

Mayflower Health & Wellness Infection Prevention and Management

Update #9: COVID-19 Information *April 17, 2020*

New development: Shane and Robin Estes have moved from their Harwich Terrace patio home, 630 Park, to Edwards #11. Mayflower is in the process of setting up the now vacant home for use as isolation care space in the event that we have a resident with a COVID-19 diagnosis. “The Estes House” could provide support for four, possibly more, residents. We are hoping that we do not need the space, but we will be ready.

We have vacated the south wing of the Health Center, formerly known as the South Village. All residents in the Health Center as of April 14th are now living in the north and east wings of that building. The south wing will be used for residents coming to Mayflower from hospitals in order to provide short-term isolation while we await results of testing. We will be able to welcome these new residents subject to new regulatory staffing requirements.

Since we gained knowledge of the pandemic, our intent has been to be a step ahead of any needs that arise. These are just the latest steps.

Mayflower requires staff to use facemasks when we are in the presence of any resident. We now ask all residents to follow the same practice. We have been blessed with the work of a number of people, led by Alicemary Borthwick, to sew facemasks for use by staff and residents. If you have asked for a facemask, it will be delivered today or Monday. If you need one, please call Mayflower receptionist, Deb Jack (641-236-6151).

In addition to the facemask procedures, Mayflower encourages you to stay at home as much as possible and to screen any visitors for COVID-19 symptoms.

Local family practice doctor, JR Paulson, M.D., has produced a video to help people cope with issues raised or exacerbated by the current pandemic. It is available at <https://www.youtube.com/watch?v=NcSOEuv200U>.

Current hours for local grocery stores are posted at the end of this message.

Information about cleaning and disinfecting is also included at the end of this message.

Steve Langerud

Kellie McGriff

Executive Director

Associate Director/Administrator

GRINNELL STORE HOURS

Fareway Grinnell (236-3331)

☑ Open from 9AM-7PM Monday-Saturday ☑ Special hour of 8AM-9AM for those 65 and older, or those susceptible to illness. They are delivering to Beebe from where Food Service staff deliver to apartment residents.

Hy-Vee Grinnell (236-6584)

☑ Open 8AM to 8PM 7 days a week. ☑ Encouraging customers to shop online and utilize curbside pickup or home delivery ☑ <https://www.hy-vee.com/grocery/>

McNally's Grinnell (236-3166)

☑ Open from 7AM-10PM Monday-Saturday ☑ Special hour of 6AM-7AM for those 65 and older, or those susceptible to illness. They are delivering to Beebe from where Food Service staff deliver to apartment residents.

Wal-Mart Grinnell (236-4999)

☑ Open 6AM to 11PM 7 days a week.

CLEANING AND DISINFECTING

Information about disinfecting your home if someone is sick:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Steps to help prevent the spread of COVID-19 if you are sick:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

QUESTIONS ABOUT COVID-19

- The best source for immediate information is a phone call to **2-1-1**, which takes you to a CDC (U.S. Centers for Disease Control and Prevention) operator.
- The most current **Mayflower COVID-19 information** is contained on our website (<https://www.mayflowerhomes.com/>), middle right, "COVID-19" double-click.
- The most current source of information for the **State** is this website: <https://coronavirus.iowa.gov/>.
- Mayflower's primary contact for health information is **Jacki Hicklin**, RN, Mayflower Assistant Director of Nursing/Infection Control Nurse at 641-236-6141 x233 or jhicklin@mayflowerhomes.com.