

**The Informer**  
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<https://www.facebook.com/Mayflower-Community-164019130292098/>

## **New Federal and State COVID-19 Testing Requirements**



In response to the final rule issued by the U.S. Centers for Medicare and Medicaid Services (CMS), published September 2, 2020, all Mayflower regular and contract employees are required to be tested for COVID-19 on a recurring basis. As a result, you may see activity in the Mayflower Estes House, 630 Park Street, where up to 150 employees will be tested in each phase.

If there is a positive case with a resident or employee, “outbreak” testing must be initiated. This means the frequency must be increased. Testing is based on local county COVID-19 activity. The ratio of positivity dictates the frequency of testing and is posted every two weeks on the U.S. Center of Disease Control and Prevention (CDC) website.

Here is the guide to Positivity Rates and resulting Testing Frequency:

Low (less than 5%) = Once a Month for each employee

Medium (5% - 10%) = Once a Week

High (more than 10%) = Twice a week

Daily COVID-19 screening continues for residents and staff. This entails a daily register of individuals’ temperature along with a health assessment. If an employee or resident is symptomatic, the individual will be tested. Mayflower will continue to follow existing policies and procedures for daily screening, use of PPE (personal protective equipment), contact tracing, and Phase regression.

Thank you for your continued support. If you have questions, please contact Jacki Hicklin, RN, Mayflower Assistant Director of Nursing/Infection Control Nurse at 641-236-6151 x233 or [jhicklin@mayflowerhomes.com](mailto:jhicklin@mayflowerhomes.com).

*-Steve Langerud, CEO*



**Be an Early Bird!**  
**Don't Wait Until It's Too Late to Schedule Your  
Open Enrollment Counseling Appointment.**

It can cost you money not to review your Medicare Part D drug plan coverage annually. In one hour or less, a volunteer SHIIP (Senior Health Insurance Information Program) counselor can complete a review, letting you know if you can save money and making sure you have access to the drugs you need. Last year SHIIP counselors helped Iowans save more than \$23 million. In 2019 fifty-five Mayflower residents saved a total of more than \$19,000 by taking the time to do this. Are you one of them?

Even if you love your current plan, it's smart to look over the 2021 options because many plans change from year to year. See if you can beat your current plan on coverage, costs, or both.

Every year between October 15<sup>th</sup> and December 7<sup>th</sup>, you can enroll in or change your Medicare Part D or Medicare Advantage plan for 2021. Don't miss out on this opportunity. A SHIIP counselor can help you choose the lowest cost drug plan for 2021. Many things can change from year to year: whether your medications are on the drug plan's formulary, the tier level of your medications, your premium, whether your pharmacy continues to be a preferred pharmacy, and/or you're deductible. SHIIP can also help you check to see if you are eligible for extra help paying for your drug costs and your Medicare premiums and understand your options if you do not currently have a drug plan.

SHIIP is a free, confidential service of the State of Iowa Insurance Division. Don't wait! Call or email SHIIP counselor Kathy Szary at 641-990-8507 or [szarykathy@gmail.com](mailto:szarykathy@gmail.com), to schedule your appointment today. Kathy will meet with you in the MRA Conference room in the Pearson building.

*-Kathy Szary, SHIP Counselor*

**Weekly Movies Return to the Kiesel Theatre**  
**2:00pm for Three Remaining Saturdays in September**

*To reserve a seat, call Deb Jack at the Pearson Desk (641)-236-6151*



September 12<sup>th</sup>: Calamity Jane (1953). Rated G, 101 minutes with closed captions. ★★★★★

September 19<sup>th</sup>: Places In the Heart (1984). Rated PG, 102 minutes with closed captions. ★★★★★

September 26<sup>th</sup>: 9 to 5 (1980). Rated PG, 110 minutes with closed captions. ★★★★★

- ❖ Maximum  socially-distant seats
- ❖ Independent living residents only
- ❖ Masks required in the theater
- ❖ No food or drink allowed in the theater
- ❖ If you miss the cut for the movie in Kiesel Theater, you may view the same movie in your home or in second-floor Buckley lounge where the DVD will be on the fireplace, near the TV on the south wall.
- ❖ Second-floor Buckley lounge will have a new DVD player with operating instructions.
- ❖ Seating in the lounge will be marked six feet apart.
- ❖ After viewing the movie in the lounge, please return the DVD to second floor fireplace for others to find. Do not return the DVD to the west-wall shelves.

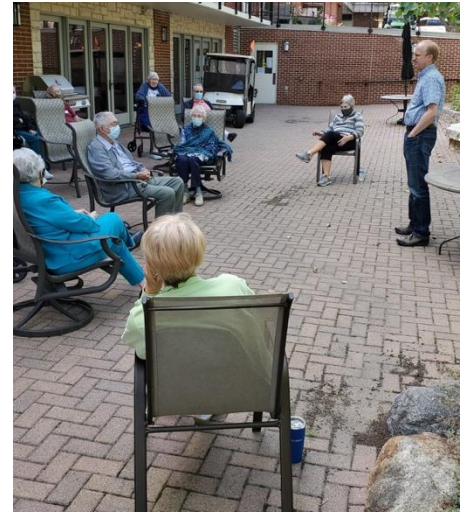
**These restrictions are new, but necessary, to keep us well.**  
**Kellie McGriff, BSN, NHA, Associate Director/Administrator**

## Worship During the Pandemic

So, how do you worship during the pandemic? Houses of worship closed. Social distancing. Face masks. Restrained singing. Limited pastoral visits.

It is difficult. As some houses of worship are slowly reopening, the safest venue continues to be ONLINE.

In addition, some faith groups are finding ways to gather safely. As you can see in the accompanying photo, Rev. Eric Schubert, the new pastor at the Grinnell United Methodist Church, met recently with a small group of parishioners in The Mayflower Community. That is one way to stay connected, especially for a pastor in the process of meeting their new congregation.



The safest way to continue to worship is online. Many houses of worship are offering regular services via the Internet, even while they are getting back to in-person gatherings. To support these options, The Mayflower Community has created an expansive listing of online worship sources, “Religious Services Online Resource.”

Copies are available in the Pearson lobby. In addition, the listing can be found on the “COVID-19” page of our website under the “General Information” heading:  
<http://www.mayflowerhomes.com/covid-19-information/>.

May this be a blessing to you!

*-Bob Mann, Sales & Marketing Director*

**HyVee**  
IMPROVE OTHERS

### SHOP ‘N’ SHARE

**Friends of Mayflower**

Please shop Hy-Vee in Grinnell

3% of purchases go to:

**THE MAYFLOWER COMMUNITY**  
(Includes Pharmacy Sales)

Order Total: \_\_\_\_\_

Sales Tax: \_\_\_\_\_

\_\_\_\_\_  
Customer Signature

\_\_\_\_\_  
Employee Signature

### Did you Know?

Did you know that when you shop at Hy-Vee, Mayflower receives a donation for 3% of your total purchase? Turn one of these forms into your cashier when you check out.

Check with Deb Jack at the Pearson Reception Desk if you need copies of the form!

# Mayflower Resident Flu Shot Clinic

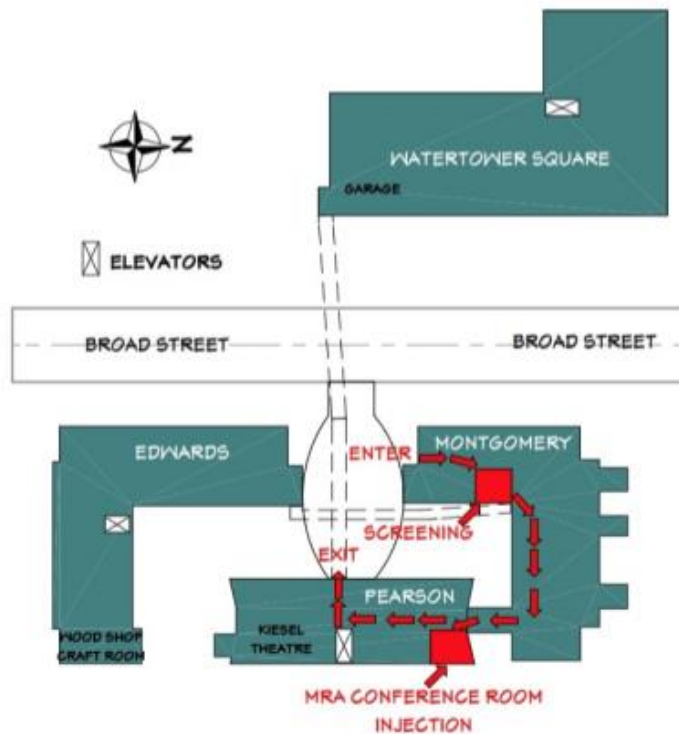
UnityPoint Health- Grinnell Public Health

Wednesday, October 14<sup>th</sup>

9:00 a.m. – 12:00 p.m.

\*Mayflower Residents Only (not open to the public)\*

## INDEPENDENT LIVING FLU SHOT CLINIC



\*Wear a mask and bring your insurance card\*



**Location:** Enter through Montgomery south door; stop in the lounge to be screened by one of our nurses.

- ❖ Use hand sanitizer
- ❖ Get your temperature taken (if it's greater than 100.4, you will not receive your flu shot and will be asked to see your physician)
- ❖ Get screened for COVID-19

Travel through the hallway to the MRA Conference Room in Pearson, stay socially distant while wearing your mask. Socially distant seating will be available while you wait.

Upon entry of the MRA Conference Room you will:

- ❖ Use hand sanitizer
- ❖ Present your insurance card
- ❖ Sign the consent form
- ❖ Receive your flu shot



## Drake Community Library Re-Opens

During the derecho storm aftermath, Drake Community Library opened its doors to the Grinnell community to provide electricity and air conditioning. After helping the community recover, DCL decided to resume in-person library services, maintaining safety measures and social distancing guidelines.

The library is following reduced capacity regulations and has increased their distance between computer seating. Everyone who enters is required to wear a mask. For those not yet wanting to go inside, the curbside pickup option remains online.

-Temesha Derby

### *The Informer* Submission and Publication Dates

Here is the rest of 2020's schedule:

<b>Submission Deadline</b>	<b>Publication Date</b>
Friday, September 18, 2020	Friday, September 25, 2020
Friday, October 2	Friday, October 9
Friday, October 16	Friday, October 23
Friday, October 30	Friday, November 6
Friday, November 13	Friday, November 20
Friday, November 27	Friday, December 4
Friday, December 11	Friday, December 18

**Submission deadline for the last issue of 2020 will be SUNDAY, December 21st with a publication of WEDNESDAY, Dec. 23, 2020.**

**FIRST submission deadline of the New Year will be Friday, January 1st, 2021 with publication on January 8th, 2021**

## The Perfect Day

What is, for you, a “perfect” day?  
 One that lifts your spirits, calms your fears?  
 Fills you with that over-whelming  
 Sense of peace—not tears?  
 Can we order such a day today?  
 Perhaps we want a peaceful heart  
 For every day, to share with those in need.  
 “Perfect” meant “inclusive” (not “flawless”)  
 In Jesus’ day, so maybe then  
 Our perfect day is here today! Amen!

Patricia (Pasha) Buck  
 January 2020

### New Booklist for September

Fisher, Suzanne Wood	—	On a Summer Tide	Fiction	
Fluke, Joanne	—	Coconut Layer Cake Murder	Mystery	
Grisham, John	—	The Innocent Man	Fiction	
Holahan, Cate	—	One Little Secret	Mystery	
Lang, Essie	—	Death on the Page	Mystery	
Ludlum, Robert	—	The Bourne Deception	Fiction	
Miller, Linda Lael	—	The Yankee Widow	Fiction	
Parker, Debbie Tindle	—	Moving On	Fiction	Local Author
Patterson, James	—	You've Been Warned	Fiction	
Tanabe, Karin	—	The Gilded Years	Fiction	LP
Trebek, Alex	—	The Answer Is...	Memoir	

**Resident Birthday List:**

September 12	Nancy Brown	September 22	Pam Gruhn
September 15	Dorothy Inouye	September 23	Kent McClelland
	Harry Bolton	September 26	Janaan Swann
September 16	Laila Ulm		Bob Smith
September 17	Mary Grey	September 27	Shane Estes
	Arloene Yungclas		
	D'Ann Kelty		
September 21	Dorothy Delk		
	Gene Wubbels		

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**In Memoriam**

Mary Ellen Lemke

Date of Birth: 08-01-1924

Date of Death: 09-03-2020

**“Attention all MRA Committee Chairs”**

Please send your budget request for your committee for 2021 to Montie Redenius at [mmredenius@gmail.com](mailto:mmredenius@gmail.com) Please let me know what your budget is even if it has not changed. Please let me hear from you by September 18. Thank you.

Montie Redenius  
[mmredenius@gmail.com](mailto:mmredenius@gmail.com)