

## The Informer

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### Mayflower Cookout and Music

Enjoying one of the last warm days of the season, residents and staff of The Mayflower Community were treated to a cookout and outdoor music on Tuesday, October 13<sup>th</sup>.

A picnic on the Buckley Courtyard patio featured quarter-pound, all beef hotdogs; ground sirloin hamburgers; and brats accompanied by potato salad, coleslaw, and baked beans with homemade cookies for desert. Besides the attractive meal prepared other than in one's own home, the 91 residents and staff enjoyed getting out and connecting with folks that we don't see as often as in the "old days" (pre-pandemic).



Later in the day, members of Grinnell's renowned Too Many String Band, Sig Barber and Sandy and Betty Moffett, played in the Beebe Circle and then moved to the front of the Health Center. (All three performers are Mayflower residents.) Independent living residents along with Beebe Assisted Living and Health Center residents were able to hear and enjoy. Who in Grinnell doesn't?!

One of the highlights of the day was welcoming back to work Food Service cook, Pouch (Darrell) Rojohn, pictured above, after an extended recovery from a health episode.

An independent living resident exuded about the day's activities, "Today's events were enjoyable and inspiring in the midst of difficult times. I loved that we could have it outside!" A Health Center resident noted, "The music today was a success!"

In thanking Betty, Sandy, and Sig, Mayflower's Community Life Director, Leslie Jaworski, said "Thank you so much for sharing your talents with residents and staff at Beebe, the Health Center, and beyond. It was wonderful to see you, hear you, tap our toes, and sing under our masks with you on such a beautiful fall day. Good for the soul, for one and for all." That is how it is at Mayflower.

*-Bob Mann, Sales & Marketing Director*

**Steve Langerud Kicks Off Leaders  
Program**

On October 7<sup>th</sup> and 8<sup>th</sup>, Steve Langerud, CEO of The Mayflower Community led the opening sessions for the Iowa Association of Business and Industry (ABI) as it started another class of “Leadership Iowa.”

Meeting in Atlantic, Iowa, the group of leaders in training, will be introduced to different Iowa institutions over the next few months. Langerud’s presentation was focused on “personality and communications.”

The Iowa Association of Business and Industry (ABI), a state unified voice for business, was founded in 1903. It counts as members more than 1,500 companies representing 330,000 working Iowans. ABI’s mission is “to nurture a favorable business, economic, governmental, and social climate within the state of Iowa so our citizens can have the opportunity to enjoy the highest possible quality of life.”

According to ABI information, “Leadership Iowa is the premier issues-awareness program promoting leadership and civic responsibility in our state. Through an integrated series of eight monthly sessions, participants are provided with a wide range of eye-opening experiences and insights that highlight the opportunities and challenges facing Iowa.”



Each year, 40 individuals are selected to participate in Leadership Iowa. Throughout the year (October through June), participants convene in an Iowa community once each month for a two-day session. Each session focuses on a specific topic or issue important to Iowa, allowing participants to gain an insider’s perspective on the condition, needs, and future of our state.

The diverse topics of Leadership Iowa sessions typically include agriculture, education, government, healthcare, economic development, advanced manufacturing, and workforce, as well as other pertinent subjects.

*-Bob Mann, Sales & Marketing Director*



## **UnLOCKIN the Power of Philanthropy:**

**"Legacy Giving...Simple and Sound!"**

### **What Else is in There?**

Think of your favorite tote. Might be a purse, briefcase, tool bag, or fanny pack. If yours is like mine, the “stuff” I use most is readily accessible, and the rest is “in there somewhere.”

This message wraps up thoughts on popular Legacy Giving plans with “everything else that is in there.” My previous messages featured charitable gift annuities, Individual Retirement Accounts, and creative end-of-life plans respectively. They are the “stuff” people use most, so I gave them individual attention.



Yet, nothing in the past three columns or what you see below will alone be the primary motivator for your Mayflower Legacy plan. The “heart” of the matter is knowing that your legacy plan will care for current and future generations of Mayflower residents in need.

So dig as deep as you wish in the “tote” that follows; I would enjoy talking with you about any surprises you find.

#### Legacy Giving Assets

**Appreciated Property:** Stocks, bonds, mutual funds, real estate, etc. These investment assets are best used to fund your Legacy Plan (for example, a charitable gift annuity) while you are alive because you can deduct the full fair value of your gift without paying any capital gains tax.

**Unproductive Property:** Following my “everything else that is in there” theme, this is a catch all category that includes anything you no longer want or need, or perhaps an asset that is not producing a reasonable rate of return. The most common examples include old life insurance policies, automobiles, collectibles, cash investments in low interest rate environments, and many more.

#### Legacy Giving Techniques

**A Donor Advised Fund:** A charitable “account” to which you make tax deductible gifts when it is best for you, and separately send funds from that account to Mayflower and other favorite charities when it is best for them.

**Bargain Sale:** The sale of an asset to Mayflower at a price less than current market value. Rid yourself of something you no longer want or need and get an income tax deduction for the difference between market value and sale price.

**Real Estate with Retained Life Estate :** Give the deed to a personal residence, vacation home, or farm ground to Mayflower today, retaining the right to use the property for the remainder of your lifetime. A very large income tax deduction can be created with nothing out of pocket.

**Mayflower Promissory Notes:** Unique to Mayflower, and with or without a charitable component. Loan cash to Mayflower for a term of years and earn an attractive interest rate. If you wish, make the note “conditional,” meaning if you pass away during the term of the note, the loan is forgiven as a charitable gift.

**Charitable Trusts:** Hiding deep in the recesses of your “tote” is this powerful technique not used by many, but with amazing financial and estate planning benefits in the right circumstances.

I welcome hearing from you for conversation about anything that grabbed your attention.  
Doug Lockin [dlockin@mayflowerhomes.com](mailto:dlockin@mayflowerhomes.com) or 515.210.6603

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#### Treasure Chest:

There are still a few days left to see the Halloween



#### How to Increase Font Size

Are you having difficulty seeing your screen with this message?

Treasure Chest display!

On October 1<sup>st</sup>, Sue Drake, accompanied by her daughter Melody and mutual friend, Paige Everly, (pictured left to right, above) arranged The Mayflower Community "Treasurer Chest" with Halloween decorations. Each month, the display in this special area of the Pearson lobby, changes to a collection of a different variety.

A Mayflower Residents Association committee of residents, chaired by Sue, oversees this work.

If you have a Mac/Apple system, press the "command" button next to your space bar, while pushing the "+" button, in the upper right hand corner.



If you have a Windows system, press the "ctrl" (control) button in the lower left corner, the 4-square Windows button (also in the lower left) and the "+" in the upper right hand corner.

If none of these options seem to be working for you, simply click on "View" at the top of your device (next to 'file', 'edit') and click on "Zoom In."

If you're using a tablet or cell-phone, simply place two fingers on the screen (usually your pointer and middle finger) and slide them apart, which will in turn zoom in on your device.



### **The Mayflower Community Celebrates with Dairy Barn on the Moove**

On Wednesday, October 7<sup>th</sup>, The Mayflower Community celebrated its annual health inspection survey results for the Health Center. The Iowa Department of Inspections and Appeals (DIA) found no deficiencies in any of Mayflower's healthcare, food service, or facilities operations....ZERO. O!

To enjoy the results and thank our employees, Mayflower invited the "Dairy Barn on the Moove" mobile ice cream shop to come park on campus and dispense treats. For Health Center and Beebe Assisted Living residents and Mayflower staff, the snacks were free. For independent living residents, there was a small charge.

The timing for Mayflower was fortunate, as the Dairy Barn, located at 1810 – 6<sup>th</sup> Avenue in Grinnell, will be closing for the season at the end of the day Sunday, October 25<sup>th</sup>.

Pictured is resident Sandy Beyer enjoying an ice cream sundae for her 95th birthday.

*-Bob Mann, Sales & Marketing Director*

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## **5 Tips to Stay CyberSecure on Social Media**

**Never Click and Tell**



Seemingly random details are all a criminal needs to know to target you, your loved ones, & your physical belongings. Keep personal information such as your full name, address, birthday, or even vacation plans off the Internet. Disable location services that allow anyone to see where you are, & where you aren't, at any given time.



### Report Suspicious or Harassment Activity

Work with your social media platform to report & possibly block harassing users. Report an incident if you've been a victim of a cybercrime. Local & national authorities are ready to help you.

### Update Your Privacy Settings

Set the privacy & security settings to your comfort level for information sharing. Disable geotagging, which allows anyone to see where you are, & where you aren't, at any given time.

### There is no "delete" button

Just because you delete a post or picture from your profile seconds after posting, chances are someone still saw it.

### Connect only with people you trust

While some social networks might seem safer for connecting because of the limited personal information shared through them, keep your connections to people you know & trust.

*-sent by Paul Pate, Iowa Secretary of State*

## VOTE!

Reminder: On Tuesday, November 3rd the 2020 Presidential Elections will take place. **You can find the list of voting locations for Poweshiek County by clicking here.**



### Available Residencies:

Apartments	Size	Entrance Fee	Features
Buckley #320	592 ft <sup>2</sup>	\$ 51,750	One-bedroom. Vinyl wood floor plank. East balcony.
Buckley #101	681 ft <sup>2</sup>	63,750	Two-bedroom. First floor. Two exposures.
Buckley #318	887 ft <sup>2</sup>	73,750	One-bedroom. LVP flooring. 1½ baths. East-facing balcony.
Altemeier #205	892 ft <sup>2</sup>	67,750	One-bedroom. Long great room. Washer/dryer. Two exposures.
Buckley #203	990 ft <sup>2</sup>	74,500	One-bedroom. 1½ bath. Office/den. Eat-at island. Courtyard balcony.
Harwich Terrace Patio Hom	Size	Selling Price	Features
630 Park St.	1,274 ft <sup>2</sup>	\$ 174,500	Two-bedroom. 2 baths. New flooring. Full basement. Big back yard.

### Fire Prevention and Safety in Long-term Care

A fire can be an unpredictable and frightening event. But a fire that occurs in a long-term care setting can completely devastate OUR residents, OUR facility, and OUR entire community. The National Fire Protection Association (NFPA) mandates that all long-term care facilities have

a considerable number of safety systems in place, such as fire alarms, sprinkler systems, fire doors, and evacuation plans, in order to keep everyone safe should a fire occur. Fires **do** still occur and represent a significant threat. FIRE threatens the special needs of your residents. Some may not be ambulatory. Others who suffer from dementia may not perceive a fire to be a danger. They rely on US to keep them safe during a fire. OUR preparation and quick thinking can mean the difference between the *life and death* of a resident.

Resident Safety is OUR number one priority!

Families trust OUR long term care facility to help PROTECT and to GUARD resident safety. The safety of those that in most cases cannot help themselves.

As Mayflower Homes, Inc. we continue to:

- Educate ourselves
- Stay aware of potential fire hazards
- Take drills seriously
- Stay and remain calm.

WE are the protection of ourselves and OUR residents.

-Vickie Wieck, RN

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### November Movies

October 24: Singing in the Rain  
October 31: Australia  
November 7: Barefoot in the Park

Call Deb Jack, receptionist, at 641-236-6151 on Monday after 10am if you would like to attend.

### Armchair Travel

Armchair Travel will take place on Tuesdays 2-3:30pm in Keisel Theater. On Tuesday, Oct. 27, we will 'travel' to the U.S. Virgin Islands, Ohio and Oklahoma. We will not meet on Nov. 3rd because of the election.

-Shane Estes

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### Booklist for November:

*A Plain Vanilla Murder* by Susan Wittig Albert  
*Anxious People* (LP) by Fredrik Backman  
*Lyrical Iowa 2020* by Marilyn Baszczyński  
*Piece by Piece* by Laura Bradford  
*Far from the Madding Crowd* (LP) by Thomas Hardy  
*Beach Read* by Emily Henry  
*Sins of the Fathers* by J.A. Janice  
*The Love Song of Miss Queen Hennessy* by Rachel Joyce  
*The Topeka School* by Ben Lerner  
*The Godmothers* by Fern Michaels  
*Giver of Stars* by Jojo Moyes  
*Caste* by Isabel Wilkerson



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### Book Review

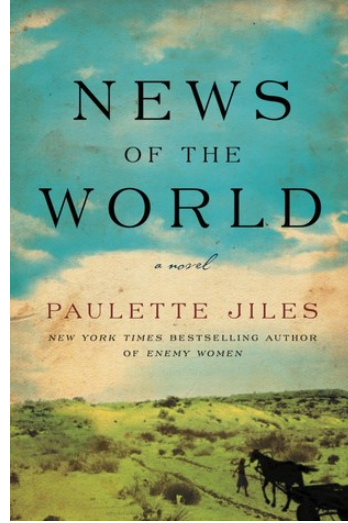
The Gilded Years  
by Karin Tanabe

### Book Review

News of the World by Paulette Jiles  
  
This book is a compelling work of historical



Since childhood, Anita Hemmings longed to attend the country's most exclusive school for women, Vassar College. Now a bright, beautiful senior in the class of 1897, she is hiding a secret that would have banned her from



admission: Anita is the only African-American student ever to attend Vassar. With her olive complexion and dark hair, this daughter of a janitor and descendant of slaves has passed as white. Now she's pulled into the elite world of roommate Louise Taylor, scion of one of New York's most prominent families. This is a true story.

fiction set in 1870. It tells the story of a retired army captain who is travelling through the small towns of northern Texas. He earns his way by doing readings from the newspapers of the day to people in small towns willing to pay to hear the "News of the World." He is given \$50 to return a young girl to her relatives in San Antonio. The ten-year old Johanna has been raised by the Kiowa Indians who had kidnapped her four years before. After four years this young girl has become accustomed to the Kiowa language and way of life and does not trust her new companion.

The book chronicles the development of the relationship between the elderly man and the young girl as they travel together over 400 miles of difficult and dangerous terrain. Kent and I read this together and both give it two thumbs up. We look forward to the movie based on this book which is scheduled to come out this December with Tom Hanks as Captain Jefferson Kyle Kidd.

-Katherine McClelland

### Residents' Birthdays

Kathy Locey on October 24  
Martha Voyles on October 25  
Bill Case & Jean Wissmiller on October 26  
Gail Greenwald & Christine Tinker on October 29  
Nancy Hendrickson & Sis Vogel on October 30  
Sue Drake, Wilma Vosburg, and Debi Olson on November 1  
Esther Adkins on November 2  
Greg Buntz, Carmen Raffety, and John Graves on November 3  
Sue Chasin on November 4  
Jack Mutti on November 5

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### In Memoriam:

Esther Van Wyk was born 01-20-1928 and passed away on 10-18-2020.

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