

Birthdays:

Sandy Beyer	Oct 8	Shirley Conn	Oct 20	Nancy Hendrickson	Oct 30
Annette Cech	Oct 13	Beryl Wellborn	Oct 22		
Dennis Wright	Oct 13	Art Strawser	Oct 24		
Duane Meyer	Oct 14	Barb Rosfjord	Oct 28		
Marie Fogel	Oct 14	Gail Greenwald	Oct 29		
Laird Keever	Oct 19	Christine Tinker	Oct 29		
		Mildred Sampson	Oct 29		



Chapel: Every Tuesday, at 10:00 a.m. in Carman Center – Coffee, tea & fellowship preceding Chapel at 9:30 & again at 10:30 following the service. Video tapes/DVD's available from Shane Estes. **SERVICE LEADERS:**

October 9th

**Dennis Haas – Retired UCC Minister
and former Chaplain of Grinnell College**

October 16th

**Jeanette Tisdale & Denise Baustian
Musicians from the First Baptist Church**

Weekend worship services every Saturday at 11:00 - 11:30 a.m. in the Health Center activity room. Everyone is welcome.

Chaplain Christine Tinker may be reached at 990-9062 - If you would like a visit or would like to talk with me please call me anytime day or night. E-mail address: ctinker@mayflowerhomes.com.

Between the Bookends: In *Letter From a Stranger*, Barbara Taylor Bradford writes of Justine who lost her grandmother a decade ago. Her own mother had been distant and uninvolved, following her own agenda in pursuit of her career as an interior designer. When Justine inadvertently opens a letter addressed to her mother, she discovers that not only is her grandmother alive but that Deborah has deliberately estranged the family from her for all these years. Justine's search takes her to Istanbul, where she begins to uncover the family's secrets, which stretch all the way back to WWII.

The Good Dream by Donna VanLiere is a story of an unmarried woman in her early thirties in 1950s Tennessee. Ivorie Walker embraces with good-natured humor the label of old maid -- until the death of her parents. Ivorie hides her increasing loneliness from concerned relatives by working in her prized vegetable garden. But rather than being outraged when she discovers a frightened, feral little boy from the hills stealing her produce, Ivorie is touched -- and determined to learn his story.

Mann Missive

New Part-Time Chaplain. Effective October 24th, Rev. Len Eberhart, ordained United Methodist minister and recently retired senior pastor of Grinnell United Methodist Church, will become Mayflower's chaplain. He will be on campus parts of two days a week, providing a total of about 60 hours a month of support for Beebe residents, independent living residents as requested, and our Chapel program. Len will provide on-call and back-up coverage when Rev. Christine Tinker, Mayflower's Spiritual Care Coordinator, is off duty. Len will be available by cell phone or Mayflower e-mail.

We're Even Fuller! As you may have read in last Friday's bi-weekly calendar, Mayflower has welcomed two more residents:

- Carolyn Runyan, a frequent extended-stay visitor, has purchased Pearson #3, a former guest room, where she has been staying since August. She will continue to come and go from her California home to her new Mayflower home.
- John Sadler, a well-known figure around our campus as he walks his dogs, Sweetie and Benji, has sold to Mayflower his home at 508 Park Street and is now a Harwich Terrace resident. John's home sits between the two rental houses and the vacant lot we own on the east side of Park, just south of our parking garage.

Hearing Loop Now Available in the Kiesel Theatre. We now have installed and functioning our third hearing loop, this one in the Kiesel Theatre. (The other two are in the Carman Center and the Buckley Dining Room.) The Kiesel system works with either the DVD player or the microphone sound systems. If you click on your "T-Coil" hearing aid setting, you can receive sound directly from the nearest part of the wire loop. Again, leading the Grinnell community!

Tree Stump Carving. If you have driven by a couple of our Harwich Terrace South homes on 1st Avenue, you have seen tree stumps in the yard. What is the deal? Well, Ann Stillman

has a 10-foot tree "base" (taller than a stump!) in her west yard. The tree was damaged beyond saving by a summer storm. When we removed the tree, Ann asked that we leave a portion for some carving. Those details are still being developed.

In Paul and Marie Comerford-Munyon's front yard are two stumps, remnants of another tree that had to be removed. Actually, they have been cut off and are standing on bricks to dry. Then Marie plans to do some word carving with them.

Karla Erickson Wins Statewide Award for Her Work at Mayflower. Grinnell College Sociology professor, Karla Erickson, PhD, has been selected by LeadingAge Iowa as the 2012 winner of the Excellence in Leadership Award. LeadingAge Iowa is the trade association representing not-for-profit senior living/health care organizations. She was selected for her advocate and leadership roles with Mayflower's Ethics Committee, the Grinnell Regional Medical Center Board of Trustees, and the College. She has spoken at various Mayflower events and brings College students to Mayflower to learn about developing models of care for aging people. Watch for her soon-to-be-published book, *Laboring at the End of Life*, which just might contain numerous references to Mayflower!

Special Events for Mayflower Residents.

- Neighborhood Meeting featuring Karla Erickson discussing the results of recent independent living residents' satisfaction survey – Monday, October 8th; 3:00-4:30pm (Carman Center)
- Meet and Greet with Information About Orthopedic Surgery with Clifford Novak, M.D. and Joel Rand, PA-C – Wednesday, October 10th; 3:00-4:00pm (Carman Center)
- Coffee and conversation with Ann Ellis' Grinnell College Psychology Class – Thursday, October 18th; 10:00-11:00am (Buckley Dining Room)

Bob Mann

Executive Director (bmanna@mayflowerhomes.com)

In Memoriam

We celebrate the life of

Clarence Sears *who died Tuesday, October 2, 2012*

He was 73 years old



A Memorial Gathering will be held for Louise Hunter on Monday, October 8 in the Carman Center at 10:00 a.m. Refreshments and visitation with family will immediately follow the service.



Celebration of Mass conducted by Fr. Nicholas J. Adam
on Wednesday, October 17th at 10:00 a.m.
Conference Room, 2nd Floor Health Center
All Catholics are invited to attend



Senior Education Program: Clifford Novak, MD, and Joel Rand, PA-C, are the featured speakers on **Monday, October 8, at the Grinnell Regional Medical Center Senior Education (SE*ED) program from 10 to 11 a.m.** at the Drake Community Library. Novak and Rand head up the medical staff of Grinnell Regional Orthopedics, now seeing patients on the second floor of the Ahrens Medical Arts Building at GRMC.

Mayflower Van gives you a ride if needed. Pick up at Beebe Circle and Pearson at 9:45 a.m.

*Mark
your
Calendar*

Important future date for apartment and Harwich Terrace Residents. **2012 Flu shots** will be available on our campus on **Thursday, October 25, 10:00 a.m. - 11:30 a.m.** in the **Carman Center** through Grinnell Regional

Medical Center Public Health Department. If you have Medicare Part B, the cost of the injection will be billed to Medicare. If you do not have Medicare Part B, you will need to see your own physician. Health Center and Beebe residents will be receiving their inoculations at a different time.



FREE FRIDAY FLICKS

2:00 P.M. - KIESEL THEATER

October 5 - *Moneyball*: Oakland A's general manager Billy Beane's successful attempt to put together a baseball club on a budget by employing computer-generated analysis to acquire new players. Brad Pitt, Robin Wright and Jonah Hill. 133 minutes

October 12 - *Descendants*: Descendants is a sometimes humorous, sometimes tragic journey for Matt King (George Clooney), an indifferent husband and father of two girls, who is forced to re-examine his past and embrace his future when his wife suffers a boating accident off of Waikiki. George Clooney & Beau Bridges. 110 minutes

October 19 - *Iron Lady*: An elderly Margaret Thatcher talks to the imagined presence of her recently deceased husband as she struggles to come to terms with his death while scenes from her past life, from girlhood to British prime minister, intervene. Meryl Streep, Jim Broadbent & Anthony Head. 105 Minutes.



FORUM

Tuesday, October 9 at 2:00 p.m. in Montgomery Lounge

Why Do We Pay People to Play Baseball

Harley Henry

LYCEUM

Thursday, October 11 at 7:30 p.m. in Carman Center

Too Many Strings



MAYFLOWER BOOK CLUB

TIME CHANGE **Fridays at 12:30 p.m. in the Game Room**

Friday, October 19

Either *Beyond the White House* by Jimmy Carter
or *Everything to Gain* by Jimmy Carter

Friday, November 16

A Secret Kept by Tatiana De Rosnay



What's Going On!

BREAKFAST BUNCH - Saturday, 8:00 a.m. October 6

Meet in Pearson

PIZZA RANCH - Sunday, October 14- Leave Pearson at 6:00 p.m.

Sunday Pizza Party

MRA TOWN MEETING

The Mayflower Residents Association Town Meeting will be held on Monday, October 15th at 2:00 p.m. in the Carman Center. All are encouraged to attend. Of course, refreshments will be served.

MUSCULAR DYSTROPHY ASSOCIATION

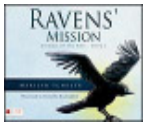
Scott is going to jail...for MDA on October 17th. He needs help raising bail money. There will be a collection box on Scott's desk for donations (from staff & residents) if you wish.



LISTENING GROUP

The Listening Group will meet on October 18th at 9:15 a.m. in the Game Room. Please share your comments and concerns with a member of the Group who are, Gladys Booth, Don Pederson, Marilyn Schuler, Nancy Smith, Deena Wellborn and Art Heimann.

BOOK SIGNING



Marilyn Schuler, Mayflower resident, will be signing her new book, *Ravens' Mission*, at Drake Community Library on Saturday, October 20, from 1:00 - 3:00 p.m. *Ravens' Mission* is the second book in Mrs. Schuler's Animals of the Bible series. Her first book *A Big Day for Jack* was released in September 2011. Both books will be available at the book signing. Marilyn would love to see friendly Mayflower faces at the book signing.

SPECIAL MEAL

A special meal for Grinnell College Alumnus & Professors (and spouses) who have worked at Grinnell. Last summer we had one gathering and it was suggested we do it again and include professors. This time it will be in the evening for a light meal of an Entree Salad and Grinnell Special. The time is 5:30 p.m. on November 1st in the Buckley Dining Room. Cost is \$6.00. We will have conversation starters on the table and photos of the last event. When we are finished we can continue visiting or head to Lyceum for music with John Loft & Bill Tinker. If you are interested, please make reservations with Scott Gruhn at 236-6151 ext 216.

Happy Birthday Marie Fogel!

Please join
Marie Fogel
& her family as they celebrate
her 94th Birthday

October 14th

2:00 - 3:30 p.m.

Beebe Dining Room

No gifts please,
your presence is gift enough



The First Annual - Fabulous Family Fun Fest Sunday, October 7 ~ 1:00 to 4:00 p.m. Poweshiek County Heritage Park Admission is free! ~ Everyone Welcome

1:00-2:00 p.m. Distinctively Delicious Pie Baking Contest
(fruit pies only, please)



Pet Parade & Judging

Rubber Chicken Throwing Contest

1:00-4:00 p.m. Games, Food, Crafts, and other Fun
Vendor Booths



2:00-3:00 p.m. Prairie Jewel Dixieland Band Performance

2:00-4:00 p.m. Races & Relays

For more info, contact Karla Cornish - 641-990-0504



EVERY MONDAY, 7:00 p.m.
TRIVIAL PURSUIT in Montgomery Lounge

EVERY TUESDAY, 6:00 p.m.
TABLE TENNIS in Sports Room, LL HC

EVERY WEDNESDAY, 6:30 p.m.
GAME NITE in the Anchor. - Free ice cream

EVERY THURSDAY, 10:00 a.m.
TABLE TENNIS in Sports Room. LL HC

EVERY FRIDAY, 9:30 a.m.
KOFFEE & KONVERSATION - Buckley Dining Room

Theraband Exercise 5 times a week!

Monday, Beebe Activity Room at 11:00 a.m.

Tuesday, Montgomery Lounge 3:30 p.m.

Wednesday, Beebe Activity Room at 11:00 a.m.

Thursday, Montgomery Lounge at 3:30 p.m.

Friday, Beebe Activity Room at 11:00 a.m.



Tuesday & Thursday 11:00 a.m. Exercise Program in the Wellness Center.

Bell Ringers: Practice at 1:00 p.m. in the Health Center Conference Room on Monday, October 8.

The Mayflower Poetry Club: We meet the 2nd and 4th Monday of each month. The next meeting of the Mayflower Poets will be **October 8 at 9:30** in the Game Room, Buckley 107.

Dean Kayser (Audiologist): Independent residents can make an appointment by calling 236-6676.

Dr. Newman (Podiatrist): Call Myrt at the health center desk (ext. 210) to schedule an appointment with Dr. Newman.

Dr. McKnight (Podiatrist): To make an appointment call Connie 236-6151 ext 219.

Wal-Mart and Grocery Van Trips: The Mayflower van will be making a trip to Wal-Mart, Fareway, McNally's & Hy-Vee each Tuesday at 1:30. Passengers are picked up at Beebe Hall circle drive and Pearson Hall front entrance.

Neighborhood groups for meals

Oct 8 Buckley 1st, Pearson, Harwich Terrace North

Oct 15 Buckley 2nd, Edwards, Harwich Terrace East

Oct 22 Buckley 3rd, Prairie Pointe, Harwich Terrace Southeast



Mayflower Treasure Chest for the month of October is Clark Weaver's Bird Carvings. Clark is a grain farmer located northwest of Grinnell near Newburg. He started bird carving in 1993 with hand tools found on the farm (draw knife, rasp, shurform, etc.) He now uses power tools (band-saw, belt sander, wood burner, and flexible shaft rotary tools) and carvers the birds from tupelo or basswood. Clark is self taught, learning from books, fellow carers, and by attending shows and competitions.

Lost: Yellow glasses case - if found please call Mamie at 236-5614

On the Podium for October is American Beauty - paintings from the Detroit Institute of Arts 1770-1920.



Celebrity Bag-Off Contest to Support Grinnell United Way at HyVee Food Store



The second annual celebrity "bag-off" contest will be held at Grinnell's HyVee Food Store on Saturday, October 6, from 9 a.m. to 3 p.m. Baggers will work for tips and hold a bagging contest to raise funds for 18 United Way partner agencies. Shoppers are encouraged to show their support for their favorite celebrity baggers while supporting the cause of the United Way of Grinnell.

Celebrity baggers will include Todd Abrahamson, Grinnell Newburg Superintendent of Schools; Kelli Rose, director, City of Grinnell Parks and Recreation; Gordon Canfield, Mayor, Grinnell; Shelley Parbs, Iowa Senate candidate; Kevin Seney, principal, Grinnell High School; Rachel Bly, events coordinator, Grinnell College and Iowa House candidate; Shannon McNaul, executive director, The Galaxy; Dan Agnew, honorary campaign chairman; Tim Kapucian, Iowa Senate candidate; Barb Baker, Grinnell Mutual Reinsurance Company; David Maxwell, Iowa House candidate.

Grief Support Group -- Sponsored by Grinnell Regional Hospice

Thursdays, beginning **October 18 through November 15** at 6:00 p.m.

First Presbyterian Church

1025 - 5th Avenue, Grinnell, IA 50112

No cost. Please RSVP if you are interested or have questions. Call 641-236-2418

This Grief Support group is for those who have lost a loved one, grieving, and would like some support as they walk through this period.

(Facilitated by Randy Svendsen, BSW, MACM, GRMC Social Worker)

