

Barb Lavent Apr 2
 Jo Ann Entwisle Apr 3
 Joanne Bolton Apr 4
 Gladys Hendrickson Apr 5
 Cecil Flander Apr 5
 Erma Lincoln Apr 5
 Bill Francis Apr 5
 Jo Meyer Apr 6
 Dorothy Noer Apr 13
 Alicemary Borthwick Apr 15

Bruce Voyles Apr 15



Eugene McCaw Apr 18
 Mamie McClelland Apr 18
 Rey Evans Apr 19
 Jean Jones Apr 21
 Sue Thomas Apr 21
 Nancy Smith Apr 23
 Willis Montgomery Apr 23
 Eugene Herman Apr 25
 Roberta Atwell Apr 26
 M.J. Zimmerman Apr 27

Chapel: Every Tuesday, at 10:00 a.m. in Carman Center - Coffee, tea & fellowship preceding Chapel at 9:30 & again at 10:30 following the service. Video tapes/DVD's available from Shane Estes. **SERVICE LEADERS:**

April 5



Rev. Shane Estes, Mayflower Resident

April 12

Rev. Kathryn Roys, St. John's Lutheran Church

Spiritual Care Coordinator Christine Tinker is available 10:00 a.m. - 5:00 p.m. daily and as needed on weekends. Christine takes Wednesday off and emergencies are covered by Len Eberhart. She is available by phone 641-990-9062 and appointments may be made at times other than her regular schedule.

Chaplain Len Eberhart is at Beebe Tuesdays and Wednesdays and available by phone 641-990-3861. Len's ministry is primarily with the Beebe residents.

Health Center Worship Service - Sundays at 10:00 a.m. in the Health Center Dining Room.

Between the Bookends: *My Name Is Lucy Barton* is Pulitzer Prize winner Elizabeth Stout's sixth novel. While Lucy Barton is recovering from a long and unknown illness, her mother, whom she has not seen for years, appears at her bedside. Her mother begins telling stories about people from Amgash, Ill., where she raised her family in poverty. Lucy is enthralled with these stories and yearns for more, although these stories bring back memories of Lucy's childhood living in her uncle's garage with no heat and "only a trickle of cold water from a makeshift sink." Although Lucy is happy to hear her mother's voice, she wants to be known, seen, heard. Lucy's mother is incapable of this. This is a complex story about a mother who loves her daughter imperfectly, and of a daughter who cannot fully understand this imperfection.

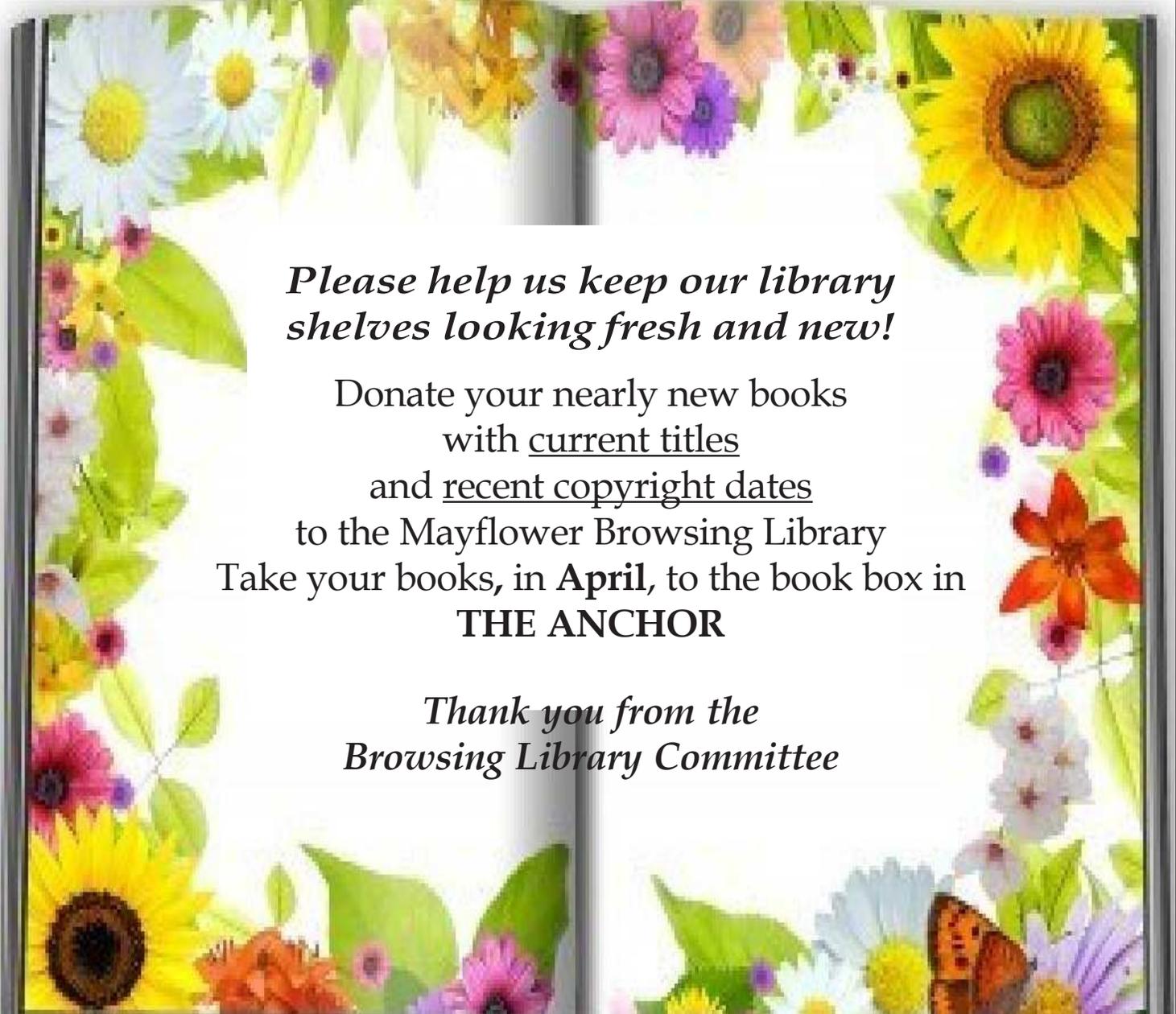
Blue by Danielle Steel (yes, she is still writing novels) is a story about a woman who lost her husband and child in an automobile accident three years ago. Then she meets a homeless boy of 13. The action takes place mainly in New York City. The friendship that develops between these two people provides the opportunity for the healing of life's wounds for both of them. Their meeting is accidental, but discover they need each other to find hope and trust again after devastating life experiences. (Large Print)

New Acquisitions:

The Story of a New Name by Elena Ferrante - Book Two of the Neapolitan Novels

Those Who Leave and Those Who Stay by Elena Ferrante-Book Three of the Neapolitan Novels





*Please help us keep our library
shelves looking fresh and new!*

Donate your nearly new books
with current titles
and recent copyright dates
to the Mayflower Browsing Library
Take your books, in **April**, to the book box in
THE ANCHOR

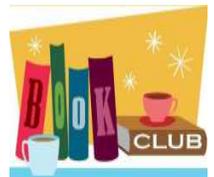
*Thank you from the
Browsing Library Committee*

Senior Education Program - Monday, April 4 will be “Choosing Wisely Initiative: Promoting conversation on value-based health care” with Dr. Lauren Graham. The program begins at 10:00 a.m. in the Caulkins Community Room at Drake Community Library. There is no cost or registration required to attend. All are welcome. Refreshments are served beginning at 9:30 a.m.

Book Club will be in Game Room at 1:00 p.m.

Friday, April 15 - *When Breath Becomes Air* by Paul Kalanithi

Friday, May 20 - *My Name is Lucy Barton* by Elizabeth Strout





**Mayflower Excursion to
Pella Tulip Festival
Saturday, May, 7
Departing Mayflower at 8:15 a.m.**

Registration Deadline: April 20—Make check out to Legacy Tours in the amount of \$118.00 and give to Anne Sunday, IL Activities Coordinator.

Remember: No standing in line or waiting. We have reserved seats for the wagon tour (with guide), Central College Steel Band at the Opera House, parade grandstand, and Dutch Dinner at the college. Bus drops you off at each event.

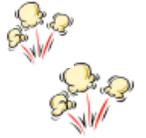
Lunch on your own. You have the option to eat a box lunch from the Mayflower kitchen (\$7.00). Contact Anne at 236-9041 or annesunday624@gmail.com for questions and to reserve a box lunch and avoid standing in line at restaurants.

Hawkeye Stages

LEGACY
TOUR & TRAVEL



NOW SHOWING



Mayflower Matinee Movies at 2:00 p.m. in Kiesel Theater

Saturday, April 2 - Pawn Sacrifice - Set during the Cold War, American chess prodigy Bobby Fischer finds himself caught between two superpowers and his own struggles as he challenges the Soviet Empire. Starring Toby Maquire, Liev Schreiber & Peter Sarsgaard. Rated PG-13 for brief strong language, some sexual content & historical smoking. 115 Minutes - Biography/Drama.

Saturday, April 9 - A Walk In The Woods - After spending two decades in England, Bill Bryson returns to the U.S., where he decides the best way to connect with his homeland is to hike the Appalachian Trail with one of his oldest friends. Starring Robert Redford, Nick Nolte & Emma Thompson. Rated R for language and some sexual references. 104 Minutes - Adventure/Biography/Comedy/Drama.



Great Courses on Friday, April 1 in Kiesel Theater at 7:00 p.m.



Hymn Music on Saturday, April 2 at 3:30 p.m. in the Carman Center performed by Larry Eugene Stevens.

Music on Monday, April 4 in the Carman Center at 3:30 p.m. - John Schumacher will sing and play guitar.

Lyceum on Thursday, April 7 is Randye Jones & Marlys Grimm with Classical Religious Music.

MRA Executive Council Meeting Monday, April 4 at 2:30 p.m. - meets in the Health Center Conference Room.

MRA Town Meeting Monday, April 18 at 2:00 p.m. in Carman Center. All Mayflower residents are encouraged to attend. Be sure to wear your name tag. *Do you like ice cream??*

The Forum on Tuesday, April 12 at 2:00 p.m. in Kiesel Theater will be *What's Happening with the Fine Arts in Grinnell High School*. Speakers are Roger Henderson, Choir & Levi Dressler, Musical Instruments.



& MUSIC
memory



Documentary & Discussion:



Alive Inside!



Tuesday, April 19 at 6:00 p.m.

Kiesel Theater

Alive Inside is a joyous cinematic exploration of music's capacity to reawaken our souls and uncover the deepest parts of our humanity. It reveals the uniquely human connection we find in music and how its healing power can triumph where prescription medication falls short.

This moving documentary follows social worker Dan Cohen as he uses music to unlock memory in nursing-home patients with Alzheimer's disease. (78 Minutes)

*Join us for supper in the Bistro
Between 4:30 and 5:00 p.m.*





Call for Mayflower Gardeners



“Old McMayflower has a farm, down on 2nd Avenue!” As the mercury will start to revisit the 60 degree plus range on a more regular basis, our thoughts of spring become something more than “wishful thinking” and so, in response, this is the call for all “want-a-be” Mayflower farmers to reserve a growing plot(s) in our Community Garden. The Community Garden is divided into two sections (a north and south section) with a 4 foot path between them running east and west. Each section will be divided into 13 four foot by twelve foot plots plus 1 three foot by twelve foot plot. This means there will be a total of 28 plots available. If interested, please e-mail gsadams@iowatelecom.net or call Gerald Adams at 641-260-0812 by Friday, April 15. Please include the number of plots you would like. The plots will be laid out and marked with your name as soon as the garden is ready.



SCAM

ALERT

A Mayflower resident recently received a “scam” call. A woman’s voice informed her that she was receiving her final notice that the IRS (Internal Revenue Service) is filing law suits against her. She was told to call 202-297-6946 immediately for more information. The IRS does not use phone calls to contact people.

Ed Poush, Associate Director/Administration

MAYFLOWER BELL CHOIR



Next is Monday, April 4 at 1:00 p.m. Health Center Conference Rm

WEEKLY WALKING GROUP WITH GEORGIA

Meet at the Obermiller Center on Monday & Thursday mornings at 8:30 a.m.



EVERY MONDAY - 2:00 p.m. TABLE TENNIS in Sports Room. LL HC - men's
****EVERY MONDAY - 4:00 p.m.** TABLE TENNIS in Sports Room. LL HC - women's**
EVERY WEDNESDAY- 4:00 p.m. TABLE TENNIS in Sports Room. LL HC -women's
EVERY WEDNESDAY, 6:30 p.m. -GAME NITE in the Anchor- Free ice cream
EVERY THURSDAY, 10:00 a.m.-TABLE TENNIS in Sports Room. LL HC - mixed
EVERY FRIDAY, 9:30 a.m. -KOFFEE & KONVERSATION-Buckley Dining Room

Theraband Exercise 5 times a week!



Monday, Beebe Activity Room at 11:00 a.m.
Tuesday, Montgomery Lounge at 3:30 p.m.
Wednesday, Beebe Activity Room at 11:00 a.m.
Thursday, Montgomery Lounge at 3:30 p.m.
Friday, Beebe Activity Room at 11:00 a.m.

Chiropractor, Jennifer Rayburn D.C., of Healing Hands Chiropractic, will be limiting her scheduled visits to the Health Center Exam Room to once a month, every first Friday. Please call Myrt at ext. 210 to make an appointment, or call Dr. Rayburn's office at 236-0309 and let her know you would like to see her here at the Mayflower.

The Mayflower Poetry Club: The Poetry Club meets on the 2nd Monday of the month. The next meeting will be **April 11** at 2:15 in the Bistro.

Dean Kayser (Audiologist): Independent residents can make an appointment by calling 236-6676.

Dr. Newman (Podiatrist): Call Myrt at the health center desk (ext. 210) to schedule an appointment with Dr. Newman.

Dr. McKnight (Podiatrist): To make an appointment call Connie 236-6151 ext 219.

Wal-Mart and Grocery Van Trips: The Mayflower van will be making a trip to Wal-Mart, Fareway, McNally's & Hy-Vee each Wednesday at 1:30.

NEIGHBORHOOD GROUPINGS

April 4 Montgomery, Buckley 3rd, Harwich Terrace North

April 11 Edwards, Buckley 2nd, Watertower 2nd & 3rd, Harwich Terrace East

April 18 Pearson, Watertower 1st, Altemeier, Harwich Terrace South

April 25 Buckley 1st, Harwich Terrace Southeast

Breakfast Bunch - Saturday, 8:00 a.m. April 2 - Meet in Pearson



Dine Out on Sunday Nights

April 3 - Panda Garden in Newton - Gather in Pearson at 4:45 p.m.

(Please note change of time and place. Chuong Garden is closed for a month)

April 10 - Pizza Ranch - Gather in Pearson at 5:30 p.m.

Join us for good food and good fellowship!

Mayflower Treasure Chest for the month of April is Teddy Bears coming out of hibernation to welcome Spring! Come and see this fun display.

Thank you:

Thanks to all for the greetings and cards for my 94th Birthday.

Art Heimann

