

Barbara Franz Dec 13  
Lorna Caulkins Dec 17  
Dick Schild Dec 14  
Netia Worley Dec 19



Gerald Adams Dec 20  
Jenny Erickson Dec 21  
Betty Anne Francis Dec 24  
Verlene Mitchell Dec 29

**Chapel:** Every Tuesday, at 10:00 a.m. in Carman Center - *Coffee, tea & fellowship preceding Chapel at 9:30 & again at 10:30 following the service. Video tapes/DVD's available from Shane Estes. SERVICE LEADERS:*



December 13 Monty Redenius, Mayflower Resident

December 20 Rev. Bob Anderson, Mayflower Resident

**Spiritual Care Coordinator Christine Tinker** is available 10:00 a.m. - 5:00 p.m. daily and as needed on weekends. Christine takes Wednesday off and emergencies are covered by Len Eberhart. She is available by phone 641-990-9062 and appointments may be made at times other than her regular schedule.

**Chaplain Len Eberhart** is at Beebe Tuesdays and Wednesdays and available by phone 641-990-3861. Len's ministry is primarily with the Beebe residents.

**Health Center Worship Service** - Sundays at 10:00 a.m. in the Health Center Dining Room.

**Between the Bookends: *Two by Two*** is a new novel by Nicholas Sparks. At thirty-two, Russell Green has it all: a stunning wife, a lovable six-year-old daughter, a successful career and an expansive home in Charlotte. Underneath the shiny surface of this perfect existence, fault lines are beginning to appear. In a matter of months, Russ finds himself without a job or wife, caring for his young daughter London. Throwing himself into the wilderness of single parenting, Russ embarks on a journey terrifying and rewarding. When a chance encounter with an old flame tempts him to take a chance on love again, he will navigate this new opportunity with trepidation and wonder. Russ will finally come to understand the true nature of unconditional love -- that is a treasure to be bestowed, never earned.

**Recent Acquisitions:**

*The Whistler* by John Grisham (LP)

*The Imperial Wife* by Irina Reyn

*The Range Detectives* by William Johnstone

*Way Off the Road* by Bill Geist



## Mann Missive

Ferne Norris. Former Buckley independent living resident, Ferne Norris, passed away the last week of November. She had been living with her daughter Jackie Dale in Port Ludlow, Washington for the last year and a half. Ferne was preparing to celebrate her 100<sup>th</sup> birthday.

Photomurals Dedicated. On November 25<sup>th</sup> the Watertower Square tunnel photomurals and benches were dedicated to Virgil Groth. About 60 people attended the very meaningful service conducted by Spiritual Care Coordinator, Christine Tinker. A brochure describing each individual photomural is located in a rack on the wall at the east end of the display. Help yourself to a copy, if you wish.

Obermiller Center. It's available. Consider using it. While I was working out recently in our lower level Health Center exercise room, a resident approached me and said, "This is a great place. Why don't more people use it? Would you write about it in your column." I am honoring that commitment. It is a great place. There are many equipment choices with TVs and fans in a clean, recently-remodeled space. If you'd like to get started on a planned workout routine, contact our Wellness Director, Georgia Plumb. Or, bring a partner and experiment.

Keys are available for a \$5 deposit when you sign a liability release form at the Pearson office desk.

"Prelude to Christmas" Dinner. Over 100 Mayflower residents and guests enjoyed an Argentine-themed supper in the Buckley Dining Room on December 1<sup>st</sup>. Although the names of the individual dishes were different, that did not make them any less

delectable. Diners raved afterwards that the quality of the food and camaraderie were both outstanding. Another successful Mayflower dining event.

Human Needs Endowment Fund—Your Gifts Are Important. Annually, Mayflower provides in excess of \$400,000 in unreimbursed care for residents whose resources have been depleted. This is mostly residents receiving Medicaid assistance, at a level that is less than our cost. And, annually, the Human Needs Endowment Funds held by Mayflower and by the Greater Poweshiek Community Foundation provide about \$160,000 in earned income on the over \$3,000,000 in endowed funds. Your gift to these endowed funds increases the annual earnings we receive and, most importantly, assures that good people can continue to receive the care they need. Thank you for your contributions.

Mayflower Is Dressed up for the Holidays. Isn't this place beautiful? The Buckley Dining Room glistens. The Carman Center and lobby area are impressive. And, most apartment building lounges have their own tree. It is surely holiday time at Mayflower.

Golf Cart for Multi-Department Use. Thanks to a gift from the Mayflower Residents Association, Mayflower has been able to purchase a new golf cart for use by Facilities staff. The old one has been refurbished and is now available for use by our Food Service and Nursing departments. Thank you.

Bob Mann, Executive Director  
([bmenn@mayflowerhomes.com](mailto:bmenn@mayflowerhomes.com))  
Include Mayflower in your will with a call to your attorney.



## *Christmas Dinner*

*Sunday, December 25th at 12:00 p.m.*

*Baked Ham - Roast Beef - Mashed Potatoes & Gravy*

*Scalloped Corn - Green Bean Casserole - Rolls*

*Stained Glass Salad - Warm Fruit Compote & Cheesecake*

*Reservations required by Wednesday, December 21*

*641-236-6151 ext. 216 -- Cost \$10.00*

### *The Mini Gift Shop is asking for your input . . .*

Per tradition and the Mayflower Residents By-Laws "Residents may suggest in writing how profits from the Mini Gift Shop might be used, but the final decision . . . shall belong to the Mini Gift Shop Committee . . . and presented for action to a Town Meeting of the MRA." The amount received through November 30, 2016 is \$5,871.35. After December receipts are known, the exact amount will be announced in January. Unless we receive suggestions from the residents the funds will be designated to the Mayflower Human Needs Fund, the original and main beneficiary of shop sales.

Please submit your written suggestions addressed to the MGS Committee c/o Deb Jack at the Pearson front desk no later than the close of business on **Wednesday, December 21st.**

Thank you

*Rey Evans on behalf of the Committee*



# Coming Attractions



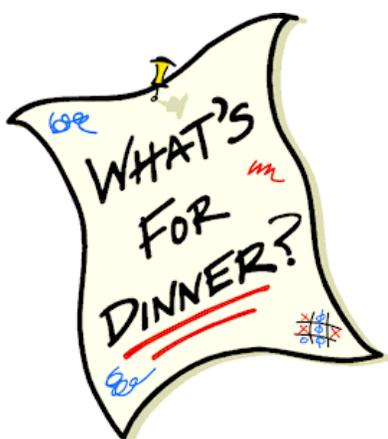
## Mayflower Matinee Movies

2:00 p.m. on Fridays in Kiesel Theater

**December 9 - Frenzy (Hitchcock)** - London is terrorized by a vicious sex killer known as the neck tie murderer. Following the brutal slaying of his ex-wife, down-on-his-luck Richard Blaney is suspected by the police of being the killer. He goes on the run, determined to prove his innocence. Starring Jon Finch, Barry Foster & Barbara Leigh-Hunt. Rated R for Sex, Nudity, Violence, Profanity, Alcohol, Drugs, Smoking & Frightening Intense Scenes. 116 Minutes - Thriller.

**December 16 - Judy Garland: The Concert Years** - Judy Garland breezed through many memorable MGM musicals after her amazing performance in "The Wizard of Oz." She made the Garland-Rooney musicals, "Ziegfeld Girl", "Till The Clouds Roll By" and so many more. As she matured, and her personal problems took her out of the film spotlight, her concert performances took on a new depth and intensity that has been seldom matched. Sure, there were more technically perfect singers, but nobody ever put as much emotion into her singing as the late, great Judy Garland. Starring Lorna Luft, Liza Minelli, Tony Bennett and many more. Not Rated - Biography/Drama/Music.

**December 23 - Learning to Drive** - Wendy (Patricia Clarkson), a self-absorbed New York book critic, is shocked to reality by the sudden end of her marriage. Always dependent on her husband for driving, she must now learn to take the wheel on her own. Her instructor Darwan (Ben Kingsley) is a Sikh Indian who watches with alarm as his pupil falls apart at the seams. He himself is contemplating an arranged marriage with a woman he has never met. As these two lives intersect, both will change in unpredictable ways. Starring Patricia Clarkson, Ben Kingsley & Grace Gummer. Rated R for Language & sexual content. 90 Minutes - Comedy/Drama/Romance.



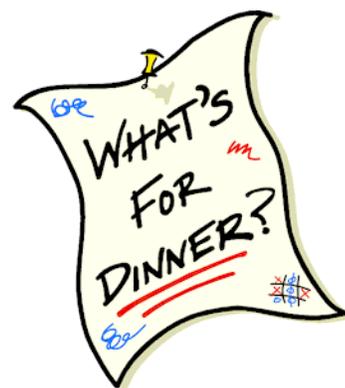
## The Final Forum of 2016

Tuesday, December 13

2:00 p.m. in Kiesel Theater

The speaker will be our own

Scott Gruhn



and his subject will be - What's for Dinner?"

# Documentary & Discussion Series

**Tuesday, December 13** at 6:00 p.m. in Kiesel Theater - Break The Silence Against Domestic Violence - Men Can Be Part of the Solution Rather Than the Problem = "A Path Appears" - Part 3

In Atlanta, Georgia & Kibera, Kenya: Grass Roots Local Programs

**Tuesday, January 3** - Digital Nation at 6:00 p.m. in Kiesel Theater - How Has Digital Media Transformed Our Lives - Pros and Cons? Note the Change to the first Tuesday of the Month.

**Senior Education Program on December 12 will be Voices from the Past: Lower Blue Point Church.** All are welcome to take a glimpse into our county's history. This program is free and open to the public. It will be held at 10:00 a.m. in the Drake Community Library.

**Sing-for-Fun Birthday Party** in Carman Center on **Thursday, December 15** at 3:30 p.m. - Everyone is welcome to join in!



**Lyceum** on **Thursday, December 15** at 7:00 p.m. in the Carman Center will be Too Many String Band. All are welcome! *Lyceum resumes on January 5.*

**Book Club** on **Friday, December 16** at 12:30 in Beebe Lounge will be *Seasonal Sharing* with the residents.

Friday, January 20 at 1:00 p.m. in the Game Room will be *All the Light we Cannot See* by Anthony Doerr

 **The Ahrens' Family, will be presenting a Music Program** on **Tuesday, December 27** at 3:30 p.m. in Carman Center. All four grandkids will be doing numbers on their instruments, so please do come and enjoy this special program!

**Mayflower Residents Association Executive Council Meeting** on **Monday, January 2** at 2:30 p.m. in the Health Center Conference Room.

**A Matter of Balance: Managing Concerns About Falls** begins **Tuesday, January 3** at 1:00-3:00 p.m. in Montgomery Lounge.

**Mark your calendar & save the date** - **Saturday, January 28, 2017**

12:45 p.m. Lester bus to Grinnell College Womens Basketball & 2:45p.m. Mens

5:00 p.m. Pizza Buffet & Story Circle Plus A Taste of Chinese New Year (including warm sake - Chinese rice wine) - More info next month.



## Old Man Winter Has Arrived.

As the white fluffy stuff begins to fall from the sky, the Facilities Staff is once again put to the task of clearing sidewalks and driveways. With that in mind we ask for your help.

When parking in the off street parking along 1st Avenue south of Edwards, Beebe, and the Health Center, please keep your vehicle back off the sidewalk so we can get through with our tractor.

Also for Harwich Terrace and Watertower folk, would you please remove any pots, decorations, and door mats outside your entry doors. That will make it much easier for my staff to clear the snow and ice from your stoop.

With everyone's cooperation, we can make this a safe and injury free winter.

Happy Holidays, *Erin Gersdorf*

## BUCKLEY DINING ROOM DINNER CRUISE

Thursday, January 19, 2017

Social at 5:00 p.m.

With wine, sparkling grape juice & appetizers

Dinner at 5:30 p.m.

Salad, Steak DeBurgo with Shrimp, Rice Pilaf & Vegetables

Dessert

Panna Cotta with Raspberry Sauce & Truffles

Cost \$12.00 per person

Reservations due by Monday, January 16





## MAYFLOWER BELLS

Monday, December 12 at 1:00 p.m. in the HC Conference Room  
December 26 and January 2 practices are cancelled due to the holidays

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### WEEKLY WALKING GROUP WITH GEORGIA

Meet at the Obermiller Center  
Monday & Thursday mornings at 8:30 a.m.



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EVERY MONDAY - 2:00 p.m. TABLE TENNIS in Sports Room. LL HC - men's  
EVERY MONDAY - 4:00 p.m. TABLE TENNIS in Sports Room. LL HC - women's  
EVERY WEDNESDAY, 6:30 p.m. -GAME NITE in the Anchor- Free ice cream  
EVERY THURSDAY, 10:00 a.m.-TABLE TENNIS in Sports Room. LL HC - mixed  
EVERY FRIDAY, 9:30 a.m. -KOFFEE & KONVERSATION-Buckley Dining Room

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### Theraband Exercise 5 times a week!



Monday, Beebe Activity Room at 11:00 a.m.  
Tuesday, Montgomery Lounge at 3:30 p.m.  
Wednesday, Beebe Activity Room at 11:00 a.m.  
Thursday, Montgomery Lounge at 3:30 p.m.  
Friday, Beebe Activity Room at 11:00 a.m.

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**The Mayflower Poetry Club:** The Poetry Club meets on the 2nd Monday of the month. The next meeting will be **December 12** at 2:15 in the Bistro.

**Dean Kayser (Audiologist):** Independent residents can make an appointment by calling 236-6676.

**Dr. Newman (Podiatrist):** Call Myrt at the health center desk (ext. 210) to schedule an appointment with Dr. Newman.

**Dr. McKnight (Podiatrist):** To make an appointment call Connie 236-6151 ext 219.

**Wal-Mart and Grocery Van Trips:** The Mayflower van will be making a trip to Wal-Mart, Fareway, McNally's & Hy-Vee each Wednesday at 1:30.

## NEIGHBORHOOD GROUPINGS

- December 12** Edwards, Buckley 2nd, Watertower 2nd & 3rd,  
Harwich Terrace East
- December 19** Pearson, Watertower 1st, Altemeier, Harwich Terrace South
- December 26** Buckley 1st, Harwich Terrace Southeast



**Reminders** - No Wine & Cheese on the last Friday of December

**Breakfast Bunch** - Saturday, 8:00 a.m. on December 10 - Meet in Pearson

**Dine Out on Sunday Nights** - we leave at 5:00 p.m

December 11 - Pizza Ranch/December 18 - Chuong Garden

December 25 & January 1 - Cancelled for Christmas and New Year's Day

### **Thank You:**

The members of the Mini Gift Shop committee would like to publicly thank Bob and Dot Anderson for their many and countless donations to the shop as they downsized from their Harwich Terrace home to an apartment in Altemeier. In addition to their donations which were and continue to be sold in the shop, they held a special sale for Mayflower staff only. That silent auction sale consisted of furniture, antiques and collectibles, outdoor furniture and BBQ grill, etc. The sale garnered \$600+ and ALL the proceeds were given to the shop to disburse at the end of the year. (See related article elsewhere in this Informer.)

Bob and Dot hope others who might face downsizing in the future will consider doing something like this, not only both to raise money for the Mayflower Human Needs Fund, but also to show appreciation for Mayflower's staff. They have all their bidding forms and notes from the process to share with anyone when and if the time comes.

We are so grateful to the Andersons and it was a pleasure for the committee to work with them on this. Bob and Dot each take a turn as shopkeeper in the Shop at least once a month, so you are bound to run into them when you shop at or take donations to the Mini Gift Shop in the lower level of Pearson. It is truly Mayflower's Best Kept Secret!!

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We would like to give a special thank you to those elves who helped us decorate the Health Center and Beebe - Dorothy and John Noer, Jim Ahrens, Velna Kolodziej, Merle Zirkle, Jean Libbey, Marie Comerford Munyon, Jeanette Tisdale and Katherine McClelland. Everything looks lovely, thanks so very much!!

*Sue Ahrens, Chery and Tracy*