

Gordon Borthwick Sep 17  
Mary Grey Sep 17  
Arloene Yungclas Sep 17  
Dorothy Delk Sep 21  
Harold Tindall Sep 23



Kent McClelland Sep 23  
Shane Estes Sep 27  
Edie Dawson Sep 27  
Robin Estes Sep 29  
Iona Huff Sep 29

**Chapel:** Every Tuesday, at 10:00 a.m. in Carman Center – *Coffee, tea & fellowship preceding Chapel at 9:30 & again at 10:30 following the service. Video tapes/DVD's available from Shane Estes. SERVICE LEADERS:*



**September 20** Marilyn Schuler, Mayflower Resident

**September 27** Warren Reinecke, Mayflower Resident

**Spiritual Care Coordinator Christine Tinker** is available 10:00 a.m. - 5:00 p.m. daily and as needed on weekends. Christine takes Wednesday off and emergencies are covered by Len Eberhart. She is available by phone 641-990-9062 and appointments may be made at times other than her regular schedule.

**Chaplain Len Eberhart** is at Beebe Tuesdays and Wednesdays and available by phone 641-990-3861. Len's ministry is primarily with the Beebe residents.

**Health Center Worship Service** - Sundays at 10:00 a.m. in the Health Center Dining Room.

**Between the Bookends: "H" is for Hawk** by Helen Macdonald, is a beautifully written book that is a memoir, a story about nature, and a character study all rolled into one. The story takes place in England. Helen begins training a goshawk just after her father has died. She interweaves the telling of her year of grief for her father with the telling of the intense work of taming her goshawk, named Mabel. Also part of the story is traveling into the mind and character of her favorite author, T.H. White, who has written about hawks. This is a worthwhile non-fiction book.

Multi-talented Nora Ephron assembled a collection of essays entitled **"I Feel Bad About My Neck and Other Thoughts on Being A Woman."** This a very humorous and fast reading book, especially when the author writes about female aging. Its twists and turns and Ephron's dry wit, along with the transparency about her life, will leave the reader laughing out loud as well as moved by Nora Ephron's emotional honesty.

**New Acquisitions:** *7 Men and the Secret of Their Greatness* by Eric Metaxas  
*Disclaimer* by Renee Knight



## Mann Missive

“Fall Day of Celebration.” On Thursday, September 22<sup>nd</sup>, Mayflower will be celebrating three projects that have been made possible with gifts: “The Sail Garden,” “The Jewel Garden,” and the Beebe 1<sup>st</sup>-floor remodeling. There will be a gathering in the Beebe Dining Room at 3:30pm conducted by Chaplain Len Eberhart and featuring information about the projects provided by Jack Morrison, Director of Facility Operations and Elizabeth Bos, RN, Beebe Assisted Living Coordinator.

The Sail Garden is the renewal of the previous lane and miscellaneous plantings located between the Pearson and Edwards buildings. There are now trees, shrubs, flowers, a courtyard, lawn furniture, and a bubbling rock.

The Jewel Garden is the courtyard on the west side of our new Watertower Square building. It features, among the many trees and flowers, two pergolas, a gas grill, a fire pit, and a fountain and pond.

Beebe’s first-floor common area and dining room were renovated with new carpeting, wall coverings, lighting, handrails, and furnishings in the Dining Room. In memorial to Burtwin Day, deceased Grinnell resident, the Dining Room will be named “Burt’s Commons.”

Come join in the dedications.

More Memorial Trees. These trees were planted with donations:

- Pearson/Edwards Courtyard (“Sail Garden”) – Joy Weeks in memory of Bill Weeks
- Buckley Courtyard – Mary Lou Clotfelter in memory of Judy Kuehl.

Flu Shots...Protecting our Residents and Staff. As of this writing, all but three Health Center and South Village residents have had their annual flu shots.

All 23 Beebe Assisted Living residents have had theirs. Yesterday, we administered the vaccination to employees. It will be a few days before we have a final count, but our intent is to be at 100% of staff who are not excused by their doctor. Grinnell Regional Public Health will host a clinic for walk-ins on the Mayflower campus (Carman Center) on Monday, October 3<sup>rd</sup>, 10:00-11:30pm.

New Residents. Tom and Kathy Szary have moved to apartment #102 in Altemeier as they await some remodeling of the Gloria Clay Harwich Terrace home, 728 Broad Street. Tom is a retired schoolteacher (and active golfer), and Kathy retired at the end of 2015 from a senior administrative position at Grinnell Regional Medical Center. She is a volunteer SHIIP counselor.

Frank and Dottie Blazek (pronounced *blab’ check*) moved to campus from rural Pueblo, Colorado. They will be living temporarily in Edwards #1, while we do some remodeling to the former Bob Brierly Harwich Terrace home, 528 Broad Street. Dottie is the daughter of the late Homer and Bonnie Perry, former Harwich Terrace and campus apartment residents.

Reminder. If you would like us to provide emergency information on your behalf, please complete the independent living resident information form previously provided to you by our Home Services department. If you have not done so or can’t remember, please call us (236-6151 x213).

Happy Birthday! Edwards resident Harold Tindall will be 102 on September 23<sup>rd</sup>. He is still doing his own recycling and lots of other things!

Bob Mann, Executive Director  
([bmann@mayflowerhomes.com](mailto:bmann@mayflowerhomes.com))  
Include Mayflower in your will with a call to your attorney.



# “UnLOCKING the Power of Philanthropy” Returns!

September 2016

Presented by: Doug Lockin, CPA Mayflower Gift Planning Specialist  
J & B Bistro, Mayflower Community

## Introduction:

Doug will present an updated version of topics that proved popular in 2015. Gain a higher degree of confidence and control over the decisions you make to support favorite charitable organizations. This series is equally for people at all levels of the philanthropic spectrum. Plan to attend one, two or all three sessions on the date(s) and time(s) most convenient for you. No one session is a pre-requisite for another.

### Session #1 ..... “The Wisdom of PROACTIVE PHILANTHROPY!”

Proactive philanthropy might be as simple as collecting loose change in a jar and later giving it to favorite causes. Or, it might be a complex plan to reduce federal estate taxes when passing family wealth to succeeding generations. This is a wide spectrum to be sure; most people find a comfort level well between these two extremes. This session features specific ways to give proactively instead of “reacting” to requests for charitable support.

### Session #2 ..... “Gifts that MAKE an IMMEDIATE IMPACT!”

A friend named Jack once said: “I do my givin’ while I’m livin’ so I’m knowin’ where it’s goin’.” If you favor Jack’s approach, this session explores a range of assets you can use, and/or techniques you can employ, to multiply benefits for your charities and YOURSELF. Disclaimer: for previous “UnLOCKING the Power of Philanthropy” attendees, this is partly a reprise of presentations entitled “alternatives to cash gifts.”

### Session #3 ..... “LEGACY Giving .... IMPACT BEYOND your LIFETIME!”

In terms of charitable giving, “leaving a legacy” has no specific definition, certainly no “minimum requirement.” If you have considered “legacy” gifts, you likely have asked the question: “How can I make a plan for giving when I do not know what, if anything, will remain at the end of my lifetime?” This session offers practical ideas for “legacy” giving for those with uncertainty about their financial future. The ideas presented are designed to protect your need for lifetime income and your desire to create inheritances for children or other heirs. Similar to session #2, parts of this session have been presented in previous “UnLOCKING” events.

## Schedule: (all sessions in the J&B Bistro)

### Friday, September 16, 2016

9:00a.m. – 9:45a.m.	Session #1: “The Wisdom of PROACTIVE PHILANTHROPY!”	
9:45a.m. – 10:00a.m.	Refreshments Break	
10:00a.m. – 10:45a.m.	Session #2: “Gifts that MAKE an IMMEDIATE IMPACT!”	
10:45a.m. – 11:00a.m.	Refreshments Break	
11:00a.m. – 11:45a.m.	Session #3: “LEGACY Giving .... IMPACT BEYOND your LIFETIME!”	

### Monday, September 19, 2016

1:45p.m. – 2:30p.m.	Session #1: “The Wisdom of PROACTIVE PHILANTHROPY!”	
2:30p.m. – 2:45p.m.	Refreshments Break	
2:45p.m. – 3:30p.m.	Session #2: “Gifts that MAKE an IMMEDIATE IMPACT!”	
3:30p.m. – 3:45p.m.	Refreshments Break	
3:45p.m. – 4:30p.m.	Session #3: “LEGACY Giving .... IMPACT BEYOND your LIFETIME!”	

Questions, or to RSVP: An RSVP is appreciated, but not required. Contact Doug Lockin at 515.210.6603 or [lockin.dr@msn.com](mailto:lockin.dr@msn.com) with questions about any of the material to be presented, or to let him know which session(s) you might attend.



## COMING ATTRACTIONS



Mayflower Matinee Movies are back, beginning at 2:00 p.m. in Kiesel Theater.

**September 23 - Eddie the Eagle** - Inspired by true events, Eddie the Eagle is a feel-good story about Michael "Eddie" Edwards (Taron Egerton), an unlikely but courageous British ski-jumper who never stopped believing in himself - even as an entire nation was counting him out. Starring Taron Egerton, Hugh Jackman & Tom Costello. Rated PG-13 for some suggestive material, partial nudity & smoking. 106 Minutes - Biography/Comedy/Drama.

**September 16 - Young Man with a Horn** - Aimless youth Rick Martin learns he has a gift for music and falls in love with the trumpet. Legendary trumpeter Art Hazzard takes Rick under his wing and teaches him all he knows about playing. To the exclusion of anything else in life, Rick becomes a star trumpeter, but his volatile personality and desire to play jazz rather than the restricted tunes of the bands he works for lands him in trouble. Starring Kirk Douglas, Lauren Bacall & Doris Day. Not Rated - 112 Minutes - Biography/Drama/Music/Romance.

**Book Club in the Game Room at 12:30 p.m.**

Friday, September 16 - *Quiet* by Susan Cain

Friday, October 21 - *The Underground Railroad* by Colson Whitehead

Friday, November 18 - *Midnight in Broad Daylight*  
by Pamela Rotner Sakamoto



**Senior Education Program Monday, September 19 at 10:00 a.m.** in Drake Community Library is **Complexities of College Admission** with Mike Latham, Grinnell College Dean of Admissions.

**Exploration Mondays "World Religions"- Monday, September 19 from 2:00-3:30 p.m.**, in Kiesel Theater. Lecture 4: God's Word, Lecture 5: The Muslim Community & Lecture 6: Paths to God. Questions? Contact Joanne Bunge at [jbunge@mayflowermail.net](mailto:jbunge@mayflowermail.net) or Netia Worley at [Netia.worley@gmail.com](mailto:Netia.worley@gmail.com).

**Lyceum Program at 7:00 p.m. in the Carman Center** 

Thursday, September 22 - Prairie Jewel Dixieland Band

Thursday, September 29 - Grinnell College International Students from China

**Forum on Tuesday, September 27 at 2:00 p.m.** in Kiesel Theater will be Roberta See with a presentation on the **Business and History of Candyland Station.**

**Flu Shot Clinic for Mayflower Independent Living residents** and larger Grinnell community will be offered in Carman Center on **Monday, October 3 at 10:00-11:30 a.m.** with the Public Health nurses from GRMC. Don't forget to bring your Medicare and insurance cards with you.

**Day Trip to Belle Plaine Area Museum on Saturday, October 8.** Depart Mayflower Beebe Circle at 9:30 a.m. then on to lunch at the Lincoln Cafe. Depart Belle Plaine at 3:15 p.m. Mayflower resident Dick Schild, who has much firsthand knowledge, will be the docent. He and his family have lived in this area since the mid-1800s. Transportation fee for the Lester Bus is \$15.00. Admission cost to the museum is a donation and lunch you order from the menu is on your own.



**Your deposit of \$15.00 is required no later than September 26.** Cash, or checks payable to Mayflower, should be given to Anne Sunday (no refunds after the deadline unless the trip is cancelled). Seating on the bus is limited to 14 and we must have at least 10 for the trip to be viable. Please sign up in Pearson Lobby or contact Anne Sunday, 641-236-9041 or [annesunday624@gmail.com](mailto:annesunday624@gmail.com).

**Healthiest State Initiative - Step it Up Walk will take place on Wednesday, October 5 at 12:30 p.m.** Please sign up in Pearson or Buckley lobby. More info to follow in next publication.

*You're Invited to a . . .*

*65th Wedding Anniversary Party  
for*

*Beryl & Mary Lou Clotfelter*

*Saturday, September 24*

*2:00 - 4:00 p.m. - Introductions at 3:00 p.m.*

*Buckley Dining Room*

*All are welcome!  
No Gifts Please*



# *Fall Day of Celebration!*

*Thursday, September 22 at 3:30 p.m.  
Beebe Dining Room*

*Dedication Ceremony:*

*Sail Garden*

*(Pearson/Edwards Courtyard)*

*Jewel Garden*

*(Watertower Square Courtyard)*

*Burt's Commons*

*(Beebe Dining Room Remodeling)*

*Self-Guided Garden Tours to Follow*

*Septemberfest Pasta/Lasagna Dinner*

*Social Hour 4:30-5:30 p.m.*

*In both Burt's Commons & Buckley Dining Room*

*RSVP by Tuesday, September 20*

*236-6151 ext 216 - Cost \$10.00*

*Lyceum*

*Prairie Jewel Dixieland Band*

*7:00 p.m. in the Carman Center*

## CALLING ALL MAYFLOWER SINGERS

Come join your friends around the piano in the Buckley Bistro dining area on Thursdays, **3:00-4:00 p.m.** We shall sing all sorts of songs -- folk, show tunes, oldies, rounds, hymns, etc. . . .Bring a friend and join the chorus! You'll be glad you came! *Pat Yungclas & Jeanette Tisdale*



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### MAYFLOWER BELLS

Monday, September 19 at 12:45 p.m. in the  
Carman Center Conference Room

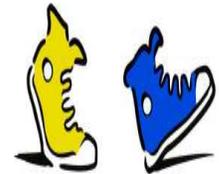
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### WEEKLY WALKING GROUP WITH GEORGIA

Meet at the Obermiller Center

Monday & Thursday mornings at 8:30 a.m.

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**EVERY MONDAY - 2:00 p.m.** TABLE TENNIS in Sports Room. LL HC - men's  
**EVERY MONDAY - 4:00 p.m.** TABLE TENNIS in Sports Room. LL HC - women's\*\*  
**EVERY WEDNESDAY- 4:00 p.m.** TABLE TENNIS in Sports Room. LL HC -women's  
**EVERY WEDNESDAY, 6:30 p.m.** -GAME NITE in the Anchor- Free ice cream  
**EVERY THURSDAY, 10:00 a.m.**-TABLE TENNIS in Sports Room. LL HC - mixed  
**EVERY FRIDAY, 9:30 a.m.** -KOFFEE & KONVERSATION-Buckley Dining Room

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### Theraband Exercise 5 times a week!



Monday, Beebe Activity Room at 11:00 a.m.  
Tuesday, Montgomery Lounge at 3:30 p.m.  
Wednesday, Beebe Activity Room at 11:00 a.m.  
Thursday, Montgomery Lounge at 3:30 p.m.  
Friday, Beebe Activity Room at 11:00 a.m.

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**The Mayflower Poetry Club:** The Poetry Club meets on the 2nd Monday of the month. The next meeting will be **October 10** at 2:15 in the Bistro.

**Dean Kayser (Audiologist):** Independent residents can make an appointment by calling 236-6676.

**Dr. Newman (Podiatrist):** Call Myrt at the health center desk (ext. 210) to schedule an appointment with Dr. Newman.

**Dr. McKnight (Podiatrist):** To make an appointment call Connie 236-6151 ext 219.

**Wal-Mart and Grocery Van Trips:** The Mayflower van will be making a trip to Wal-Mart, Fareway, McNally's & Hy-Vee each Wednesday at 1:30.

## NEIGHBORHOOD GROUPINGS

**September 19** Pearson, Watertower 1st, Altemeier,  
Harwich Terrace South

**September 26** Buckley 1st, Harwich Terrace Southeast



**Breakfast Bunch** - Saturday, 8:00 a.m. on September 17 - Meet in Pearson

**Dine Out on Sunday Nights** - we leave at 5:00 p.m.

**September 18 - Chuong Garden**

**September 25 - Pizza Ranch**



**Mayflower Treasure Chest:** The Treasure Chest Display for September is a sampling of the collections of Sue Ahrens & Rey Evans Little Golden Books.

**Wanted:** Historical political memorabilia. Rey Evans has some material and needs additional collections from others for the October Treasure Chest.

**A Matter of Balance Class** has been cancelled due to lack of participation. We are hoping to offer another class in the new year.

... and MORE!

**First Bucket Course of the 2016-2017** year, Eric McIntyre, associate professor of music at Grinnell College, will talk about a kind of music he says is most successful when listeners do not notice it. The genre of music is film music and the title of the four-class course is "Sound Music." The course started Wednesday, September 14, and will continue on consecutive Wednesdays through October 5. The classes will be held from 10 to 11:30 a.m. at the Drake Community Library. Tuition is \$15 - sign up in Pearson Lobby.

**Parlez-Vous Francais?** Want to brush up on your high school French? Challenge those little gray brain cells? Chat with a French speaker from Grinnell College once or twice a month? If interested, call 641-236-0665 and leave a message, or email dorothy4@illinois.edu.

**Winter hours at the Drake Community Library have begun**

Monday-Thursday 10:00 a.m.- 8:00 p.m. Friday 10:00 a.m. - 6:00 p.m.

Saturday 10:00 a.m. - 5:00 p.m. Sunday 1:30 - 4:00 p.m.



**The City of Grinnell Water Department will be flushing fire hydrants** beginning at 12:01 a.m. on Monday, September 19 and continue until all hydrants are flushed, hopefully by Thursday, September 22. There is no known danger in human consumption of rusty water, but it can discolor clothes in laundry. Domestic products are not usually effective in removing this stain but a material, which is usually effective in removing stain, is available at the Water Treatment Plant or the City Offices. Persons doing laundry are encouraged to check the water before beginning the washing cycle.