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Mayflower's Janet Neff Retires after 35 Years

On Wednesday, May 29th, Janet Neff, Executive Secretary for The Mayflower Community, retired after 35 years of service.

Based in Mayflower's Pearson building business office, Janet has worked directly with four different Executive Directors over that period. In addition, she has been responsible for Mayflower's bi-weekly payroll, accounts payable check issuance, and a variety of administrative support activities.

At one time, Janet and her husband Duane, City of Grinnell Public Services Director, had planned to do some traveling upon Janet's retirement. Now, in the midst of the pandemic, they are reconsidering those plans. However, Janet says she will stay busy, as that is her nature.



Pictured at a socially-distanced business office going away event, are from left, Bob Mann, Sales & Marketing Director; Pam Vosburg, Chief Financial Officer; Janet (white shirt); Kristin Davidson, Staff Accountant/Accounts Payable Manager; Denise Smith, Accounting Specialist; Christy Kaisand, Human Resources Director; and Deb Jack, Receptionist. Missing is photographer, Steve Langerud, Executive Director.

-Bob Mann, Sales & Marketing Director

Mayflower Health & Wellness Infection Prevention and Management

Update #13: COVID-19 Information May 29, 2020

As of today, June 5, 2020, there are no diagnosed cases of COVID-19 among Mayflower residents and staff. This is the result of herculean measures by Mayflower residents and, especially staff, who continue to make resident safety their primary focus. We know how much work it is to follow these best practices not just once, but day after day. Your consistent implementation of best practices keeps each of us, our friends and family, and our colleagues, safe.

We also recognize the fatigue and stress from living the way we have all been living. Please hang in there. Our best data tells us that wearing masks in public, frequently washing our hands, and social distancing does make a difference. The Mayflower administration and staff are monitoring changes every day, thinking strategically about how to reopen, and always keeping each of us safe.

As of late, Governor Kim Reynolds has taken steps to "reopen," reducing limitations on lowa businesses and organizations. During this time, however, neither the Governor nor any of the public health or regulatory bodies has reduced any senior living or healthcare restrictions. Therefore, Mayflower is making no current changes.

In a Facebook Live broadcast on May 28th, Steve Langerud and Kellie McGriff discussed what the next few weeks may look like for relaxation of restrictions at Mayflower. We are awaiting approvals and guidance from governmental entities in order to take next steps.

In the meantime, we have considered possible changes in current arrangements for shared independent living spaces and activities: the Buckley Dining Room, the Obermiller Center, the Salon, libraries, Mini Gift-shop, Kiesel Theatre, chapel, building lock-up, wellness classes, transportation, and others. Due to pandemic limitations, there are no immediate changes planned.

We are still fiddling with our Facebook Live broadcasts, mostly sound arrangements. For those of you unable to hear our last Live, we apologize. Please make sure your volume is turned all the way up. We believe the issue is the sound on individual computers, and not smart phones. We are going to upgrade our microphone to see if that helps. The plan is to host a Facebook Live every other Thursday at 12:30pm, with the next one being June 11th. In addition, as news breaks, we may Facebook Live during interim periods.

See additional information on the back or second page of this piece.

Steve Langerud Executive Director

Kellie Mc the

Kellie McGriff Associate Director/Administrator

How to Stay in Touch via Facebook

We recommend using Facebook to follow Mayflower events. If you are not currently a user, just google "Facebook," and follow instructions to join. There is no fee. Once you have become a Facebook user, go to the Mayflower Facebook site

(<u>https://www.facebook.com/Mayflower-Community-164019130292098/</u>) and click on "Follow," to have new postings, including Facebook Live, pop up.

Questions about COVID-19 Illness?

- The best source for immediate information is a phone call to <u>2-1-1</u>, which takes you to a CDC (U.S. Centers for Disease Control and Prevention) operator.
- The most current **Mayflower COVID-19 information** is contained on our website (<u>https://www.mayflowerhomes.com/</u>), middle right, "COVID-19" double-click.
- The most current source of information for the **State** is this website: <u>https://coronavirus.iowa.gov/</u>.
- Mayflower's primary contact for health information is Jacki Hicklin, RN, Mayflower Assistant Director of Nursing/Infection Control Nurse at 641-236-6151 x233 or jhicklin@mayflowerhomes.com.

Transition Treks

Recent Mayflower independent living transition activity includes:

- Moved In:
 - Temesha Derby (*Informer* editor) from Omaha to Altemeier #102.
 - Rachael Schiller (Grinnell Music Therapist) from Bismarck ND to Buckley #312.
 - Tom and Emily Moore from Grinnell to 716 Broad Street Harwich Terrace North
 - Rey Evans from Buckley #203 to Buckley #316
 - Shane and Robin Estes from 630 Park Harwich Terrace Southeast to Edwards #11
 - Carol Graff from Brooklyn IA to Alterneier #103
 - o John Landkamer from Grinnell to 702 Broad Street Harwich Terrace North
- Moves in Process:
 - Fred and Patty Johnson from Grinnell to Buckley #318
 - Bob and Keiko Butterfield from Naperville IL to Pearson #205
 - To Be Announced (2) New Harwich Terrace homes at Hamilton and State in planning process

-Bob Mann, Sales & Marketing Director (bmann@mayflowerhomes.com)



Grinnell Farmers Market to open June 4th with modified procedures

GRINNELL – The Grinnell Farmers Market will open for the 2020 season starting Thursday, June 4th from 3PM - 6PM and Saturday, June 6 from 10AM - Noon and will run through October 24th, 2020. In response to the COVID-19 pandemic, the market will be implementing many changes to ensure customer and vendor safety, and will also be adding an online ordering option for the 2020 season! Grinnell Farmers Market is organized by the Grinnell Area sponsored by Grinnell College and UnityPoint Health - Grinnell Regional Medical Center.

Market Set Up

Market will continue to be held along the sidewalks of Broad Street and 4th Avenue. Per requirements from the State of lowa, vendors need to maintain at least 6 feet of distance between each other. To help accommodate this change, the vendor set-up will be altered. Please see Attachment A for the following description.

Vendors will still back vehicles into their spaces as they have done in the past, and is signified by the **RED** squares. To maintain customer distance, vendors will now be setting up in the parking spaces to the south of their vehicles, instead of on sidewalks; this is signified by the **GREEN** squares. Tables will be set up in the parking spaces along the curb which will help maintain appropriate social distancing between vendors and customers. Tents are to be set up in the parking spaces and not covering the sidewalks. Customers should note that due to these logistical changes, it is possible that vendors may be in different locations than previous years.

To encourage social distancing and spacial recognition, customers will be asked to proceed through market in a one way fashion; please see Attachment B for a map. Purchasing traffic will be on the half of sidewalk closest to the vendors heading South & East (**GREEN**) with the North and West (**BLUE**) showing the return foot traffic. It should be assumed that the corner of 4th & Broad is the 'starting point' for foot traffic at market, based on these maps. The market will have the sidewalks denoted to align with this map, and will aid customers in their market visits. Per Governor Reynolds' extended Public Health Emergency Declaration, there will be no events at market, including but not limited to: tastings of any kind, chef demonstrations, live music performances, face painting, kids activities, etc at this time. This is subject to change as the season progresses and restrictions loosen.

Sanitizing Stations: At least 3 hand sanitizing stations will be available for customer and vendor use at market. These stations will be located on the south end of Broad Street, the intersection of Broad and 4th Ave, and on the East end of 4th Ave. All will have signage encouraging people to sanitize their hands when they enter and exit market. Vendors are strongly encouraged to sanitize their hands frequently.

Online Market

In an effort to provide as little contact as possible for those interested, an online option to pre-order market products will also be available for the 2020 season. Using the website, <u>GrinnellToGo.com</u>, each vendor may choose to make their own profile and list their products. Customers will be able to pre-order products online and pay with a debit or credit card. Customers wishing to use SNAP, DUFB or Grinnell Grocery Vouchers will check the "pay at store" options.

Attachment A

This image shows Broad Street from the intersection of 4th down to Commercial Street. Attachment B

wavs



This image shows the corner of 4th and Broad Street and depicts foot traffic walk

These maps are in reference to the walkthrough traffic paths for the 2020 Farmers Market.

Please wear a mask if you are attending the Market and we are discouraging the use of reusable bags during this time. We ask you to use "point, don't touch" procedures when picking out items from vendors. There will be hand sanitizing stations for your convenience, located throughout the Market.

-Temesha Derby, Marketing & Events Specialist for Grinnell Area Chamber of Commerce

FANS' Flowers for Mayflower Residents



An anonymous group of residents in The Mayflower Community continues to do craft and other caring work to support Mayflower's healthcare residents in quarantine. They call themselves FANS (Friends and Neighbors of Mayflower), and they want no credit.

The latest offering was homemade paper flowers to brighten the day of Health Center and Beebe Assisted Living residents.

We hope that FANS are getting "credit" somewhere!

-Bob Mann, Sales & Marketing Director

Imagine Grinnell and Giving Gardens Provides Accessible Flower Boxes to Mayflower

While still the executive director of Imagine Grinnell, Rich Dana wrote a grant to the Iowa State University Extension Service for funding for four "vegetable trugs." A "VegTrug" is a V-shaped wooden container used to grow plants. A VegTrug is a space-saving extra slice of garden with perfect soil that also looks great. Flowers as well as vegetables can be planted in the boxes.

Working with Grinnell's Giving Gardens, the plan was to provide the planter boxes to not-for-profit organizations in Grinnell. That grant was funded and four VegTrugs were received, "some assembly required." After Rich's departure from Imagine Grinnell, Chad Nath, a volunteer with Giving Gardens since its founding in 2013, personally assembled all four VegTrugs. Chad is the Executive Director of Link Grinnell, a new organization devoted to providing childcare and youth development in the Grinnell area.



Grinnell's Giving Gardens has now expanded from one to 11 gardens. The excess produce is given to MICA for distribution to clients in need.

The raised planters are wheelchair and walker friendly. For easy access, they are usually erected on a solid surface of some sort, like concrete or crushed rock. The four units assembled by Chad are made of cedar wood and are $72" \times 30"$ and 31" off the ground.

Two of the units have been installed at Ahrens Park and the Grinnell Community Learning Center. The other two will be installed by Mayflower in the Health Center Courtyard and on the Buckley Courtyard patio.

If you are interested in building one, check out My Outdoor Plans website, https://myoutdoorplans.com/planter/vegetable-trug-planter-plans/.

-Bob Mann, Sales & Marketing Director

UnLOCKINg the Power of Philanthropy

By Doug Lockin, CPA, Charitable Gift Planner

"Proactive Giving, the Heart of Gift Planning"

Gift planning is relational, exploratory, and perhaps most effective when a specific gift is not being considered. The current COVID-19 slowdown may be a great time to chat with me or another trusted advisor. "Proactive gift planning" provides emotional or material benefit that makes good giving even better Consider the following outlines:

1) Give with the assurance that personal and family needs will

The "Whys" of Proactive Giving

- <u>be met.</u> Your need for sufficient lifetime income and your desire to benefit family members or other heirs will not be compromised with a proactive plan.
- Make charitable gifts when it is best for you, and support favorite organizations when it is best for them. Proactive planning allows you to separate these two components of charitable giving, typically for significant income tax benefits.
- 3) <u>Give away the "right" assets.</u> Non-cash alternatives like giving from an IRA or contributing appreciated securities are the most common.
- 4) <u>Plan the "legacy" gift you want to make, but never thought you could make.</u> The most common end-of-life giving plans include "only if sufficient assets remain" provisions.
- 5) <u>Avoid on-the-spot decisions when you receive a request for a gift.</u> Raise your confidence in order to say "yes" when you want to say "yes," and "no" when you want to say "no."

Know Your Proactive Giving Self

- 1) <u>What are your favorite charitable organizations?</u> Among the organizations you currently support, which would you consider for a special lifetime or end-of-life gift?
- 2) <u>Do you favor lifetime or end-of-life gifts to your favorite organizations?</u> Your preference here may arise from practical financial circumstances and/or emotional preferences.
- 3) <u>How much to favorite charities?</u> If the assets you have at this moment were being distributed between family and favorite charities, what percentage would each get?
- 4) <u>What current or future financial issues concern you?</u> Surprisingly, there are charitable techniques that can help you provide for yourself or a loved one.
- 5) How strongly do you feel about legitimate tax avoidance opportunities?
- 6) <u>Would you consider involving children or grandchildren in your charitable plans as a way</u> to pass family values to the next generations?

It will be a pleasure to hear from you.

-Doug Lockin, 515.210.6603 dlockin@mayflowerhomes.com

The Grinnell Chamber is launching a Scavenger Hunt!

Get a group of people together to join your car and drive around Grinnell for their brand new Scavenger Hunt!

There are 16 different and exciting items on each Scavenger Hunt card. Each week, there will be different businesses featured and 6 items will be standard nonsponsored items around Grinnell.

Mayflower Community is a proud sponsor of this fun event! You can sign up and learn more here:



https://www.grinnellchamber.org/en/events/scavenger_hunt/ -Temesha Derby, Marketing & Events Specialist for Grinnell Chamber



In Memory of:

Mary Ellen Lynch 01-20-1925 to 06-01-2020

Resident Birthdays:

June 5	Bev Anderson
June 6	Bob Grey
	Bob Dimit
June 7	Sue Ramsey
June 8	Marie Eisenman
June 9	Bob Anderson
June 10	Mary Margaret Ashby

June 12	Ed Phillips
	Peg Kolpin
June 14	Gerald Guenther
June 21	Nancy Roudabush
June 29	Karen McNally
June 30	Luther Erickson