Mayflower Health & Wellness Infection Prevention and Management

Update: Coronavirus Situation

Worldwide and nationally, cases of COVID-19 continue to grow. As of Wednesday afternoon, there are over 120,000 people infected and 4,300 deaths in 110 countries. In the United States, there are more than 1,000 infected and 31 deaths (24 in the state of Washington).

As a result, the World Health Organization (WHO) has now designated COVID-19 a "Pandemic." By their definition, this means there is a "worldwide spread of a new disease that affects large numbers of people." Or, in other words, this is really serious.

If you wish more information, calling <u>211</u> now takes you to a CDC (U.S. Centers for Disease Control and Prevention) phone line to answer your questions.

What can you do? Maintain extreme hand-washing routines; refrain from touching your eyes, nose, or mouth; clean surfaces regularly; avoid large gatherings of people; and stay home if you are not feeling well.

As you know, we have restricted visitors to the Mayflower Health Center and Beebe Assisted Living. Please observe this.

Here is some more Mayflower specific information:

- If you wish to invite <u>guests</u> into our independent living home, that is your choice. However, we ask that you not entertain groups in Mayflower common area spaces (lounges, dining rooms, etc.)
- It is your choice to engage in Mayflower <u>activities</u> that are still being held: Mini-Gift shopping and Obermiller Center exercising, for example. If you have specific questions about an event, contact receptionist, Deb Jack (641-236-6151 x100)
- There are <u>no group grocery runs</u> on Wednesdays. However, you can get grocery deliveries as follows:
 - Pharmacy
 - Hy-Vee Pharmacy (641-236-4287) same day delivery
 - Medicap Pharmacy (641-236-3663) within 24 hours dependent on phone-in time

o Grocery

- Hy-Vee (on-line www.hyvee.com, "Go Shopping" tab or call 800-772-4098) same day delivery if ordered by 10:00am or designate the delivery date/time
- McNally's Foods (641-236-3166) same day delivery
- Fareway Stores (641-236-3331) –delivery service 2 days per week:
 - o Place order on Tuesday for Wednesday delivery, or
 - o Place order on Thursday for Friday delivery

Questions about COVID-19 or illness? Contact Jacki Hicklin, RN, Mayflower Assistant Director of Nursing/Infection Control Supervisor at 641-236-6141 x233 or jhicklin@mayflowerhomes.com.

Steve Langerud Executive Director Kellie McGriff Associate Director/Administrator

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