symptoms.

Another perk: Zoom (the video chat service) has announced they will be lifting the 40-minute time limit for their free subscribers during Thanksgiving so that families and friends may gather virtually, without time restrictions. During the holiday, you may virtually gather as long as you wish without worrying about Zoom's free services booting you out!

-Temesha Derby

Sharing Greetings with South Africa

Recently, a long-time friend of Mayflower resident, Jeanette Tisdale, Dudu Mbangi of South Africa, contacted Mayflower's social worker, Rhonda Hudson, to inquire about getting in touch with Jeanette. Dudu and Jeanette had not visited in decades.

Taking into account the seven-hour difference in time zones, Rhonda made arrangements for a Zoom (virtual) call. Leslie Jaworski, Mayflower's Community Life Director, described the connection: "The years seemed to melt away. Jeanette immediately recognized her dear friend and they enjoyed wonderful conversation while being face-to-face on the computer screen."



"It was nighttime in South Africa and before they wrapped up their 40-minute Zoom call, Jeanette was able to virtually meet Dudu's husband and children. After they hung up, Jeanette had the biggest smile on her face and said, 'I wonder how many other people had a call from South Africa today?' Jeanette was glowing."

The Mayflower staff emailed some photos of the exchange to Dudu, who shared in return, "I am glad that she enjoyed the interaction and was happy afterwards. She is very special to my family and me. We treasure the contact we can have with her."

For those of you who had Jeanette as a Grinnell Community Schools music teacher for yourselves or your children, you can likely understand the significance of this exchange. We hope to schedule another call between Jeanette and Dudu soon.

This is one account of the many Zoom calls that have been orchestrated between Health Center and Beebe Assisted Living residents and loved ones.

Making lemonade out of the pandemic!

-Bob Mann, Sales & Marketing Director

This year, probably more than ever, small businesses need your support. While gathering is limited, that doesn't mean gift-giving has to be! Grinnell has numerous fabulous options for gifts, decoration, and everything in between. If you don't feel comfortable shopping in stores, shop **Grinnell's businesses online here!**

Selecting your items and checking out doesn't have to be difficult; if you need additional assistance ordering from this platform, contact temesha@mayflowerhomes.com.

Once you've gathered your gifts and are ready to ship, mask up and head over to **Total Choice Shipping**. They've got everything you need to send the perfect gift.

-Temesha Derby



Available Residencies:

Is Now the Time to Talk about Moving to Mayflower?

Available, we have a 700 square foot, two-bedroom, independent living apartment just down the first-floor hallway from the Buckley Dining Room in the center of our campus.

- Living Room
- Tiled floor dining area
- Full kitchen with lots of storage
- Two bedrooms with full closets
- Bathroom with high-rise toilet and step-in shower
- Large linen cabinet
- 40" x 40" x 8" storage unit

Entrance fee: \$63,760

Monthly Service Fee: \$1,160 includes without additional charge:

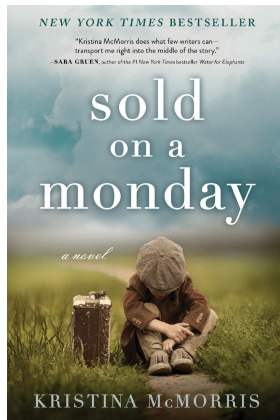
- electricity, heat/air conditioning, water, sewer, trash, recycling
- property insurance
- Cable T.V.
- Code Alert (nurse call system)
- Ceiling fans
- Three-washer and three-dryer laundry room
- All repair and maintenance

Booklist for December:

Aunt Dimity & the Heart of Gold by Nancy Atherton

Anxious People by Fredrick Backman

A Few of the Girls by Maeve Binchy
Stuck in Manistique by Dennis Cuesta
Akin (LP) by Emma Donoghue
The Evening and the Morning by Ken Follett
The Searcher by Tana French
The Jane Austen Society (LP) by Natalie Jenner
Enemy Women by Paulette Jiles
The Dutch Wife by Ellen Keith
Eggnog Murder by Leslie Meier
Cut and Run by Fern Michaels
The Book of Two Ways (2 copies) by Jodi Picoult
Jack by Marilynne Robinson
Bark at Night by David Rosenfelt
The Return (LP) by Nicholas Sparks
Royal (LP) by Danielle Steel



Book Review

Sold on a Monday by Kristina McMorris

The depths of despair must have accompanied the decision to post the sign on the porch, "2 children for sale."

It was during the Great Depression, and a reporter's seemingly harmless choice to stage a photo of Ruby who is eight, and Calvin, who is five, will lead to unintended consequences for everyone involved. Ruby and Calvin will be separated, living in different homes; Ruby to replace a lost daughter, and Calvin who was purchased for slave labor. Ellis, a photographer, and Lily, a newspaper secretary share troubled pasts, and their efforts to right a wrong and unite a fractured family will jeopardize everything they hold dear.

Residents' Birthdays

Delores Montgomery & Larry Robertson on November 22
Betty Moffett on November 23
Elaine White & Stan Swann on November 25
Dona Emmert on December 1



In Memoriam:

Doris R. VanderLeest
03/28/1935 to 11/14/2020

Find more of *The Informer* online [here!](#)



616 Broad Street
Grinnell, IA 50112
(641) 236-6151
mayflowerhomes.com

**Mayflower
Information**



- [About Us](#)
- [Living Options](#)
- [Giving](#)
- [Order Food](#)
- [Contact](#)