

Mayflower Health & Wellness Infection Prevention and Management

Update #11: COVID-19 Information *April 29, 2020*

Here are some updates for you.

At this time, we have no known cases of COVID-19 with Mayflower residents or staff.

On Monday, April 27th, Governor Kim Reynolds declared a “partial reopening” of 77 Iowa counties whose rates of COVID-19 cases has declined. Poweshiek County is one of Iowa’s 22 counties that will have to wait for May 15th, at the earliest, for a relaxation of close orders.

Under the declaration, the 77 counties can reopen restaurants, fitness center, malls, libraries, racetracks, and some retail business at 50% capacity. Religious gatherings in all 99 counties are no longer subject to the maximum of 10 attendees. All of the reopenings must maintain social distancing and appropriate hygiene.

Previously, the Governor has approved the return of elective surgeries, subject to surgical centers requirements.

The State of Iowa is touting a new service, Test Iowa, that is designed to assess, test, and contact trace COVID-19. Almost 200,000 Iowans have taken part in it. If you are interested, go to <https://www.testiowa.com/> and take the initial survey.

Here are some Mayflower announcements and updates:

- For the time being, Mayflower has decided to keep library materials and DVDs sequestered to avoid the spread of the COVID-19 virus.
- We ask that you file work orders with our Facilities staff only for “essential” repairs inside your homes, holding the cosmetic ones until we are through this high-alert pandemic period. If you have a question about what is essential, call Erin Gersdorf (641-990-1800).
- If you are visiting with someone in the Health Center or Beebe through the window, please do so with the window closed and the screen in place. Use your cell phone to talk.
- As we have previously announced, you can now order meals online and have them delivered from the Mayflower Buckley kitchen through your computer. Already, this service has become popular. If you are interested, go to the Mayflower website, <https://www.mayflowerhomes.com/>, and click “Online Food

Ordering” near the top of any page. If you have not received your Username and Password, contact Mayflower receptionist, Deb Jack.

If you are checking in on a friend or loved one who is staying home or in isolation, here are some key questions to ask:

- How are you feeling?
- Do you have enough food, supplies, and medicine?
- How have you been sleeping?
- Are you worried or anxious?
- What do you need help doing?

The U.S. Centers for Disease Control and Prevention (CDC) initially listed just three symptoms for COVID-19: fever, cough, and shortness of breath. Now, it is known that the disease can affect one patient very differently from another. Therefore, the CDC has officially added six more symptoms: chills, repeated shaking with chills, muscle-pain, headache, sore throat, and loss of taste or smell.

Questions about COVID-19 Illness?

- The best source for immediate information is a phone call to **2-1-1**, which takes you to a CDC (U.S. Centers for Disease Control and Prevention) operator.
- The most current **Mayflower COVID-19 information** is contained on our website (<https://www.mayflowerhomes.com/>), middle right, “COVID-19” double-click.
- The most current source of information for the **State** is this website: <https://coronavirus.iowa.gov/>.
- Mayflower’s primary contact for health information is **Jacki Hicklin**, RN, Mayflower Assistant Director of Nursing/Infection Control Nurse at 641-236-6151 x233 or jhicklin@mayflowerhomes.com.

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