

Mayflower Health & Wellness Infection Prevention and Management

Update #5: Coronavirus Situation March 18, 2020

The COVID-19 pandemic continues to grow in the United States and in Iowa.

The best protection is “social distancing,” that is maintaining physical distance from others, at least six feet. The best method for that is staying at home as much as possible. In addition, hygiene is critical, especially frequent aggressive hand-washing with soap and water.

Mayflower has instituted increased safety plans across the campus. In addition, we are studying the issue daily to determine what additional steps we should take.

As the result of new requirements from our federal and state regulators and the March 17th declaration of a State Public Health Disaster Emergency by Iowa’s Governor, Kim Reynolds, we are adding these new Mayflower restrictions:

- No gatherings on campus shall exceed 10 people.
- All floors of the Health Center are now closed to visitors and non-Health Center residents.
- The only Health Center exception is the lower level Total Rehab clinic for Mayflower independent living clients who may enter via the skywalk and Health Center elevator.
- This expanded closure now includes:
 - The Obermiller Fitness Center
 - The Sports Room
 - The Parlor beauty/barber shop
 - 2nd-floor Administrative offices
- Two or three NuStep machines will be moved into independent living spaces to include the Edwards lounge and one to two others.
- The Buckley Dining Room is closed as of 2:00pm today. Called-in orders from the Open Dining menu will be available for pick-up or Mayflower delivery. The \$2.00 delivery fee will be temporarily suspended.
- For meal carry-outs, we will continue to use the green washable containers to reduce expenses. Please return daily any containers you have in your home.

- Food staples will be available from the Buckley kitchen to include bread (white, wheat, raisin, English muffins), milk (½ gal), eggs, margarine, cereal (Cheerios, Corn Flakes, Rice Krispies, Bran Flakes, Oatmeal, Cream of Wheat), juice by the quart (orange, apple, cranberry), oranges, apples, bananas

Grinnell grocery stores:

- Hy-Vee (641-236-6584) – Open 6:00am-9:00pm. No longer making deliveries. Orders called in, may be picked up.
- McNally's (641-236-3166) – Open 7:00am-10:00pm. 6:00-7:00am reserved for seniors. Monday phone-in orders delivered Tuesday. Wednesday orders delivered Thursday.
- Fareway (641-236-3331) – Open 8:00am to 7:00pm. 8:00-9:00am reserved for seniors. Orders delivered.

The Grinnell Chamber of Commerce reminds us that during these challenging times, one of the most important actions you can take is to “shop local.” Some local merchants will be hard hit by COVID-19 prevention activities, not the least of which is the Grinnell College students moving off campus last weekend. Anyway, it is good to avoid the shopping crowds in large cities.

Questions about COVID-19 or illness? Calling 2-1-1 now takes you to a CDC (U.S. Centers for Disease Control and Prevention) phone line to answer your questions. In addition, Mayflower's primary contact is Jacki Hicklin, RN, Mayflower Assistant Director of Nursing/Infection Control Supervisor at 641-236-6141 x233 or jhicklin@mayflowerhomes.com.

Steve Langerud
Executive Director

Kellie McGriff
Associate Director/Administrator